# The Lennox Head & Epiq Medical Centre

ABN 76 745 842 248 *All correspondence to:* 48 Ballina Street Lennox Head NSW 2478 Phone (02)6687 7444 Fax (02)6687 7849

Dr Christopher Mitchell Dr Monica Taylor Dr Ann Staughton Dr Jonathan Evans Dr Dan Ewald Dr Johanna Schafer Dr Francesca O'Neill Dr Carolyn Hannah Dr Louisa Evans Dr Julia Spicer Dr Peter Silberberg Dr Laurence Veness Dr Erin Stalenberg Dr Clare McLennan Dr Frank Schultheiss Dr Mark Fryer

SOUTHORN. ZMY

LENNOX HEAD. 2478 9A SUNRAY CRES,

Web lennoxmedical.com.au

Phone: 04 02649261 Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: **Lab Reference:** 22-69392279-CBC-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: MASTER FULL BLOOD COUNT

**Requested:** 02/06/2022 Collected: 14/06/2022 Reported: 14/06/2022 18:49

CUMULATIVE FULL BLOOD EXAMINATION Date 20/11/19 23/12/21 14/06/22 Time 08:15 11:10 08:32 Lab No 73437791 29453844 69392279 Нb 126 130 136 g/L (115-160)4.3 4.1 RCC 4.5 x10 ^12 /L (3.6-5.2) 0.38 0.39 0.41 Hct (0.33 - 0.46)91 MCV 94 90 fL (80 - 98)30 pg (27-35) 257 x10 ^9 /L (150-450) 4.5 x10 ^9 /L (4.0-11.0) 30 31 MCH 256 247 Plats 5.8 WCC 4.0 1.8 x10 ^9 /L (2.0-7.5) Neuts 1.7 3.6 41 % (1.1-4.0) 1.7 1.5 0.5 40 % 1.8 x10 ^9 /L Lymphs 0.4 0.5 9 % 0.20 0.17 8 % 0.04 0.06 x10 ^9 /L Monos 0.4 (0.2-1.0)0.36 x10 ^9 /L Eos (0.04 - 0.40)0.09 x10 ^9 /L (< 0.21)Basos E.S.R. pending mm/hr

# 69392279 Automated Comment:

As per ISLH guidelines - Film not reviewed. If a film review is truly indicated, contact the laboratory within 24 hours of collection. Otherwise investigate any highlighted abnormalities as clinically appropriate.

Neutropenia may be a transient effect of an acute viral infection. Persistent neutropenia may be seen as a result of certain infections, hypersplenism, SLE/Rheumatoid, drug side effect, and sometimes as an ethnic familial disorder, or in older patients an early myelodysplasia. Correlate Clinically as well as with E+LFTs, Viral Serology, Lymphocyte Markers, ANA/RF if clinically appropriate. Otherwise, suggest repeat at a later date.

\*\* FINAL REPORT - Please destroy previous report \*\*

Clinical Notes : nil

Tests Completed:FBC

Tests Pending :THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS, IRON STUDIES, IGF-1
Tests Pending :INSULIN, TTG, GLIADIN AB, SERUM FOLATE, SERUM VITAMIN B12, SE E/LFT Tests Pending :SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR, ENA, SE CAERULOPLASMIN

Tests Pending :ANA

SOUTHORN, AMY

LENNOX HEAD. 2478 9A SUNRAY CRES,

Phone: 04 02649261

**Birthdate:** 28/05/1989 Sex: F Medicare Number: 62098320481

**Lab Reference:** 22-69392279-ESR-0 Your Reference:

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: ERYTHROCYTE SEDI. RATE

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 19:39

Erythrocyte Sedimentation Rate 2 mm/hr (1-20)

Clinical Notes : nil

Tests Completed: FBC, ESR

Tests Pending : THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS, IRON STUDIES, IGF-1 :INSULIN, TTG, GLIADIN AB, SERUM FOLATE, SERUM VITAMIN B12, SE E/LFT Tests Pending Tests Pending :SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

**Phone:** 04 02649261 **Birthdate:** 28/05/1989 Sex: F Medicare Number: 62098320481

Lab Reference: 22-69392279-THY-0 Your Reference:

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: THYROID TEST MASTER

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 21:02

#### CUMULATIVE SERUM THYROID FUNCTION TESTS

20/11/19 14/06/22 Date 08:15 08:32 Time 73437791 69392279 Lab No

TSH 2.0 2.2 mIU/L (0.50-4.00)

< 1.3 IU/mL (< 4.6) < 28 IU/mL (< 60) Thyroglobulin AbII Thy. Peroxidase Ab

Euthyroid level. However if hypopituitarism (rare) is suspected, free T4 assay may be indicated.

These antibody levels are not suggestive of Thyroid inflammatory or rapidly progressing neoplasia. However 15% of Hashimoto's does not produce measurable antibodies. Prior autoimmune activity cannot be excluded.

Please note that as of 06/9/2021, QML Pathology changed to a reformulated Atellica Thyroglobulin Antibody (TgAbII) assay. The reference interval has been updated. Differences in individual patient results may be observed compared to the previous method. If further information is required please contact a Chemical Pathologist on (07) 3121 4444.

