



**Tanya McDonald**  
Remedial Massage Therapist  
**Tanya's Health and Wellbeing**  
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12/07/2025

**To:**  
Dr. Sivanathan  
Wee Waa Medical Centre  
29 George Street, Wee Waa NSW 2388

Dear Sivanathan

**Re: Referral for Daryl Jones, D.O.B: 14/02/1961**

I am writing to refer my client, Daryl Jones,

Daryl presented to me today with lower back pain from pulling a drawbar to line it up with a truck, which occurred over a month ago. The pain is felt across the centre of the lower back, extending to the shoulder. The patient reported no numbness. The patient's goal for the session was pain relief. The session with myself today focused on the muscles above the T6 and below the L1, including rhomboids and upper traps.

Post treatment it was noted that the client had slight swelling around the T10 and T12. The client is also finding it hard to stand up straight with out pain in the T10 and T12 area.

Your expertise would be greatly appreciated in assisting with further management strategies for this patient. Thank you for your time and ongoing care of this client.

Kind regards,  
**Tanya McDonald**  
Remedial Massage Therapist  
**AMT 17719**  
**Tanya's Health and Wellbeing**

