

Prescription Schedule: Lisa Tounley

Round: 1/2 Date: 19/9/25
22/10/2

Treatment Focus NOW:

NEXT:

Detox Abx & pill.

FUTURE:

PSOR?

Packet	Remedy	Potency	Dial up	Dosage (4 wks) (6 wks)	Treatment
②	PTSD Release fav	10m 10mm	M M	2/wh Tue/Thu	friends psych + abuse from ex
①	S + T	10m	M	on Sunday	" "
③	Monopain Pure Echinacea Rhodocort	10m	766687 6822058 4456	3/wh M/W/F	skin & bs, els + settle N.S. perfectionism
④	STAPH NUX-V AVENA PHTOS	200C	4139 6222 1515 3791	BDS	List of abuse leans on 'weed' when overbelong constitution?
②	bone pain Amethyst. NIT-4C Nutrition A.F. S.R. Chronic depl. NAT-M LIL-T LACT SEP	30X 200C 200X 30C 200C	M 17979 5933 M M 788(10) 6243 4907 2792 8725		teeth/sinus pain addition decay of bone (sin)
①	PSOR	200C	5667	1/wh Wednesday	B/C + M/E
②	STGHE THYMUS ALMOND	10m	135567	1/wh Sunday	release alone - support peace - trips
②	RED LACT ← Emotional support	3X 200C	79789 2792 M	BDS + AIN Leading up to Period	
②	Fear + Worry NUX-V CANN-I ← Sleep support melatonin	200C 6C	M 6222 5529 M 71711	1-3 before bed	