



Boonwurrung Country,  
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05/11/2025

Ms Ana Torres  
Elemental Collective

Phone:  
Fax:  
Email: hello@elementalcollective.com.au

**RE: Miss Melissa Lamborn**  
**252 Alma Road**  
**Caulfield North. 3161**

**DOB:** 14/12/1992

**Tel:** , 0422290735

**Medicare:** 3573232361, 1

Dear Ana,

Thank you for seeing Mel Lamborn for an opinion and management. Please provide 5 further psychology sessions.

Her current medications are:

Celebrex 100mg Capsule  
Diazepam 5mg Tablet

Gabapentin 100mg Capsule  
Norgesic 35mg;450mg Tablet  
Nortriptyline 10mg Tablet  
Ondansetron 8mg Orally disintegrating tablet  
Palexia IR 50mg Immediate release tablets  
Valdoxan 25mg Tablet  
Vitamin B12 100mcg Tablet  
Zoely 2.5mg;1.5mg Tablet

1 Capsule Twice a day with meals if required.  
1 Tablet Daily PRN pv stat max 1 od COMPOUNDED  
WITH A FATTY BASE.  
1 Capsule Twice a day.  
2 Tablets Three times a day prn.  
1 Tablet Before bed.  
½ prn for nausea.  
1 Tablet Twice a day prn, use sparingly.  
2 Tablets Before bed.  
1 Tablet Daily.  
1 Tablet Daily.

Allergies:

Erythrocin	Nausea, Severe
Tramadol	Vomiting, Severe
Norspan	Vomiting, Moderate

Past Medical History:

	Endometriosis
26/10/2024	Bilateral sacral block

Yours faithfully,

A handwritten signature in black ink, appearing to read 'L Chapman', written in a cursive style.

Dr Laura Chapman  
MBChB, BSc, FRACGP, CWH  
4209537T