

Prescription Schedule: Yianna Bowen

Round: PO Date: 10/9/25

Treatment Focus NOW			FUTURE:			
NEXT:						
Packet	Remedy	Potency	Dial up	Dosage (4 wks)	Treatment	
1	China	30c	5671	TDS	Loss of fluids, anaemia	
loss vital fluids	Ph-ac		6928		depletion from blood loss and fluid	
	Ferr-T		5851		Blood deficient	
	verat		6219		severe fluid/blood loss	
1A	Extreme anemia		M	1 dose daily for 3 days		
2						
Anaemia	Ferr-M	200c	42363	3 per week		
3						
Anxiety Support	Arg-n	200c	4985	BDS +as needed	anticipatory anxiety, repetition, imagines disasters	
	Ars alb		7875		anxious, fixates on health, disease or death	
	Release Fear & Worry	10MM	M		release fear & worry	
	Nat-m	200c	2825		dwells on past, grief, cant let go	
	Calc		3402		rumination & worry	
	Carc		57755		fear unknown, worry about health, obsessive tendencies	
	Copper Beech		950206		despair of their health, Anxiety & fear of what what is expected	
	Hyos		4253		fixed ideas/though, fears being harmed, anxiety about health	
4						
Cracked nipples Support	Post Partum cracked nipples	200c, 500c 1M	M	3-6 oral doses per day + dissolved in water or organic coco/olive oil an rub onto nipples		