



MASSAGE &  
LYMPHATIC DRAINAGE  
ELTHAM

poppy



MASSAGE & LYMPHATIC DRAINAGE ELTHAM

# CLIENT INTAKE

Name Poppy McAlpine Age 40  
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## MEDICAL HISTORY

Do you have or have you had any of the following conditions? If yes, please select them:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Arthritis / joint disorder | <input type="checkbox"/> Eczema                  | <input type="checkbox"/> Pregnant                          |
| <input type="checkbox"/> Artificial joint           | <input type="checkbox"/> Epilepsy                | <input checked="" type="checkbox"/> Recent accident/injury |
| <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Fibromyalgia            | <input type="checkbox"/> Recent fracture                   |
| <input type="checkbox"/> Blood disorder             | <input type="checkbox"/> Fluid retention         | <input type="checkbox"/> Seizures/epilepsy                 |
| <input type="checkbox"/> Back/neck problems         | <input type="checkbox"/> Headaches/migraines     | <input type="checkbox"/> Skin disease/lesions              |
| <input type="checkbox"/> Cancer                     | <input type="checkbox"/> Heart condition         | <input type="checkbox"/> Sprains/dislocations              |
| <input type="checkbox"/> Carpal tunnel syndrome     | <input type="checkbox"/> High/low blood pressure | <input type="checkbox"/> Strains                           |
| <input type="checkbox"/> Circulatory disorder       | <input type="checkbox"/> HIV                     | <input type="checkbox"/> Swollen glands                    |
| <input type="checkbox"/> Decreased sensation        | <input type="checkbox"/> Immune disorders        | <input type="checkbox"/> Tennis/golfers elbow              |
| <input type="checkbox"/> Deep vein thrombosis       | <input type="checkbox"/> Keloid scarring         | <input type="checkbox"/> Thyroid issues                    |
| <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Open sores or wounds    | <input type="checkbox"/> TMJ                               |
| <input type="checkbox"/> Easy bruising              | <input type="checkbox"/> Osteoporosis            | <input type="checkbox"/> Varicose veins                    |

If you have selected any issues above, please provide details below;

surgery on left knee  

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# CLIENT INTAKE

Have you had a professional massage before?

Y ☒

N ☐

Do you have difficulty lying on your front, back or side?

☐

☒

Do you have allergies to oils, creams, lotions or ointments?

☐

☒

Do you have sensitive skin?

☐

☒

Are there any areas (ie feet, face) you do not want massaged?

☐

☒

What type of massage are you seeking? ☐ Relaxation ☒ MLD ☒ Remedial

What pressure range do you prefer? ☐ Light-Medium ☒ Medium-Firm

*Mark any specific areas you would like your therapist to concentrate on:*



*Front*



*Back*



*Right*



*Left*

Please provide details;

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# CONSENT FORM

Poppy McAlpine

*Client's Name*

I have to the best of my knowledge, provided all relevant information about my health and medical history and I give my full consent to treatment.

I intend this consent to apply to all future treatments and I understand that I must update my service provider with any changes that may occur in my medical history.

I understand that a 50% cancellation fee may apply if I do not provide a minimum of 24 hours notice.

*My signature acknowledges that I have read and agree to receive the massage therapy and that I will adhere to all of the aforementioned statements.*

Poppy McAlpine

*Client Name*

*Client Signature*

2/7/25

*Date*

Tani Gray

*Therapist Name*

*Therapist Signature*

2.7.25

*Date*