Prescription Schedule: Round:2 Karyn Walker Date:

18 November 2025

Treatment Focus NOW: Providing gentle hormonal support to help gradually rebalance and offload the system in preparation for the future removal of the Mirena. This is supported with a mild liver-cleanse, alongside indicated homeopathic remedies aimed at fostering clarity of purpose, emotional direction, and courage for the next steps

NEXT: Liver detox, Blood Clean, Lymphatic Drainage and Gut Repair

FUTURE:

Packet	Remedy	Potency	Dial up	Dosage (_8 wks)	Treatment
1 Mental	Carcinosin	10M	57755	1 dose, 3 times per	Mother architype, re-
and		1000000000		week	alignment of the central
Emotional				5 5 8	system, suppression of self
					expression, anxiety of what
		}			might happen. Regret of not
					being true to herself.
	Blue	30C, 200C, 10M	54675		Open creative energy
					channels
	Goldfish		70599		Enables true expression, inn e
					freedom, trust and support
					the fear of change
	Stonehenge		399999		Courage and energy to find
			COLD Protein Colonia Street Colonia Co		and complete the purpose
	Pulsatilla		5556		support to find inner direction
	St. Public Company St. Land				not from others, but from self
					110111011111111111111111111111111111111
	Calc Carb		3402		Release worries abou
					responsibilities and duties so
					she can move forward in c
					new direction.
	Sulphur	30C	6361	_	To ground and follow
	00.01.01				through- to give a little push
2.Grief	Goldfish	30C	70599	1 dose weekly	To release sadness and grief
	Natrum	10M	6243	- I doso wookiy	Grief, disappointment and
	Muriaticum	,	02.10		guilt, heart chakra
	Kegelia Africana	30C	557775	_	Regret of things not done
	Rogonarinoaria		-		Regier of minigs flor done
3	Folliculinum	30C	35877	1 per day upo n	Relieve any congestion in
Hormonal	1 0 11 0 0 11 10 11 1			waking \	uterus.
Support				22/2/2	313133.
Зорроп	Ovaries		265	agricies	Ovary support
	Uterus		954	to make	Uterus support
	Calc Fluorica	6X	1184	1 11	Strengthen connective tissue
	Calcinoonca	O A	1104	pottle,	and help with fibrous growths
					and adhesions pre-emptively
					should they be present
	Sabina	12C	5844		Clotted periods in past
	Sabiria	120	3044		(currently merina)
	Oestrogen	12C	578989	A CONTROL OF THE CONT	To help rebalance oestrogen
	Cestrogen	120	3/0/0/		levels
	Cimic	30C	1231		Suppressed menses/Pain in
			3963 (3873-48		lumbar and sacral region
	Mag Phos	30C	4382		Painful menses in past/lower
					back pain
	Pituitary Gland	12C	21657		Pituitary Sensitivity/hormona
	, noncry claric				balancing
	Sepia	30C/200/500C	8725		Dysmenorrhea and hormona
					Dalancina/woakness
				V / 1 ()	ir ir ig/weakness

	1								
					lumbar region, aching in				
	Rhus Tox	200C	7683		morning and on waking Pain and stiffness in lower				
	KIIO3 TOX	2000	7663		back				
	Lachesis	30C	2792		Premenstrual and menopausal support				
4 Liver Support	Nuv Vomica	200C	6222	1 per day in water	manap dasar sapport				
зорроп	Chelidonium		1.451	bottle					
	Majus		1451		Congested liver, right sided, spleen, kidneys and portal system				
	Carduus Marianus (Milk Thistle)		6907		Toxic Liver, gently cleanse and support				
	Lycopodium		2366						
	Blood Clean	30X	М						
		M							
Complem entary Support	Referral to see Matt at Zuma Health in Burleigh for some body work to help with re-alignment, back support	10	CD,						
		8							
Notes									