

No Simms

Touch base
before
Christmas.

family circumstances

~~of~~ grief

deaths of animals

JJ + Oscar are coming home
next week.

Big life decisions

Selling JJ's business.

inner lip ulcer

~~of~~

Enthusiasm

Drive

~~of~~ Pain knee

Left ankle

Still painful

~~of~~ when walking
more pain

~~of~~ Sad

awk.

Emotional

Suppression.

Scared to face emotions
- talking about?

Swelling remains / heats
reduced.

* Liver
Support.

Fatigue at beginning of
round "drained"

NS support *