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Date of Birth : 06-Jul-1985
Sex : F
Collected : 9/Mar/2022
Received: 15/Mar/2022
6/65 PACIFIC PARADE
DEE WHY NSW 2099
Lab id : **3803036** UR#: 6598668

6 EDWARDS BAY ROAD
MOSMAN NSW 2088

ENDOCRINOLOGY SALIVA

SALIVA

DHEAS Profile, Waking+30min

Result

22.4

Range

5.0 - 30.0

Units

nmol/L





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Adrenocortex Stress Comments

CORTISOL AWAKENING RESPONSE:

The cortisol awakening response (CAR) test is a transient, immediate rise in cortisol upon awakening and is distinct from the diurnal rhythm. In a normal individual without significant stressors, cortisol is highest in the morning shortly after awakening, rises by up to 60% roughly 30 minutes after awakening, then steadily drops throughout the day, reaching the lowest level during sleep in the very early morning about 2 am. A loss of the expected curve with its characteristic morning peak and steady decline towards evening may suggest HPA axis dysfunction.

CAR RISE RESPONSE IS LOW:

The rise in Cortisol from waking to 30 minutes post-waking is low.
This indicates possible adrenal insufficiency/exhaustion.

CAR DECLINE RESPONSE WITHIN NORMAL RANGE:

The decline in Cortisol from waking to 60 minutes post-waking is within normal range.
This is consistent with normal Cortisol production/metabolism.

MIDDAY CORTISOL LEVEL IS WITHIN RANGE:

Midday Cortisol level is adequate and within range.

LATE AFTERNOON CORTISOL LEVEL IS WITHIN RANGE:

Late afternoon cortisol level is adequate and within range.

EVENING CORTISOL LEVEL WITHIN RANGE:

Saliva evening cortisol level is normal and within range.