

Massage Intake Form

Personal Information

Name ANNA CHRISTIE Phone (day) 0425 322186 (evening) _____
Address 521 Kaputar Rd City/State/Zip 2390 DOB 3/12/55
Occupation researcher Employer _____
Email christieanna@me.com Primary Physician _____
Emergency Contact geoff Relationship husband Phone 0413 104 264
How did you hear about us? _____

Medical Information

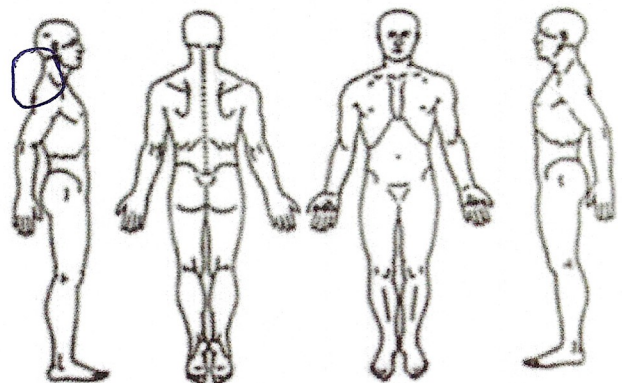
Are you taking any medications? ☐ yes ☒ no
If yes, please list name and use: _____
Are you currently pregnant? ☐ yes ☒ no
If yes, how far along? _____
Any high risk factors? _____
Do you suffer from chronic pain? ☐ yes ☒ no
If yes, please explain _____
What makes it better? _____
What makes it worse? _____
Have you had any orthopedic injuries? ☒ yes ☐ no
If yes, please list: knees
Please indicate any of the following that apply to you.

- | | |
|--|---|
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Attack |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s) | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Neuropathy | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

Massage Information

Have you had a professional massage before? ☒ yes ☐ no
What type of massage are you seeking?
☐ Relaxation ☒ Therapeutic/Deep Tissue
Other _____
What pressure do you prefer?
☐ Light ☐ Medium ☒ Deep
Do you have any allergies or sensitivities? ☐ yes ☒ no
Please explain _____
Are there any areas (feet, face, abdomen, etc.) you do not want massaged? ☐ yes ☒ no
Please explain _____
What are your goals for this treatment session?
relief from neck/shoulder
Please circle any areas of discomfort



By signing below you agree to the following.

I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Client Signature _____ Date _____

Therapist Signature _____ Date _____

Massage Intake Form

Personal Information

Name ANNA CHRISTIE Phone (day) 0425 322186 (evening) _____
Address 521 Kaputar Rd City/State/Zip 2390 DOB 3/12/55
Occupation Researcher Employer _____
Email christieanna@me.com Primary Physician Dr Karley Heywood
Emergency Contact Geoff Peterson Relationship husband Phone 0413 104264
How did you hear about us? _____

Medical Information

Are you taking any medications? ☐ yes ☒ no
If yes, please list name and use: _____

Are you currently pregnant? ☐ yes ☒ no
If yes, how far along? _____
Any high risk factors? _____

Do you suffer from chronic pain? ☒ yes ☐ no
If yes, please explain L thumb injury
What makes it better? _____
What makes it worse? over-use

Have you had any orthopedic injuries? ☒ yes ☐ no
If yes, please list: Knee arthroscopy (both)
Please indicate any of the following that apply to you.

- | | |
|--|---|
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Attack |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s) | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Neuropathy | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

Massage Information

Have you had a professional massage before? ☒ yes ☐ no
What type of massage are you seeking?

☐ Relaxation ☒ Therapeutic/Deep Tissue

Other _____

What pressure do you prefer?

☐ Light ☐ Medium ☒ Deep

Do you have any allergies or sensitivities? ☐ yes ☒ no

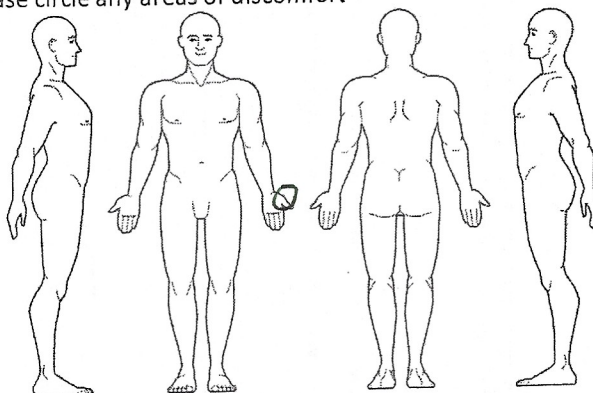
Please explain _____

Are there any areas (feet, face, abdomen, etc.) you do not want massaged? ☐ yes ☐ no

Please explain _____

What are your goals for this treatment session?

Please circle any areas of discomfort



By signing below, you agree to the following.

I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Client Signature Ann Christie Date 18 Oct 23

Therapist Signature _____ Date _____