

Medical Warning

Reminders/Notifications

Current Prescription Medications:

Effexor: 150mg; +75mg since June 2021;
Rabeprazole Sodium (Sandoz) (Pariet)
Irbesartan (Angiotensin receptor blocker)

Current Supplements:

Vitamin D, Fish oil, Zn, Vitamin C;
Mg (Nutra Life); also uses Mag Taur Xcell 29/07 - 1 scoop /daily PRN
Caltrate - occasional

Past prescriptions:

Propanolol
Fe, Biotin, Vit B, NeuroCalm

Jasmine Langlands - Canning Healthcare

Thu, 23 Oct 2025 10:15 am

Subjective:

GP referred to Rheumatologist at Wexford; GP considers may have autoimmune condition affecting nails and rash on body.
Saw rheumatologist Monday; X-ray on right knee - feels swollen, CT scan on lungs to check for inflammation.
Ultrasound on heart next week; blood test pending.
Didn't feel well Tuesday - yesterday, felt 'disgusting.' Pain in left arm, felt like going to be sick, went to toilet, vomiting at the same time. Today not so bad.
Salad, veg, soda water/water, toast.
Felt better yesterday/last night.
Throwing up everything.
Cortisone cream/injection to fingers.

Taking Go-gout - uric acid quite high.

Neoclassical

Element: Ether

Blood alarm

- Acupressure assessment: LR-8 left better, incomplete > PC-7 better, incomplete > LR Tribe
- SI-3 L

Left the room. Provided buzzer.

Right Branches

SJ

Left Branches

GB