Clinical Notes: nil

Tests Completed: THYROID TISSUE AB, TFT, FBC, ESR

Tests Pending :SE IMMUNOGLOBULINS, IRON STUDIES, IGF-1, INSULIN, TTG, GLIADIN AB Tests Pending :SERUM FOLATE, SERUM VITAMIN B12, SE E/LFT, SE VIT D, SE HDL

Tests Pending :SE C-REACTIVE PROTEIN, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

Phone: 04 02649261 Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: **Lab Reference:** 22-69392279-VD-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: VITAMIN D, SERUM

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 21:08 CUMULATIVE SERUM VITAMIN D

14/06/22 Date Time 08:32 69392279 Lab No

Vitamin D3 99 nmol/L (> 49)

Clinical Notes : nil

Tests Completed: THYROID TISSUE AB, TFT, IGF-1, FBC, SE VIT D, ESR

Tests Pending :SE IMMUNOGLOBULINS, IRON STUDIES, INSULIN, TTG, GLIADIN AB

Tests Pending :SERUM FOLATE, SERUM VITAMIN B12, SE E/LFT, SE HDL Tests Pending :SE C-REACTIVE PROTEIN, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

Phone: 04 02649261 Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: Lab Reference: 22-69392279-GRM-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: GROWTH MASTER

**Reported:** 14/06/2022 21:08 **Requested:** 02/06/2022 **Collected:** 14/06/2022

IGF-1 (Somatomedin C) 31 nmol/L (14-42)

Clinical Notes : nil

Tests Completed: THYROID TISSUE AB, TFT, IGF-1, FBC, SE VIT D, ESR

Tests Pending :SE IMMUNOGLOBULINS, IRON STUDIES, INSULIN, TTG, GLIADIN AB

Tests Pending :SERUM FOLATE, SERUM VITAMIN B12, SE E/LFT, SE HDL Tests Pending :SE C-REACTIVE PROTEIN, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN. AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

Phone: 04 02649261
Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

**Lab Reference:** 22-69392279-HDL-0 Your Reference:

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: HDL CHOLESTEROL, SERUM

**Requested:** 02/06/2022 14/06/2022 Collected: **Reported:** 14/06/2022 21:37

CUMULATIVE LIPID RISK REPORT

14/06/22 Date Time 08:32 Lab No 69392279 FASTING

> Target if HIGH RISK 3.5 mmol/L (below 4.0)

Total Cholesterol 0.5 mmol/L (below 2.0) Triglycerides

CHOLESTEROL FRACTIONS

1.16 mmol/L (above 1.0) HDL LDL (calculated) \* 2.11 mmol/L (below 2.5)Non-HDL cholesterol\* 2.34 mmol/L (below 3.3) Total/HDL ratio\*\* 3.0

Secondary prevention LDL and non-HDL cholesterol targets are lower.

\*\* The ratio is for use with the cardiovascular risk calculator. Web-search: "Australian cardiovascular risk calculator"

69392279 Treatment is recommended if clinically indicated or if calculated risk exceeds 15% absolute risk of CVD events over 5 years.

NVDPA 2012 Target ranges refer to HIGH RISK PATIENTS.

As of 7/3/22 LDL will no longer be measured routinely. LDL results will be calculated, in accordance with National harmonisation.

Clinical Notes : nil

Tests Completed: THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS, IGF-1, FBC, SE E/LFT

Tests Completed:SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR

Tests Pending :IRON STUDIES, INSULIN, TTG, GLIADIN AB, SERUM FOLATE Tests Pending :SERUM VITAMIN B12, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

Phone: 04 02649261

Birthdate: 28/05/1989 Sex: F Sex: F Medicare Number: 62098320481

**Lab Reference:** 22-69392279-25T-0 Your Reference:

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

E/LFT (MASTER) Name of Test:

**Reported:** 14/06/2022 21:37 **Requested:** 02/06/2022 **Collected:** 14/06/2022

CUMULATIVE SERUM/PLASMA BIOCHEMISTRY

Date	20/11/19	23/12/21	14/06/22		
Time	08:15				
Lab No	73437791				
Lab No		FASTING			FASTING
Sodium	140				(137-147)
Potass.	4.4				(3.5-5.0)
Chloride	106	104	106		(96-109)
Bicarb	30	24	22		(25-33)
An.Gap	8	12	14		(4-17)
Gluc	4.2	4.2			(3.0-6.0)
Urea	1.8	4.2			(2.0-7.0)
Creat	50	58	58		(40-110)
eGFR	> 90	> 90	> 90		(over 59)
Urate	0.24				(0.14-0.35)
T.Bili	15	29	15		,
D.Bili		9		umol/L	• •
Alk.P	67	70	83		(30-115)
GGT	11	11	15		(0-45)
ALT	15	16	12		(0-45)
AST	20	22	19		(0-41)
LD	140		156		(80-250)
Calcium	2.29	2.41	2.35	mmol/L	(2.15-2.60)
Corr.Ca	2.36	2.37			(2.15-2.60)
Phos	1.2	1.2		mmol/L	(0.8-1.5)
T.Prot	63	65	68	q/L	(60-82)
Alb	40	44	44	g/L	(35-50)
Glob	23	21	24	g/L	(20-40)
Chol	4.0	3.7	3.5		(3.6-6.7)
Trig	1.3	0.5	0.5	mmol/L	(0.3-2.2)
Lab No	73437791	29453844	69392279		
Date	20/11/19	23/12/21	14/06/22		

