



Referrer **Ms Alexandra Middleton**  
Address NUTRITIONIST 6 EDWARDS BAY ROAD  
MOSMAN NSW 2088  
Phone 0410503376

Your ref. **868517082**  
Address 18 HILL ST  
QUEENSCLIFF NSW 2096  
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Requested 17/02/2022  
Collected 17/02/2022 10:11 AEDT  
Received 17/02/2022 10:12 AEDT

## Mercury

Mercury-blood	28	nmol/L	<60
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## Comments

Reported by Sullivan and Nicolaides Pathology, a member of the Sonic Healthcare Group.

NATA ACCREDITATION NO 2178

Reported on 22-02-2022 08:35

## Red Cell Zinc

Red Cell Zinc	188	umol/L	145 - 245
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## Comments

Reported by Sullivan and Nicolaides Pathology, a member of the Sonic Healthcare Group.

NATA ACCREDITATION NO 2178

Reported on 22-02-2022 09:44

## Heavy Metals

Serum Copper	19	umol/L	12 - 22
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NATA ACCREDITATION NO 2178

Reported on 22-02-2022 17:29



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#### Random Urine Iodine

R-U-Creatinine	7.3	mmol/L	
Urine iodine	<b>69 L</b>	ug/L	> 100
Creat Corr. Iodine	<b>54 L</b>	ug/L	> 100

#### Comments

Iodine levels are interpreted using the WHO criteria. However, the creatinine-corrected iodine level allows for iodine assessment in urine samples which are more dilute or concentrated than usual.

WHO classification of iodine deficiency - Urine Iodine levels:

Not Iodine deficient:	> 100 ug/L	urine
Mild Iodine deficiency:	50 - 100 ug/L	urine
Moderate Iodine deficiency:	20 - 49 ug/L	urine
Severe Iodine deficiency:	<20	ug/L urine

To convert Iodine ug/L to Iodine nmol/L  
 $\text{ug/L} \times 7.88 = \text{nmol/L}$

Reported by Sullivan and Nicolaides Pathology, a member of the Sonic Healthcare Group.

NATA ACCREDITATION NO 2178

Reported on 22-02-2022 09:19