

BLAND MEDICAL CENTRE

33 MAITLAND STREET, WEST WYALONG, NSW 2671

PO BOX 42, Phone (02) 69721189 ; Fax (02) 69721176 ; email blandmedical@bigpond.com

Dr. Femi W. Ogundare

M.B.B.S.(1b) F.R.A.C.G.P.

2415591W

25/6/2025

Dr Andrew Clout
Riverina Orthopaedics
13 Gomly Avenue
WAGGA WAGGA NSW 2650

Dear Andrew,

Re: Mrs Adele Casey
3 Howard St
WEST WYALONG 2671
My record no.: **CAS**
Patient Phone No: **69 724709**
Patient Mobile No: **0428790272**
DOB: 27/8/1968

Thank you for seeing Mrs Adele Casey, age 56yrs 9mths, whom I consulted today. She had an injury of her left knee while holidaying in Cambodia about three months ago and re- twisted the same knee about two weeks ago. She had MRI of the affected knee joint which showed medial and lateral ligament tears. She has been actively participating in physiotherapy exercises. I will be grateful for your valued assessment and management opinion.

Past History:

Date	Condition
14 January 2000	DVT
15 November 2011	Cholecystectomy - laparoscopic

Allergies:

No known allergies/adverse reactions.

Current Medications:

None recorded.

Immunisation

Date	Vaccination	Dose No.
11 May 2010	FLUVAX	
4 April 2011	FLUVAX	
5 March 2015	BOOSTRIX	
25 August 2015	FLUVAX	
28 August 2019	FLUQUADRI	
15 April 2020	AFLURIA QUAD	
31 May 2021	COVID-19 VACCINE ASTRAZENECA	
3 August 2021	COVID-19 VACCINE	2

Report:

Anterior and posterior cruciate ligaments are intact. Medial and lateral collateral ligaments are mildly scarred but intact. Popliteus tendon intact.

There is a full thickness radial tear of the medial meniscus at the junction of the body and posterior horn. The meniscus is extruded. Diffuse partial thickness chondral ulceration of the medial femoral condyle central weight bearing aspect. Medial tibial plateau chondral surface fibrillation.

Undisplaced horizontal tear of the lateral meniscus body. Tiny parameniscal cysts. No extrusion. Lateral compartment articular cartilage is preserved.

The quadriceps and patellar tendons are intact. Partial thickness chondral ulcer of the central femoral trochlea. Patellar articular cartilage is preserved.

Large joint effusion. Trace Baker's cyst.

Mild insertional tendinopathy of the semimembranosus tendon.

Conclusion:

- 1. Full thickness radial tear of the medial meniscus at the junction of the body and posterior horn. The medial meniscus is extruded.
- 2. Moderate chondral pathology in the medial compartment.
- 3. Undisplaced horizontal tear of the lateral meniscal body with small parameniscal cysts.
- 4. Mild insertional tendinopathy of the semimembranous tendon.


Electronically signed by: Dr Jeremy Lim at 1:21 PM Thu, 19 Jun 2025

Overread by: Dr Mark Rassie at 2:35 PM Thu, 19 Jun 2025

~~~~~

I thank you for your care and assistance. I look forward to hearing the outcome of Adele's attendance.

Yours sincerely,

  
Dr. Femi W. Ogundare