Clinical Notes : nil

Tests Completed: THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS, IGF-1, FBC, SE E/LFT

Tests Completed: SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR

Tests Pending : IRON STUDIES, INSULIN, TTG, GLIADIN AB, SERUM FOLATE

Tests Pending :SERUM VITAMIN B12, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNO:
Phone: 04 02649261 LENNOX HEAD. 2478

**Birthdate:** 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: **Lab Reference:** 22-69392279-CRP-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: C REACTIVE PROTEIN

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 21:37 CUMULATIVE SERUM/PLASMA COMPLEMENT AND C-REACTIVE PROTEIN (CRP)

Date 23/12/21 14/06/22 Time 11:10 29453844 69392279 Lab No

CRP < 5 < 5 mg/L(0-6)

C-reactive protein (CRP) is a non-specific indicator of tissue

The level rises rapidly (within 6-10 hours) after tissue injury, peaks at 48-72 hours and returns to normal within a few days. Common causes of markedly increased CRP include infection (particularly bacterial), trauma, surgery, myocardial infarction, many malignancies and inflammatory disorders.

Clinical Notes : nil

Tests Completed: THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS, IGF-1, FBC, SE E/LFT

Tests Completed: SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR

Tests Pending :IRON STUDIES, INSULIN, TTG, GLIADIN AB, SERUM FOLATE Tests Pending :SERUM VITAMIN B12, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

Phone: 04 02649261 Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: Lab Reference: 22-69392278-FHM-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

FERTILITY HORMONE MASTER Name of Test:

**Reported:** 14/06/2022 21:38 **Requested:** 02/06/2022 **Collected:** 14/06/2022

CUMULATIVE FERTILITY HORMONES

Date 09/04/18 14/06/22 Time 14:05 08:32 Lab No 68562548 69392278

pmol/L E2 190 69 nmol/L Prog 1

Follicular Midcycle Luteal Post-Menopausal Ranges: Peak Phase Phase 10 - 130 3 - 33 1 - 17 1 - 9 1 - 10 2 - 12 15 - 60 20 - 140 FSH 70 - 530 230 - 1310 200 - 790 < 5 rising 20 - 110 Oestradiol < 120 Progesterone < 3

Clinical Notes : day 19

Tests Completed: PROGESTERONE

Tests Pending :CA125

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

**Phone:** 04 02649261

Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: **Lab Reference:** 22-69392278-TMM-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

TUMOUR MARKER MASTER Name of Test:

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 21:50

14/06/22 Date Time 08:32 Lab No 69392278 CA125 (Siemens) 26 U/mL (< 30)

69392278 CA125 is associated with Serous epithelium, and may be elevated

with inflammation or Neoplasia.

Clinical Notes : day 19

Tests Completed: CA125, PROGESTERONE

Tests Pending :

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

**Phone:** 04 02649261

Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

**Lab Reference:** 22-69392279-DBM-0 Your Reference:

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: DIABETES MASTER

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 21:53

5 mU/L Insulin fasting (< 25)

Glucose 4.7 mmol/L fasting (3.0-6.0)

Clinical Notes : nil

Tests Completed:THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS, IRON STUDIES, IGF-1 Tests Completed:INSULIN, FBC, SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR Tests Pending :ACTIVE VITAMIN B12, TTG, GLIADIN AB, SERUM FOLATE, SERUM VITAMIN B12

Tests Pending : ENA, SE CAERULOPLASMIN, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

**Phone:** 04 02649261

**Birthdate:** 28/05/1989 62098320481 Sex: F Medicare Number:

Your Reference: **Lab Reference:** 22-69392279-BFM-0

Laboratory: QML Pathology
Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: MASTER VITAMIN B12 FOLATE

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 23:03

CUMULATIVE VITAMIN B12 AND FOLATE ASSAYS

Date 14/06/22 Time 08:32 Lab No 69392279

327 pmol/L > 146 pmol/L 45.7 nmol/L B12 Total (162 - 811)Active B12 (> 35) S.Fol. (8.4 - 55.0)

Comment:

69392279

Serum Folate Assay: Adequate Serum Folate.

In the absence of recent oral intake, a serum folate >13 nmol/L effectively rules out folate deficiency. Consider repeat fasting Folate, if there has been inadequate fasting, and clinical

concern remains.

Serum Vitamin B12 Assay:

The vitamin B12 level is in the indeterminate range. B12 depletion may exist with levels up to 350 pmol/LCorrelation with Folate levels as well as Holo TC (Active B12 ) assay is recommended.

