



August 11, 2025

Dr Fandy Wang
Myhealth Boronia
Shop 17 & 18 Dorset Square
Boronia VIC 3155

Dear Dr Wang,

Thank you for your ongoing care of Jenessa Mitrevski (DOB: 11/02/93).

I am writing to you as an Integrative Natural Health Practitioner and Clinical Herbalist (ATMS No. 52709) who is currently working with your patient to provide ongoing fertility support.

I am seeking your advice on recent blood test results (collected 21/07/25 which I believe you have received) which indicated the following:

TSH: 3.82 mIU/L
Ferritin: 18 ug/L (despite iron supplementation for over 7 months)
FSH: 11 IU/L, LH: 36 IU/L, E2: 1,956 pmol/L and Progesterone: 5 nmol/L

Given the high TSH, it is hoped you agree with a need to order the following additional tests:

T4, T3 and Thyroid antibodies (TPO & TgAB) and possible saliva **Iodine** test depending on results.

Given the serum hormone and TSH results, could you please also consider the following additional hormone tests: **Androgens** (testosterone, SHBG, DHEAS, FAI).

In addition, could you please consider the following additional tests: **Vitamin D3** (last tested 21/12/24), **active vitamin B12**, **plasma zinc**, **copper**, **Cu/Zn ratio** and **serum folate** (for preconception).

I'd also appreciate any further investigations you feel appropriate to determine the possible cause of Jenessa's chronically low Ferritin.

Thank you for your time and consideration.

Kind regards,

Kerryn Rayner
Integrative Natural Health Practitioner and Clinical Herbalist
Empower & Heal
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