

Sat 9 Nov

Completed

Alan Marshall  
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Actions

Sat 9 Nov

10:30

Doesn't repeat  
Services

Remedial Massage (Consultation 60 Min)  
10:30 • 1h • Tanya McDonald • Sauna Room

+30min blocked

Notes  
Client advised that he was feeling really good after the last massage, he spoke to the GP as suggested at the last massaged, he said the GP was not to worried about checking. Client also mentioned that his legs were starting to feel tight halfway through last week and would like to maintain keeping his legs not so tight.

Assessment  
Glutes were only a little tight on the L, calves and hamstrings were also tight but not as tight as last time.

Treatment  
Massage was same as last massage session not including the PSOAS, or upper back.

Post Assessment  
Clients legs and IT band were a lot less tight from the first session.  
Advised client to drink plenty of water and to continue stretching.

Forms  
**COVID 19**  
Fri 1 Nov • 12:21 • Not completed

Total  
A\$ 95

View sale