Holo TC Assay:

No suggestion of vitamin B12 deficiency.

High B12 levels are commonly seen with vitamin B12 replacement

therapy.

Methodology:

B12 and Active B12 (HoloTC) assays performed on Siemens Atellica

For Doctor clinical enquiries, please contact Dr Peter Davidson 07

Patients should contact their referring doctor in regard to this result.

Clinical Notes : nil

Tests Completed:ACTIVE VITAMIN B12, THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS Tests Completed: IRON STUDIES, IGF-1, INSULIN, FBC, SERUM FOLATE, SERUM VITAMIN B12 Tests Completed: SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR

Tests Pending :TTG, GLIADIN AB, ENA, SE CAERULOPLASMIN, ANA

AMY SOUTHORN,

9A SUNRAY CRES, LENNOX HEAD. 2478

**Phone:** 04 02649261

**Birthdate:** 28/05/1989 Sex: FMedicare Number: 62098320481

Your Reference: **Lab Reference:** 22-69392279-CAE-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: CAERULOPLASMIN, SERUM

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 23:09

(0.15 - 0.45)Serum Caeruloplasmin 0.23 g/L

As caeruloplasmin is an acute phase reactant and rises in the presence of infection, inflammation, oestrogen therapy or pregnancy, levels in the low normal range may not absolutely exclude Wilsondisease.

Clinical Notes : nil

Tests Completed:ACTIVE VITAMIN B12, THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS

Tests Completed: IRON STUDIES, IGF-1, INSULIN, FBC, SERUM FOLATE, SERUM VITAMIN B12
Tests Completed: SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR

Tests Completed: SE CAERULOPLASMIN

Tests Pending :TTG, GLIADIN AB, ENA, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

04 02649261

Birthdate: 28/05/1989 Sex: FMedicare Number: 62098320481

Lab Reference: 22-69392279-SPQ-0 Your Reference:

Laboratory: QML Pathology
Addressee: DR JULIA SPICER

Referred by: DR JULIA SPICER

Name of Test: SPECIFIC PROTEINS (MASTER)

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 21:37

SERUM IMMUNOGLOBULINS

(6.6-14.9)TaG 8.5 g/L 1.3 g/L (0.7 - 3.6)ΙαA IgM 1.8 g/L (0.4-1.6)

For any unexplained elevated immunoglobulins we suggest serum protein electrophoresis. Total immunoglobulins may be under or over-estimated if a paraprotein is present.

Clinical Notes : nil

Tests Completed: THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS, IGF-1, FBC, SE E/LFT

Tests Completed:SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR

Tests Pending :IRON STUDIES, INSULIN, TTG, GLIADIN AB, SERUM FOLATE Tests Pending :SERUM VITAMIN B12, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN. AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

Phone: 04 02649261 Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: Lab Reference: 22-69392279-ISM-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

MASTER IRON STUDIES Name of Test:

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 14/06/2022 21:47

CUMULATIVE IRON STUDIES

23/12/21 14/06/22 Dat.e Time 11:10 08:32 29453844 69392279 Lab No

16 umol/L 61 umol/L 26 % 29 ug/L Iron (10 - 33)57 (45-70)TTRC 40 (16-50)Saturation 34 29 ug/L (25 - 290)Ferritin

69392279 Comment:

Low-normal iron stores.

A functional deficiency may exist in chronic disease states such as chronic kidney disease (CKD) or disorders of Erythropoiesis.

Clinical Notes : nil

Tests Completed: THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS, IRON STUDIES, IGF-1, FBC

Tests Completed:SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR Tests Pending :ACTIVE VITAMIN B12, INSULIN, TTG, GLIADIN AB, SERUM FOLATE

Tests Pending :SERUM VITAMIN B12, ENA, SE CAERULOPLASMIN, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

Phone: 04 02649261 Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: **Lab Reference:** 22-69392279-HLC-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

HLA TYPING FOR COELIAC Name of Test:

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 15/06/2022 12:43

HLA tissue typing for Coeliac Disease.

This sample has been referred to Dorevitch Pathology, VIC and results are expected within 10 - 14 working days.

Clinical Notes : nil

Tests Completed:ACTIVE VITAMIN B12, THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS

Tests Completed: IRON STUDIES, IGF-1, INSULIN, FBC, SERUM FOLATE, SERUM VITAMIN B12
Tests Completed: SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR

Tests Completed:SE CAERULOPLASMIN

Tests Pending :TTG, GLIADIN AB, ENA, ANA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

**Phone:** 04 02649261

 $\mathtt{Sex:} \quad \mathbb{F}$ **Birthdate:** 28/05/1989 Medicare Number: 62098320481

Your Reference: **Lab Reference:** 22-69392279-ANA-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

ANTINUCLEAR ANTIBODY Name of Test:

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 15/06/2022 13:36

The ANA test is negative at the screening dilution of 1:80. A negative ANA excludes SLE in most cases. Consider ENA screening for patients with features of Sjogren's syndrome (to detect antibodies to SS-A which may co-exist with a negative ANA).

