

Treatment Focus NOW:

Release fear / let go, courage, transition

NEXT:

FUTURE:

Packet	Remedy	Potency	Dial up	Dosage (12 wks)	Treatment
①	Ign. Carc. Thymus Gl. Butterfly Yellow	LM1 200C		1x daily AM	Release fear / let go transitions
②	Brown rice Banyan Earthworm	30C		1x daily PM	move on
(Support)	Fear + Worry Panic attacks	10M CM000	M M	every 5-10 min as needed	Stress/anxiety/over