

Pathology Analysis and Reporting Tool

Clinic Details

Clinic name	AIM Natural Healthcare
Practitioner	Amy Phillips
Clinic address	Shop 1/132 Willoughby Road, Crows Nest, NSW, 2065
Clinic phone	0493 403 326

Client Details

Client name	Justyna Wieczorek
Age	33

Date of report	18/07/2022	Date of tests	18/06/2022	Fasted test?*	y	(Y/N)
Allergies/Autoimmune?	(Y/N)	Upper GIT Sx?	y	Lower GIT Sx?	y	(Y/N)

* some test results cannot be interpreted accurately if not done in a fasted state



Pathology analysis information

Interpretation of the results: The "reference range" given in pathology tests is a statistical average of people who get blood tests at that lab. As healthy people generally don't get blood tests, the reference range is really just an average of previous test results **of many sick people**. The reference range used by doctors is generally **not** a healthy range. The optimum ranges used in this report are based on research and pathology texts for the best range for healthy people. This analysis report looks at a combination of test results for a holistic view of specific risk factors. Further testing may be required to investigate issues to find the causes of some abnormal results.

Testing may be recommended to be repeated, say every 1-3-6 months, depending on the test, to check for progress, and to adjust treatment plans as needed.

Please note that this analysis report is NOT attempting to diagnose conditions, but to highlight nutritional deficiencies or excesses, or poor organ function which may or may not have previously been known.

Results interpretation

- 24** If your result is within the optimum range, it is coloured green. Hence green results are GOOD!
- 7.6** If your result is outside of the optimum range, it is coloured red. Red results are not ideal.

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If your result is particularly significant, severe or abnormal, it has been highlighted in yellow too.

Pathology Test Results - Naturopathic Summary Report

Key Nutrients:	Deficient	Good	Excessive	N/A	Result
Iron - intake		Good			18.00
Iron - absorbed	Deficient				24.50
Iron - stores (male)				N/A	
Iron - stores (female)		Good			66.70
Vitamin B12	Deficient				177.00
Folate	Deficient				14.10
Protein				N/A	
Zinc				N/A	
Copper				N/A	
Vitamin D	Deficient				90.20
Calcium				N/A	
Potassium		Good			4.22
Phosphorus				N/A	
Cholesterol			Excessive		12.00
Carbohydrates/sugar			Excessive		7.10
Sodium		Good			139.00
Chloride		Good			104.00
Anaemia risk:	Low	Good	High	N/A	Result
Haemoglobin (male)				N/A	
Haemoglobin (female)	Low				128.00
Vitamin B12	Low				177.00
Folate	Low				14.10
Zinc				N/A	
Digestive system:				N/A	
Stomach acid	Low				
Leaky gut				Unknown	
Dysbiosis	Yes				
Lifestyle:	Deficient	Good	Excessive	N/A	Result
Stress - Cortisol			High		722.85
Stress - ACTH				N/A	
DHEAS - male				N/A	
DHEAS - female				N/A	
Liver function:	Low	Good	High	N/A	Result
Cholesterol			High		12.00
Triglycerides			High		7.10
Bilirubin				N/A	
Liver enzymes - ALP	Low				65.00
Liver enzymes - ALT		Good			15.00
Liver enzymes - AST		Good			20.00
Liver enzymes - GGT		Good			13.00
Kidney function:	Low	Good	High	N/A	Result
Urea				N/A	
Creatinine	Low				62.70
Urate (Uric acid)				N/A	
Estimated Kidney %			High		>60
Thyroid function:	Low	Good	High	N/A	Result
TSH		Good			1.8

T4 - Inactive hormone	Low				12.9
T3 - Active hormone	Low				4.5
T4-T3 ratio	Low				2.87
Thyroid antibodies					
Zinc				N/A	
Vitamin D	Low				90.20
Immune function:	Low	Good	High	N/A	Result
White blood cells		Good			5.70
Neutrophils		Good			46.00
Lymphocytes		Good			44.00
Neut/Lymph ratio	Low				1.05
Globulins				N/A	
Vitamin D	Low				90.20
Zinc				N/A	
Inflammation:	Low	Good	High	N/A	Result
Short term - CRP		Good			4.00
Long term - ESR				N/A	
Homocysteine				N/A	
Vitamin D	Low				90.20
Oxidative stress:	Low	Good	High	N/A	Result
Urate (Uric acid)				N/A	
Homocysteine				N/A	
Heart health:	Low	Good	High	N/A	Result
Triglycerides			High		7.10
Triglyceride : HDL ratio		Some risk	High risk		1.69
Albumin				N/A	
eGFR		Good			>60
Homocysteine				N/A	
Stomach function:	Low	Good	High	N/A	Result
Zinc				N/A	
Vitamin B12 (serum)	Low				177.00
Folate (serum)	Low				14.10
Total protein				N/A	
Transferrin sat %	Low				24.50
Energy production:	Low	Good	High	N/A	Result
TSH		Good			1.8
Cholesterol			High		12.00
Vitamin B12 (serum)	Low				177.00
Folate (serum)	Low				14.10
Haemoglobin (male)				N/A	
Haemoglobin (female)	Low				128.00
Transferrin sat %	Low				24.50
Phosphate				N/A	

Analysis Summary

Practitioner: Amy Phillips (AIM Natural Healthcare)