Anti-dsDNA antibody testing is usually not warranted with a negative ANA unless the clinical suspicion of SLE is high.

ENA result to follow.

For enquiries, contact Dr Paul Campbell 07 3121 4444 Patients should contact their referring doctor in regard to this result.

Clinical Notes : nil

Tests Completed:ACTIVE VITAMIN B12, THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS Tests Completed:IRON STUDIES, IGF-1, INSULIN, FBC, SERUM FOLATE, SERUM VITAMIN B12 Tests Completed:SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR Tests Completed:SE CAERULOPLASMIN, ANA

Tests Pending : TTG, GLIADIN AB, ENA

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

**Phone:** 04 02649261 **Birthdate:** 28/05/1989 62098320481 Sex: F Medicare Number:

**Lab Reference:** 22-69392279-ENA-0 Your Reference:

Laboratory: QML Pathology

ENA Antibody Screen

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

EXTRACTABLE NUCLEAR AG Name of Test:

**Reported:** 15/06/2022 15:18 **Requested:** 02/06/2022 **Collected:** 14/06/2022

Negative

SS-A (Ro-60) Antibody Negative Ro-52 Antibody Negative SS-B Antibody Negative Sm Antibody Negative RNP Antibody Negative Scl-70 Antibody Negative PM-Scl Antibody Negative Jo-1 Antibody Negative CENP B Antibody Negative PCNA Antibody Negative Ribosomal P Protein Antibody Negative

For enquiries, contact Dr Paul Campbell 07 3121 4444 Patients should contact their referring doctor in regard to this result.

Clinical Notes : nil

Tests Completed:ACTIVE VITAMIN B12, THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS Tests Completed:IRON STUDIES, IGF-1, INSULIN, FBC, SERUM FOLATE, SERUM VITAMIN B12 Tests Completed:SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN, ESR, ENA

Tests Completed: SE CAERULOPLASMIN, ANA

Tests Pending :TTG, GLIADIN AB

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

**Phone:** 04 02649261

**Birthdate:** 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: **Lab Reference:** 22-69392279-CDW-0

Laboratory:QMLPathologyAddressee:DRJULIASPICER

Referred by: DR JULIA SPICER

Name of Test: COELIAC AB MASTER

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 16/06/2022 12:02

#### COELIAC DISEASE SEROLOGY

Gliadin IgG (deamidated peptide) Not Detected TTG IgA (human recombinant) Not Detected TTG IgA (human recombinant)

Negative serology makes the diagnosis of untreated coeliac disease unlikely provided the patient is on a gluten containing diet.

If a strong clinical suspicion exists, genetic testing for coeliac disease (HLA DQ2/DQ8) should be considered. A negative result for DQ2/DQ8 makes the diagnosis of coeliac disease highly unlikely. A small bowel biopsy may be required in the event of a positive DQ2/DQ8 result.

For enquiries, contact Dr Paul Campbell 07 3121 4444 Patients should contact their referring doctor in regard to this result.

Clinical Notes : nil

Tests Completed:ACTIVE VITAMIN B12, THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS Tests Completed:IRON STUDIES, IGF-1, INSULIN, TTG, GLIADIN AB, FBC, SERUM FOLATE Tests Completed:SERUM VITAMIN B12, SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN Tests Completed:ESR, ENA, SE CAERULOPLASMIN, ANA Tests Pending :

SOUTHORN, AMY

9A SUNRAY CRES, LENNOX HEAD. 2478

Phone: 04 02649261
Birthdate: 28/05/1989 Sex: F Medicare Number: 62098320481

Your Reference: Lab Reference: 22-69392279-HLC-0

Laboratory: QML Pathology

Addressee: DR JULIA SPICER Referred by: DR JULIA SPICER

Name of Test: HLA TYPING FOR COELIAC

**Requested:** 02/06/2022 **Collected:** 14/06/2022 **Reported:** 17/06/2022 15:30

COELIAC DISEASE GENOTYPING RESULTS

SPECIMEN: Blood

HLA-DQ2.5 alleles

HLA-DQA1\*05:01 = Not DetectedHLA-DQB1\*02:01 = Not Detected

HLA-DQ2.2 alleles

HLA-DQA1\*02:01 = Not Detected HLA-DQB1\*02:02 = Not Detected

HLA-DO7 alleles

HLA-DQA1\*05:05 = Not Detected HLA-DQB1\*03:01 = Not Detected

HT-A-DO8 alleles

HLA-DQA1\*03:01 = Not DetectedHLA-DQB1\*03:02 = Not Detected

# INTERPRETATION:

This patient has NOT inherited any of the tested HLA DQ risk types associated with Coeliac Disease(CD). This patient has a very low CD predisposition risk. A diagnosis of CD is likely to be excluded, although very rarely, exceptions to these HLA associations have been observed. No further testing is recommended.

Please note that an at-risk HLA genotype is not diagnostic of Coeliac Disease, as only 3-4% of individuals with an at-risk genotype will develop Coeliac Disease. Rare exceptions to these HLA associations have been occasionally observed.

