



Boonwurrung Country,
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30/09/2025

RE: Miss Melissa Lamborn
252 Alma Road
Caulfield North. 3161
DOB: 14/12/1992
Tel: , 0422290735
Medicare: 3573232361, 1

Dear Ana,

Case conference undertaken today
Start time: 5pm
Finish time: 530pm
Explanation of case conference goals provided
Verbal consent obtained

Reason for visit:
Case conference

Attendees:
Laura Chapman-GP
Kristen Moore- Pelvic physio
Ana Ximena- Clinical psychologist

Points discussed:

was caught in a pain--> unable to work--> shame/anxiety/problem solving/not resting--> shame spiral

thinks in terms of being broken and a medical procedure being able to fix this

still has hope for life a life that might be available (active/full), long way from this currently

entrenched pain experience

not used to taking care of self

can be factual and unemotional when recounting progress, a shift the last 2 GP consults

advised to provide patient with information to make informed consent on next steps and reiterate the team with support her regardless of decision

Actions to be taken: aim for weekly or fortnightly (with homework) psychology, kristen to make contact and determine frequency of visits, concentrate of managing this current depressive episode

Frequency of visits: as above and GP every 2-4 weeks for now

739 billed - BB

Yours faithfully,

A handwritten signature in black ink, appearing to read 'Laura Chapman', written in a cursive style.

Dr Laura Chapman
MBChB, BSc, FRACGP, CWH
4209537T