

Tarrengower Remedial Massage

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12 August 2025

Julie Pascoe

Case Manager:

**At-Home Aged Care Hume / Central Highlands & Western
VMCH**

Email: julie.pascoe@vmch.com.au

Dear Julie:

I have been treating Kevin Dawson for chronic lower back and hip pain for the past 18 months. Recently, I have noticed that this condition, particularly on his left hip is not responding to treatment as well as previously. Kevin also complains of discomfort in this area whilst in bed at night. Often this pain wakes him during the night

To address this, I recommend the purchase and use of a sheepskin bed overlay. This should improve Kevin's comfort at night and reduce localized pain in his hip.

Please call me should you have any questions or require further clarification

Best Regards



Paul Gilders

Remedial & Sports Massage Therapist

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