# METHOD:

This assay is performed using the Lifecodes HLA-DQA1/DQB1 Typing Kit to PCR amplify patient DNA. A panel of sequence specific oligonucleotides coupled to a fluorescent multiplex bead immunoassay (Luminex) is then used to identify  ${\tt HLA}$  alleles associated with

Coeliac Disease.

NOTES:

All test results should be interpreted in conjunction with clinical findings and other test results. If not already performed, suggest CD serology testing, which can be repeated every 2-3 years if negative.

Dr Kym Mina MBBS PhD FRCPA

Clinical Director, Genomic Diagnostics

Clinical Notes : nil

Tests Completed: ACTIVE VITAMIN B12, THYROID TISSUE AB, TFT, SE IMMUNOGLOBULINS Tests Completed:IRON STUDIES, IGF-1, INSULIN, TTG, GLIADIN AB, FBC, SERUM FOLATE Tests Completed:SERUM VITAMIN B12, SE E/LFT, SE VIT D, SE HDL, SE C-REACTIVE PROTEIN Tests Completed:ESR, ENA, SE CAERULOPLASMIN, ANA

Tests Pending :

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261 **Birthdate:** 28/05/1989  $\mathtt{Sex}\colon \ \mathbb{F}$ Medicare Number: 6209832048 Your Reference:

Laboratory: SNP

Addressee: DR JULIA E SPICER Referred by: DR JULIA E SPICER

S- FERTILITY HORMONES Name of Test:

**Requested:** 02/06/2022 **Collected:** 21/06/2022 **Reported:** 22/06/2022 04:36

Clinical notes: Day 2

Clinical Notes: Day 2

### Reproductive Hormones

06/07/12 15/08/14 01/09/17 21/06/22 0700 F 1019 1050 F 1401 Time F-Fast 587083342 597289539 638270921 666977735 Units Lab Id. Reference 3 IU/L 6 LH <1 2 3 IU/LOestradiol 68 136 117 164 pmol/L nmol/L2.6 Progesterone LH Reference FSH Oestradiol Limits IU/L IU/L pmol/L 2 - 10 2 - 7 Follicular 110 - 180 7 - 24 9 - 74 550 - 1650 Mid-Cycle Luteal 1 -10 1 - 9 180 - 840 20 - 140 10 - 65 <200 Menopausal OCP <5 <9 <80

FΑ

Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: LH, FSH, Oestradiol, Prolactin, DHEAS, SHBG, AMH (Roche Plus)

Tests Pending : Testosterone, Calculated FTe

Sample Pending:

SOUTHORN, AMY

LENNOX HEAD. 2478 9A SUNRAY CRESCENT,

Phone: 0402649261

**Birthdate:** 28/05/1989  $\mathtt{Sex}\colon \ \mathbb{F}$ Medicare Number: 6209832048 Your Reference: A6D3B6D971 **Lab Reference:** 666977735-E-E223

Laboratory: SNP
Addressee: DR JULIA E SPICER Referred by: DR JULIA E SPICER

S- PROLACTIN Name of Test:

**Requested:** 02/06/2022 Collected: 21/06/2022 22/06/2022 04:36 Reported:

Clinical notes: Day 2

Clinical Notes: Day 2

Prolactin

 Date
 06/07/12
 15/08/14
 21/06/22

 Time F-Fast
 0700 F
 1019
 1401

Lab Id. 587083342 597289539 666977735 Units Reference

Prolactin 104 71 159 mIU/L (<500)

EΑ

Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: LH, FSH, Oestradiol, Prolactin, DHEAS, SHBG, AMH (Roche Plus)

Tests Pending : Testosterone, Calculated FTe

Sample Pending :

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261

**Birthdate:** 28/05/1989 **Sex:** F **Medicare Number:** 6209832048 **Your Reference:** A6D3B6D971 **Lab Reference:** 666977735-E-E345

Laboratory: SNP

Addressee: DR JULIA E SPICER Referred by: DR JULIA E SPICER

Name of Test: S-DHEAS

**Requested:** 02/06/2022 **Collected:** 21/06/2022 **Reported:** 22/06/2022 04:36

Clinical notes: Day 2

Clinical Notes : Day 2

**Date** 06/12/16 03/09/18 21/06/22

**Time F-Fast** 0850 F 1131 1401

Lab Id. 632774240 644201075 666977735 Units Reference

DHEAS 4.3 4.0 3.5 umol/L (2.7-9.2)

Comments on Collection 21/06/22 1401: DHEAS is performed by Abbott CMIA.

