

New Client Kinesiology Form

Date: 8/10/24

Full name: Conny Wladkowski

DOB: 12/11/1983

Phone: 0421078918

Email: conny.hypnosis@gmail.com

Address: 4 Merimbula court

Suburb: Taylors Valley

Postcode: 3038 VIC

Emergency contact & Relationship: Anthony 0425729000

Occupation: Hypnotherapist

Student: /

Children (If yes, ages): 9, 2

Exercise (Hours per week / Intensity): 7 hour walking, roller skating

Issues you would like to resolve: sleep issues, mood up and down

Level of stress for these issues (1= low and 10 = extreme):

What would you like to work on as a priority: mood



<p><b>dents / Trauma / Surgery / Illness/Injuries:</b></p> <p>early stages of cancer arrived at 25 yrs</p>	<p><b>Allergies &amp; sensitivities:</b></p> <p>conider</p>
<p><b>Medications &amp; supplements:</b></p> <p>/</p>	<p><b>Sleep Pattern:</b> Hours a night and quality</p> <p>7 wake up at p: 2:15 every night</p>
<p><b>Birth &amp; Childhood History:</b></p> <p>2 vaginal births</p>	<p><b>Behavioural patterns &amp; PMS:</b> Moods, patterns of feelings and thoughts.</p> <p>up and down</p>
<p><b>Reproductive &amp; Endocrine: ie hormonal</b></p> <p>/</p>	<p><b>Relevant family history:</b> Mental illness, physical illness, trauma</p> <p>/</p>
<p><b>Alcohol/coffee / Dietary: ie avoided food groups</b></p> <p>no alcohol 2 x coffee / day</p>	<p><b>Hydration (litres per day):</b></p> <p>2 l water</p>
<p><b>Bowel Habits / Bladder:</b> Frequency, time(s), consistency, undigested food.</p> <p>daily</p>	<p><b>Respiratory / Heart: ie Asthma, heart palpitations</b></p> <p>/</p>

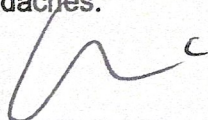


<b>Immune system:</b> kids often get me sick	<b>Neurological: ie epilepsy, headaches etc</b> /
<b>Muscular / Skeletal/ TMJ problems/ Dental:</b>	<b>Skin (eczema) :</b> No
<b>Senses: (eye sight, smell, hearing)</b> /	

<b>Priority columns:</b>
--------------------------

This is to confirm and acknowledge that the abovementioned information is accurate to my knowledge. I give consent for kinesiology balances and have the right to withdraw consent at any time. The kinesiologist has explained the treatment plan to me. I will communicate information, such as pain or discomfort levels, throughout the session to ensure my own safety and effectiveness of the session. I acknowledge that there may be post-treatment effects including feeling very relaxed, emotional, release and muscle soreness, tenderness and headaches.

**Signature:**



**Date:**

8/10/24