

Prescription Schedule: Josh BRound: 2 Date: 22/07/25Treatment Focus NOW: Immune Support, M/E Support, Nervous System  
Sleep Support,

NEXT:

FUTURE:

| Packet | Remedy                                                                                                                              | Potency | Dial up                                                                                                                                         | Dosage<br>(wks)                                       | Treatment                                                |
|--------|-------------------------------------------------------------------------------------------------------------------------------------|---------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|----------------------------------------------------------|
| ①      | Ciels<br>Alfalfa<br>Calc<br>Thymisc<br>Graph<br>Calc<br>Kali-p<br>Chronic<br>Chap                                                   | 30x     | 1244<br>21309<br>57755<br>29835<br>3067<br>3402<br>5286<br>788(10)                                                                              | 3x daily<br>1x AM<br>1x Midday<br>1x PM               | Immune<br>Support/<br>depleted.                          |
| ②      | LACH<br>Anac<br>Rur<br>CARE<br>NAT-M<br>Oak<br>Holly<br>Jet<br>Sate<br>SeaSalt<br>Berlin & Hall<br>Blue<br>Banyan<br>Earthworm      | TM      | <del>2792</del><br>2792<br>3185<br>3470<br>57755<br>6243<br>179119<br>58085<br>9915<br>678569<br>75839<br>1158795<br>54675<br>695851<br>6822058 | 3x weekly<br>1x Tuesday<br>1x Thursday<br>1x Saturday | Emotional<br>Support<br><br>Build Strength<br>Positivity |
| ③      | Valeriana<br>passiflora<br>Lotus<br>Kali phos<br>Parasynnis<br>Nux-v<br>Humulus<br>Sambal<br>Coffee<br>Tela Aran<br>Res Rem<br>Calc | 200c    | 6454<br>6629<br>97521<br>1825<br>7510<br>6222<br>12535<br>8889<br>1821<br>54797<br>476362<br>3402                                               | 3x 15 minutes<br>1 Hr before<br>bed                   | Sleep &<br>Nervous<br>System<br>Support.                 |