



Specialist Pathologists (02) 9855 5150 Toll free 1800 222 365

General enquiries (all hours) (02) 9855 5222 Results (02) 9855 5100

Douglas Hanly Moir Pathology Pty Limited ABN 80 003 332 858,
a subsidiary of Sonic Healthcare Limited ABN 24 004 196 909 APA 906

Dr E Ahn Dr S Corbett-Burns Dr G Hall Dr C Lim Dr J Newcombe Dr M Roman
Dr A Allende Dr O Crainic Dr F Hanly Dr L Lin Dr I Ngu Dr E Sinclair
Dr T Balle Dr S Danieleto Dr T Harvey Dr S Maclean Dr I Ogle Dr V Stoermer
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Prof S Clark Dr P Guzman Dr R Livingston Dr K Nejad Dr M Rodriguez Dr J Wu
Dr K Young

Patient

Dr Nihad Jackson

FAMILY PRACTICE
SUITE 4
61 SYDNEY ROAD
MANLY NSW 2095

J854

MAN/---/---/---

Paula DIAS DOS SANTOS MONTEIRO

Lab ID : **843513515** Your Ref :

182a Fisher Road North
Cromer 2099

Requested : 17/03/2020
Collected : 19/03/2020 09:01
Received : 19/03/2020 09:04
Printed : 25/03/2020 08:38

DOB : 02/09/1981 (38 Yrs)

Sex : Female

Ph : 0433571639

Herpes Simplex Virus Serology

Herpes Simplex 1 IgG **Not Detected**
Herpes Simplex 2 IgG **Detected**

Comment

These results are suggestive of infection with HSV-2.
If lesions are still present or if they recur confirmation of the
diagnosis by PCR is recommended as serology can be unreliable.

Varicella zoster Virus IgG

Varicella zoster IgG **Detected**

Comment

In the absence of clinical or laboratory evidence of acute Varicella-
zoster infection, this result is consistent with past infection or
vaccination.

Haematology

Date	01/03/19	Current Result	Units	Reference
Time	08:07	09:01		
Lab ID	296135127	843513515		
Haemoglobin	134	139	g/L	(119-160)
RCC	4.7	4.8	x10 ¹² /L	(3.8-5.8)
Haematocrit	0.41	0.42		(0.35-0.48)
MCV	87	89	fL	(80-100)
MCH	28.8	29.2	pg	(27.0-32.0)
MCHC	330	329	g/L	(310-360)
RDW	12.8	13.1		(10.0-15.0)
WCC	5.1	5.8	x10 ⁹ /L	(4.0-11.0)
Neutrophils	2.89	3.41	x10 ⁹ /L	(2.0-7.5)
Lymphocytes	1.55	1.72	x10 ⁹ /L	(1.0-4.0)
Monocytes	0.40	0.36	x10 ⁹ /L	(0.0-1.0)
Eosinophils	0.22	0.20	x10 ⁹ /L	(0.0-0.5)
Basophils	0.05	0.06	x10 ⁹ /L	(0.0-0.3)
NRBC	<1.0	<1.0	/100 WBC	(<1)
Platelets	349	336	x10 ⁹ /L	(150-450)

Comment on Lab ID 843513515

Full blood count is within reference limits

C Reactive Protein (High Sens)

CRP **0.8** mg/L (0.0-5.0)

Blood Bank Serology

Blood Group **B Rh(D) Positive**

Antibody Screen **Negative**



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Biochemistry		Current Result	Units	Reference
Date	01/03/19	19/03/20		
Time	08:07	09:01		
Lab ID	296135127	843513515		
Status	Fasting	Fasting		
Sodium		138	mmol/L	(135-145)
Potassium		4.9	mmol/L	(3.5-5.5)
Chloride		105	mmol/L	(95-110)
Bicarbonate		24	mmol/L	(20-32)
Urea		3.8	mmol/L	(2.5-7.0)
Creatinine		65	umol/L	(45-85)
eGFR		>90	mL/min/1.73m2	(>59)
Bili. Total	6	14	umol/L	(3-15)
ALP	63	64	U/L	(20-105)
GGT	16	18	U/L	(5-35)
LD	141	138	U/L	(120-250)
AST	21	17	U/L	(10-35)
ALT	24	21	U/L	(5-30)
Total Protein	69	73	g/L	(68-85)
Albumin	40	41	g/L	(37-48)
Globulin	29	32	g/L	(23-39)
Cholesterol	4.7	5.3	mmol/L	(3.9-5.5)
Triglycerides	0.5	0.7	mmol/L	(0.5-1.7)
CK		50	U/L	(30-150)