EΑ

Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: LH, FSH, Oestradiol, Prolactin, DHEAS, SHBG, AMH (Roche Plus)

Tests Pending : Testosterone, Calculated FTe

Sample Pending :

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261

**Birthdate:** 28/05/1989 **Sex:** F **Medicare Number:** 6209832048 **Your Reference:** A6D3B6D971 **Lab Reference:** 666977735-E-E823

**Laboratory:** SNP

Addressee: DR JULIA E SPICER Referred by: DR JULIA E SPICER

Name of Test: AMH VIRTUAL

**Requested:** 02/06/2022 **Collected:** 21/06/2022 **Reported:** 22/06/2022 04:36

Clinical notes: Day 2

Clinical Notes : Day 2

Anti-Mullerian Hormone (AMH)

Anti-Mullerian Hormone (Roche Plus) 10.2 pmol/L ( 4.1 - 58.0 )

Comments on Collection 666977735

The reference interval quoted above for the Roche AMH Plus assay is the age-related 2.5 - 97.5 percentile.

Generally accepted fertility criteria (not age-related): <11.0 pmol/L: Suggestive of reduced ovarian reserve

>24.0 pmol/L: Indicates the possibility of

- 1. Polycystic Ovarian Syndrome
- 2. In post-menopausal females granulosa cell tumour
- 3. Increased risk of Ovarian Hyperstimulation

Syndrome in a stimulated cycle

AMH is produced by the granulosa cells of developing follicles, and provides an estimate of the number of primordial follicles. Particularly in younger women, a low AMH level does not exclude the possibility of fertility.

Levels may be decreased in the latter part of the menstrual cycle and by the OC pill.

High dose biotin (Vitamin B7) can interfere in the AMH Plus assay, causing a falsely low result. High dose biotin may be used in the treatment of Multiple Sclerosis, and is present in certain vitamin supplements, particularly those for hair and nails. If the patient is taking high dose biotin supplementation (>5 mg/day) this result may not be accurate, please repeat this test after at least 3 days off biotin

Note change to Roche Plus AMH method as of the 29/08/2018.

EΑ

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Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: LH, FSH, Oestradiol, Prolactin, DHEAS, SHBG, AMH (Roche Plus)

Tests Pending : Testosterone, Calculated FTe

Sample Pending:

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261

 Birthdate:
 28/05/1989
 Sex:
 F
 Medicare Number:
 6209832048

 Your Reference:
 A6D3B6D971
 Lab Reference:
 666977735-V-V063

**Laboratory:** SNP

Addressee: DR JULIA E SPICER Referred by: DR JULIA E SPICER

Name of Test: .AMHR Graph

**Requested:** 02/06/2022 **Collected:** 21/06/2022 **Reported:** 22/06/2022 04:36

Clinical notes: Day 2

Clinical Notes : Day 2

SS

# PDF Image Enhanced Report

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https://sdrviewer.apps.sonichealthcare.com/?GUID=21124ED1-0DE0-4DDC-B873-490654D3C09C&hostCode=SNP&shareType=1

Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: LH, FSH, Oestradiol, Prolactin, DHEAS, SHBG, AMH (Roche Plus)

Tests Pending : Testosterone, Calculated FTe

Sample Pending:

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261

Birthdate: 28/05/1989 Sex: F Medicare Number: 6209832048
Your Reference: A6D3B6D971 Lab Reference: 666977735-E-E515
Laboratory: SNP

Addressee: DR JULIA E SPICER Referred by: DR JULIA E SPICER

Name of Test: S- ANDROGENS

Requested: 02/06/2022 Collected: 21/06/2022 Reported: 22/06/2022 08:34

Clinical notes: Day 2

Clinical Notes : Day 2

#### Androgens

 Date
 03/09/18
 21/06/22

 Time
 1131
 1401

 Lab Id.
 644201075
 666977735

**Lab Id.** 644201075 666977735 Units Reference

Testosterone 1.0 0.8 nmol/L (<2.2)

SHBG 154 H 75 nmol/L (20.0-110.0) Calculated FTe 6 8 pmol/L (3-37)

Comments on Collection 21/06/22 1401: SHBG performed on the Abbott immunoassay.

The Vermuelen calculation is the preferred measurement of free testosterone, and overcomes some of the inaccuracies of the FAI ratio.

BJ

Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: LH, FSH, Oestradiol, Prolactin, Testosterone, DHEAS, SHBG,

Calculated FTe, AMH (Roche Plus)

Tests Pending : Sample Pending :

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261

**Birthdate:** 28/05/1989 **Sex:** F **Medicare Number:** 6209832048

Your Reference: Lab Reference: 666977740-H-E416

**Laboratory:** SNP

Addressee: DR JULIA E SPICER Referred by: REFERRING D TO BE VERIFIED

Copy to:

DR JULIA SPICER

Name of Test: HBA1C

**Requested:** 21/06/2022 **Collected:** 21/06/2022 **Reported:** 22/06/2022 10:34

Clinical notes: Non-Medicare Refundable Account To Patient

Clinical Notes: Non-Medicare Refundable Account To Patient

# HbA1c

HbAlc (NGSP) 4.9 % ( <6.5 )
HbAlc (IFCC) 31 mmol/mol ( <48 )

Comments on Collection 666977740

The currently accepted cut-point for diagnosis of Type 2 Diabetes is an HbAlc level equal to or greater than 6.5% (48 mmol/mol) in patients with normal red blood cell turnover.

