

Prescription Schedule: Julie Vaughan Round: 4 Date: 17/9/25

Treatment Focus NOW: persistent dry cough, exhaustion, M/E

NEXT:

FUTURE:

Packet	Remedy	Potency	Dial up	Dosage (4 wks)	Treatment
①	ALON	200c	2557	BDS	Dry cough
	ALUM		39660		
	ARS		34999		
	BROM		3979		
	DROS		5641		
	SPONCI		6585		
	PHOS		3791		
	TLIB-AV		3169		
	CACT		3413		
	BELL		9633		
	LIQR		6862		
	ARN		8687		
②	Zinzibar	12c	6828	TDS	Intestines flatulence
	Cinnam		6883		
	CURC		695878		
	Digest Enz		M		
	Earthmorn		6822058		
	Bac 7		481412		
	Creat N		591121		
	C-Depletion		788(10)		Depression- exhaustion
	Bifalfa		21309		
	CHELS		1244		
	CARE		57755		
	Thymus		29835		
③	NETTLE	1M	49899	Monday Wednesday Friday	Build Sense of Self and Safety.
	LACHUM		68608		
	Milkyway		5588699		
	ROSE		6768		
	BLUE		54675		
	COTTON		455888		
	RUBY		5382		
	GOLDFISH		70599		Self acceptance
	SNOWDROP		774225		
	MIMOSA		5391		
	BUTTERFLY		887787		
	HAZEL		577592		
	DULS	10M	5556		Strength
	OAK	10M	179119		