Comment on Lab ID 843513515

eGFR (mL/min/1.73m2) calculated by CKD-EPI formula - see www.kidney.org.au

Lipids and HDL		Current Result	Units	Reference
Date	01/03/19	19/03/20		
Time	08:07	09:01		
Lab ID	296135127	843513515		
Status	Fasting	Fasting		
Cholesterol	4.7	5.3	mmol/L	(3.9-5.5)
Triglycerides	0.5	0.7	mmol/L	(0.5-1.7)
HDL Chol.	1.7	2.1	mmol/L	(0.9-2.1)
LDL Chol.	2.8	2.9	mmol/L	(1.7-3.5)

Comment on Lab ID 843513515

According to current guidelines (Position Statement 2005),
suggested targets are:

- HDL Cholesterol > 1.0 mmol/L
- LDL Cholesterol < 2.0 mmol/L (for patients at high risk)
- < 2.5 mmol/L (for patients at lower risk)
- Triglycerides < 1.5 mmol/L

Glucose		Current Result	Units	Reference
Date	01/03/19	19/03/20		
Time	08:07	09:01		
Lab ID	296135127	843513515		
F Gluc Plasma	4.3	4.5	mmol/L	(3.6-6.0)

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Ph : 0433571639

Iron Studies

Date	01/03/19	Current Result	19/03/20	Units	Reference
Time	08:07	09:01			
Lab ID	296135127	843513515			
Iron	5.7	14.5		umol/L	(5.0-30.0)
Transferrin	2.7	2.5		g/L	(2.0-3.6)
TIBC (Calc)	60	56		umol/L	(46-77)
Saturation	10	26		%	(10-45)
Ferritin	23	42		ug/L	(15-200)

Heavy Metals

Serum Zinc 17 umol/L (10-18)

Thyroid Function

Date	01/03/19	Current Result	19/03/20	Units	Reference
Time	08:07	09:01			
Lab ID	296135127	843513515			
TSH..	2.40	2.10		mIU/L	(0.40-3.50)
Free T4..	12.4			pmol/L	(9.0-19.0)

B12/Folate/RCF

Date	01/03/19	Current Result	19/03/20	Units	Reference
Time	08:07	09:01			
Lab ID	296135127	843513515			
Vitamin B12	219	326		pmol/L	(135-650)
S.Fol (Abbott)	12.1	35.9		nmol/L	(> 7.0)

Comment on Lab ID 843513515

From 8 March 2014, active B12 (holotranscobalamin) testing will be performed on all patients with low or equivocal (at or below 340 pmol/L) total B12 results. Both tests are eligible for a Medicare rebate under these circumstances.

Cytomegalovirus Serology

CMV IgG (CMIA) Detected
CMV IgM (CMIA) Not Detected

Comment

Suggestive of past, not current, CMV infection.



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Rubella Serology

Rubella IgG (CMIA) 26 IU/mL

Comment

< 5 IU/mL: Not immune
5-9 IU/mL: Equivocal
> / = 10 IU/mL: Immune

Antibody detected. In an asymptomatic individual this result is consistent with past infection or vaccination and correlates with protective immunity.

Reproductive Hormones (Abbott Method)

FSH	3.1	IU/L	
LH	3.6	IU/L	
Oestradiol	289	pmol/L	
Progesterone	14.4	nmol/L	
DHEAS	3.9	umol/L	(2.4-13)

Comment

FSH	Basal	1.5 - 10
	Mid cycle peak	7.0 - 22
	Post-menopausal	25 - 130
LH	Basal	2.0 - 12
	Mid cycle peak	8.0 - 90
	Post-menopausal	5.0 - 62
Oestradiol	Follicular phase	< 320
	Preovulatory phase	450 - 2000
	Luteal phase	125 - 1300
	Post-menopausal	< 170
Progesterone	Follicular phase	0.3 - 4.0
	Luteal phase	5.5 - 90.0
	Midluteal	8.5 - 110.0

Prolactin (Roche Method)

Prolactin (Total) 204 mIU/L (85-500)



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BhCG - Quantitative

Human Chorionic Gonadotrophin <5 IU/L

Comment

Expected values for normal pregnancy

Gestational age (from LMP)	IU/L
4 weeks	16 - 160
4-5 weeks	100 - 5000
5-6 weeks	1000 - 30000
6-7 weeks	2500 - 80000
7-8 weeks	23000 - 150000
8-9 weeks	27000 - 230000
9-13 weeks	21000 - 290000
2nd trimester	6000 - 100000
3rd trimester	3000 - 80000

Non Pregnant female - less than 5 IU/L

Please note that from January 2019, the Abbott BhCG assay progressively replaced the Roche BhCG assay at all Douglass Hanly Moir and Barratt & Smith branch laboratories. Standardisation of BhCG methods between the main and branch laboratories enables direct comparison of cumulative test results obtained at different laboratory sites.

Please also note that for the purpose of assessing serial changes in pregnancy status, hCG results obtained by different methods may not be directly comparable.

