

* 5-wks * SIL.
Time

29/9/25

Self-esteem: I'm stupid, people
Self-worth: don't like me
Anxiety / Nervous
↳ knows he's different -
very sensit/soft
Learning disabilities - well supported
↳ gen. learn develop

* Self-deprecation

↳ Fear of failure.
↳ doesn't want to get anything wrong
so won't try

Easily Embarrassed *

Chiara - broke a tibia @ his
b/d party - surgery
Time blanked his self scared
she would die = unknown
↳ fright
↳ separation