

Eden is 14 years old with daily headaches/migraines when she stands from sitting pain can intensify, she can get the blind eye vision, and she is very fatigued. She takes a while to get to sleep but once she is asleep she sleeps in the morning and takes a while to get up/wake up, she is also low in iron atm(taking iron tablets). This all started when she had her appendix out at age 10, although I felt the whole thing was not traumatizing and all went smoothly with the operation, this was her first experience in hospital and I believe she was in more pain than let us know, she also had intense pain in her shoulder from the gas. her recovery after her Opp took a few weeks, and when she started getting headaches/migraines was when she went back to school , she also got tonsillitis and tonsil stones which made her very crook on off for about 18 months after this time too ( that has settled ) Eden was a very happy and bubbly girl before her opp and now she has been very frustrated and irritable, I have seen a paed with her and she believes Eden is traumatized from the hospital/ and Opp, I have got a referral for a MRI, I haven't organised yet as her headaches slowed down for about 3 to 6 months, also Eden hasn't been very cooperative with these appointments and gets very angry at me for organising or having to miss a day of school to see the paed, but then will scream at me when her head has been very sore all day at school. My next thoughts with her is to get the MRI and see a neurologist to see if she can go on some migraine preventative.

Family history her dad suffered with migraines growing up and my dad started getting migraines from age 40 onwards and from about 4 years ago with myself I suffer with vestibular migraines.