25-OH Vitamin D

Date	01/03/19	Current Result	19/03/20	Units	Reference
Time	08:07	09:01			
Lab ID	296135127	843513515			
Vitamin D	78	66		nmol/L	(50-140)

Comment on Lab ID 843513515

According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):686-687, 2012, Vitamin D status is defined as:

Mild Deficiency	30 - 49 nmol/L
Moderate Deficiency	12.5 - 29 nmol/L
Severe Deficiency	<12.5 nmol/L

Vitamin D adequacy can be defined as a level >49 nmol/L at the end of winter - the level may need to be 10 - 20 nmol/L higher at the end of summer, to allow for seasonal decrease.

From 1st November 2014, Medicare rebates for vitamin D testing will apply to patients at risk of Vitamin D deficiency such as chronic lack of sun exposure.



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HIV Antigen and Antibody

HIV 1/2 Antigen and Antibody **Negative**

Comment

If serum was taken less than 3 months after exposure, this result may not exclude HIV-1/HIV-2 infection. Therefore another serum specimen should be tested after that time.

Active B12

Date	01/03/19	Current Result	Units	Reference
Time	08:07	19/03/20		
Lab ID	296135127	09:01		
		843513515		
Active B12	101	> 128	pmol/L	(> 35)

Androgens

Testosterone	0.7	nmol/L	(0.2-1.8)
SHBG	86	nmol/L	(30-110)
Free Androgen Index	0.8	%	(0.3-4.0)

Hepatitis B Serology

Hepatitis B Surface Ag **Not Detected**
Hepatitis B Surface Ab **< 10 IU/L**

Comment

Hepatitis B - No evidence of hepatitis B infection or immunity.

Hepatitis C Serology

Hepatitis C Ab (Abbott) **Not Detected**

Comment

Hepatitis C - No evidence of infection with Hepatitis C. Seroconversion is sometimes delayed and repeat testing up to 6 months post-exposure may be necessary to exclude infection.

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Haemoglobin A1c

HbA1c (IFCC) **30** mmol/mol (20-38)
HbA1c **4.9** % (4.0-5.6)

Comment

HbA1c less than 48 mmol/mol (6.5%) does not exclude a diagnosis of diabetes mellitus based upon elevated glucose results. The existing diagnostic criteria for fasting and random glucose levels and for oral glucose tolerance testing remain valid, and are the diagnostic tests of choice for gestational diabetes, type 1 diabetes and in the presence of conditions that interfere with HbA1c measurement. Conditions which may affect the measured HbA1c value include any of the haemolytic anaemias, anaemia of chronic disease, severe liver disease, vitamin B12 and/or folate deficiency, the haemoglobinopathies and regular phlebotomy performed for medical indications or for blood donation. It also should be noted that further investigation is required for any inexplicably low HbA1c level or significant discrepancy between HbA1c and glucose results.

Syphilis Serology

Treponemal Ab (CMIA) **Non Reactive**

Comment

No evidence of treponemal infection. Repeat testing in 2-4 weeks may be indicated if early infection needs to be excluded.

Chlamydia trachomatis Serology

C trachomatis IgG **Not Detected**

Comment

A positive result in this assay does not indicate infection and a negative result does not exclude it. The test provides no useful information regarding current infection with Chlamydia trachomatis and is not recommended for this purpose. PCR (swab or urine) is the preferred investigation in both males and females.

Chlamydia trachomatis PCR

Site **Urine**
C.trachomatis DNA **Not Detected**



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Dr A Broadfoot Dr I Burchett Dr J Burn Dr G Caldwell Dr I Chambers Dr G Phodes Dr J Turchini
Dr J Burn Dr G Caldwell Dr I Chambers Dr G Phodes Dr J Turchini Assoc Prof J Turner
Dr I Chambers Dr G Phodes Dr J Turchini Assoc Prof J Turner Assoc Prof C Vargas
Dr A Chesah Prof S Clark Dr P Gorman Dr R Livingston Dr K Nejad Dr M Rodriguez Dr M Wehrhahn
Dr C Wong Dr J Wu Dr K Young

Dr Nihad Jackson

FAMILY PRACTICE
SUITE 4
61 SYDNEY ROAD
MANLY NSW 2095

J854

MAN/---/---/---

Patient

Paula DIAS DOS SANTOS MONTEIRO

Lab ID : 843513515 Your Ref :

182a Fisher Road North
Cromer 2099

Requested : 17/03/2020

Collected : 19/03/2020 09:01

Received : 19/03/2020 09:04

Printed : 25/03/2020 08:38

DOB : 02/09/1981 (38 Yrs)

Sex : Female

Ph : 0433571639

Neisseria gonorrhoeae PCR

Site
N.gonorrhoeae DNA

Urine
Not Detected

[Handwritten signature]

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