

Prescription Schedule:

Josh Nobel

Round:

1

Date:

21/8/25

10/9/25

Treatment Focus NOW:

NEXT:

OBD. (cortisol drain + coffee)

FUTURE:

coffee addiction. IGN?

Packet	Remedy	Potency	Dial up	Dosage (4 wks)	Treatment
	ORO	200C	5641		deep voice + cough
	A.F.	30C	M		strengthen
①	chesty cough	200C	M		+ clean-up
	lung build	6C	M	BDS	lungs.
	Tues AV	200C	3169		liquefying cough
	NIX-V		6222		business worries
	AAA		M		+ potential issues
	Infectin	30X	M		
	Kidney	6C	23		
②	Release fear	10mm	M	3/wh	Business patterns
	STGHE	200C	135567		+ worry / grief release
				(6 whs) End 2:	
	SEP	200C	8725		
	A.F	30C	M		long term stress
	S.R		M		repair + t/t
	Fear + Worry	200C; X	M		building
①	Nettle		49899	BDS	
	cortisol	6X	48099		↓ stress
	Cham		3643		coffee addiction
	caff	200X	1821		drain
	Loach		2792		throat symptoms
	Avena		1515		
	Calc	200C	57755		addiction
②	Med Am				break family patterns
	Yellow	1M		2/wh	coffee addiction
	Stantium			Tue/Thu	break chain
	Acornite	10mm	2557		fears (don't everything)
detox	unbiased	200X, 30X 1M, 10M	sample	1/Day for 7 days	hold 2 weeks then start
←	Immune Boost	200C	M	10x daily	for gen. immune
	Auto Imm.	10M	M	Increase to BDS if unused	
	Tansley Imm.	0000CM	2789		
←	Infection	200X	M	1/R 3-12	
	Inflamm	10M	M	10x 1/10	
←	Pain + Fever	200C, 10M	M	1/R-1-4	10x P/H + A/N
	Tansley Pain		3388		
←	Vomiting +		M	1/R 3-12	
	Diarrhoea			10x 1/10	after each movement