



ALEXANDRA MIDDLETON

NATUROPATHIC NUTRITIONIST

1 JUNE 2022

Dear Dr/ Sir/ Madam,

Re: MICHAEL BAMFORTH D.O.B. 1 SEP 1987

Thank you for seeing Michael who I met with today to fertility support, fatigue, anxiety, depression, joint pain and food intolerances.

Personal history

- 1989- Chicken pox
- 1995 – Chronic tonsillitis; tonsillectomy
- 2003 – Dislocated knee
- General - Dengue fever, herpes simplex I, lead exposure at workplace

Family history

- Mother – Cortico basal degeneration; bladder cancer
- Father – hypertension
- Paternal grandmother – CVA, breast cancer
- Paternal grandfather – myocardial infarction
- Maternal grandfather – CVA

In light of Michael's current symptoms it would be beneficial for us to do a comprehensive review of his general health. As we would like to eliminate any aggravating factors, to assist us further we would appreciate if you would please consider organising the following assessments (pending your review and approval):

- Testosterone (free, indexed), Prolactin, DHEA, LH, FSH, SHBG
- CRP, ESR
- FBC
- UEC, LFT
- B12 & Folate
- Homocysteine
- Iron Studies
- Fasting blood glucose, Insulin, IGF-1, HbA1c
- Fasting cholesterol profile
- Full TFT (TSH, T4, T3, Thyroid antibodies)
- ANA/ENA
- Coeliac screen and gene profile
- General MSU
- Immunoglobulins
- PSA
- STI screen (including ureaplasma/ mycoplasma which his partner has tested positive for)
- Infective profile (post viral screen)



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If there are any assessments you aren't comfortable ordering above please let me know and I can refer Michael for them privately instead. I appreciate your expertise and opinion. Please do not hesitate to contact me.

Yours sincerely,

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