JORDANA THIRLWALL

-.ALEXANDRA MIDDLETON



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E: info@nutripath.com.au A: PO Box 442 Ashburton VIC 3142 Date of Birth: 30-Mar-1982

Sex : F

Collected: 14/Feb/2022 Received: 16/Feb/2022 26 WARRINGAH STREET NORTH BALGOWLAH NSW 2093 Lab id: 3797371 UR#: 6588475 6 EDWARDS BAY ROAD MOSMAN NSW 2088

	ENDOCRINOLOGY SALIVA								
SALIVA	Result	Range	Units						
Salivary Estrogens									
Estradiol (E2)	9.6	3.7 - 18.0	pmol/L						
Estrone (E1)	17.0	9.5 - 71.0	pmol/L	•					
Estriol (E3)	28.0	7.7 - 49.0	pmol/L						
E3/[E2+E1]	1.05	> 1.00	RATIO	•					

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Saliva Hormone Comments

** PLEASE NOTE NEW REFERENCE RANGES AS OF 20.08.2021 **

TABLE 1: SALIVARY HORMONE REFERENCE RANGES: (NOT ON HRT - BASELINE)

 FEMALE 	Progesterone		DHEAS	1	E2	 	E1	 	E3
Pre/menarcheal Follicular Mid-Cycle Luteal Post Menop. Premenopausal, Premenopausal,	90-480 85-590 276-1725 80-820 No OC's	i	1.8-18.5 2.5-27.0 2.0-8.0	 	3.1-13 3.1-17 5.0-22 3.7-18 3.7-16	•	9.5-71 9.5-71 9.5-71 9.5-71 9.0-65	 	7.7-49 7.7-49 7.7-49 7.7-49 9.0-62
 MALE 	<230	1	5.0-32.0	 	2.7-11	 	7.7-50	 	6.6-38

| TABLE 2: TARGET REFERENCE RANGES: (ON HRT - 24 to 48 hr post last dose)

	Progesterone	e Testosteron	e E2	 	E1	 	E3
Oral	320-1998	1	7-73	1		1	69-139
Patch	-	1	4-18	- 1	-	- 1	-
Cream/Gel	3180-15000	F: 277-867	37-184	1	-	- 1	1040-1734
	1	M: 347-1734	1	1		- 1	

SALIVA ESTRONE (E1) is produced primarily from androstenedione originating from the gonads or the adrenal cortex. In premenopausal women, more than 50% of the E1 is secreted by the ovaries. In prepubertal children, men and non-supplemented postmenopausal women, the major portion of E1 is derived from peripheral tissue conversion of androstenedione. Interconversion of E1 and E2 also occurs in peripheral tissue. Bioassay data indicate that the estrogenic action is much less than E2. E1 is a primary estrogenic component of several pharmaceutical preparations, including those containing conjugated and esterified estrogens. In premenopausal women E1 levels generally parallel those of E2. After menopause E1 levels increase, possibly due to increased conversion of androstenedione to E1.

SALIVA E1 is within range.

SALIVA E2 levels for a non-menopausal female should be assessed relative to the day of cycle that the specimen was collected.

SALIVA E2 level is adequate and within range.

Saliva E3 level is within range and adequate.

The Estrogen Quotient is within range. Suggestive of a normal estrogen metabolism.

Tests ordered: E123