An abnormal screening HbAlc equal to or greater than 6.5% (48 mmol/mol) should be confirmed by a repeat HbAlc level as soon as possible, prior to any dietary adjustment or therapeutic intervention.

If the follow up HbA1c is less than 6.5% (48mmol/mol) then the patient does not have diabetes and should be rescreened in 12 months time.

(Ref: MJA 197/4:220-221 (2012))

Patients with HbAlc levels of 5.7-6.4% (38 - 46 mmol/mol) may still have a slightly increased risk of microvascular complications according to the AusDiab study.

The Medicare item for HbAlC for diagnosis of Diabetes Mellitus is limited to one test per 12 months; for monitoring Diabetes testing remains unchanged - 4 tests per 12 months.

Further information may be found at MBS online

http://www9.health.gov.au/mbs/search.cfm

An alternative test to monitor diabetes such as serum fructosamine is advisable in the presence of altered red cell lifespan.

HbAlc performed on the Sebia Cap3 analyser by capillary electrophoresis.

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Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: HbA1c

Tests Pending : Bl. Mercury, R-U-Iodine

Sample Pending :

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261 **Birthdate:** 28/05/1989

**Birthdate:** 28/05/1989 **Sex:** F **Medicare Number:** 6209832048

Your Reference: Lab Reference: 666977740-V-V244

Laboratory: SNP

Addressee: DR JULIA E SPICER Referred by: REFERRING D TO BE VERIFIED

Copy to:

DR JULIA SPICER

Name of Test: .HbA1c Graph

**Requested:** 21/06/2022 **Collected:** 21/06/2022 **Reported:** 22/06/2022 10:34

Clinical notes: Non-Medicare Refundable Account To Patient

Clinical Notes : Non-Medicare Refundable Account To Patient

SS

### PDF Image Enhanced Report

A PDF version of this report with images is available until 22-06-2023. Copy and paste the URL below into your web browser and use PIN 9904 to access the report.

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Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: HbA1c

Tests Pending : Bl. Mercury, R-U-Iodine

Sample Pending :

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261

Your Reference: Lab Reference: 666977740-C-B094

Laboratory: SNP

Addressee: DR JULIA E SPICER Referred by: REFERRING D TO BE VERIFIED

Copy to:

DR JULIA SPICER

Name of Test: MERCURY VIRTUAL

**Requested:** 21/06/2022 **Collected:** 21/06/2022 **Reported:** 22/06/2022 18:35

Clinical notes: Non-Medicare Refundable Account To Patient

Clinical Notes : Non-Medicare Refundable Account To Patient

Mercury

**Date** 30/04/21 21/06/22 **Time** 1500 1351

**Lab Id.** 658730239 666977740 Units Reference

Mercury-blood 33 nmol/L (<60)

Date Begin 01/05/2021 Date Finish 02/05/2021

т...Т

Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: Bl. Mercury, HbA1c

Tests Pending : R-U-Iodine

Sample Pending:

SOUTHORN, AMY

9A SUNRAY CRESCENT, LENNOX HEAD. 2478

**Phone:** 0402649261

Your Reference: Lab Reference: 666977740-C-C763

**Laboratory:** SNP

Addressee: DR JULIA E SPICER Referred by: TO NON MEDICARE REFERRALS

Copy to:

MS ALEXANDRA MIDDLETON

DR JULIA SPICER

Name of Test: IODINE-R-URINE

Requested: 21/06/2022 Collected: 21/06/2022 Reported: 23/06/2022 15:34

Clinical notes: Non-Medicare Refundable Account To Patient

Clinical Notes: Non-Medicare Refundable Account To Patient

14/09/11 09/01/13 21/06/22 Date Time 1555 Unkn 1351 Lab Id. 400196798 400757772 666977740 Units Reference R-U-Creatinine 7.0 3.8 1.3 mmol/L (>100) R-U-Iodine 302 29 44 ug/L Creat Cor Iodine 1882 uq/L (>100)

Comments on Collection 21/06/22 1351:

R-U-Iodine

Iodine levels are interpreted using the WHO criteria. However, the creatinine-corrected iodine level allows for iodine assessment in urine samples which are more dilute or concentrated than usual.

WHO classification of iodine deficiency - Urine Iodine levels:

Not Iodine deficient: >100 ug/L urine
Mild Iodine deficiency: 50 - 100 ug/L urine
Moderate Iodine deficiency: 20 - 49 ug/L urine
Severe Iodine deficiency: <20 ug/L urine

To convert Iodine ug/L to Iodine nmol/L ug/L x 7.88 = nmol/L

HMRC recommends supplementation of  $150\,\mathrm{ug/day}$  of Iodine to ensure that all women who are pregnant, breastfeeding or considering pregnancy have adequate iodine status. Women should not take kelp (seaweed) supplements or kelp based products because they may contain varying levels of iodine and may be contaminated with heavy metals such as mercury.

In patients with multinodular or physical goitre, supplementation of iodine such that urine levels reach concentrations >1000ug/L may predispose to thyroid hyper or hypofunction.

MD

Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: Bl. Mercury, R-U-Iodine, HbA1c

Tests Pending : Sample Pending :