

GP Management Plan REVIEW (732)

NB: Use the tab key or mouse to move through the form

Patient Name

Ms Hoang Minh Nguyen
17 Deakin Place
West Pennant Hills 2125

Date: 16/12/2022

Doctor Preparing Plan (who is the patient's usual doctor). Informed consent has been obtained to prepare this review.
Dr. Daniel Teo

Date of GP Management Plan: 16/12/2022

Review of GP Management Plan goals:

Goals	Have goals been met?	Further actions required?
diabetic control	yes	no, repeat in April 2023
cho/LDL	yes	no, repeat in April 2023
ACR	yes	monitor
BP	yes	monitor

Is a revised (new) GP Management Plan (721) required? NO

Review of GP Management Plan goals discussed with patient? YES

Copies of the review sent to Providers involved in the plan? YES/NO

Next Review date:

NGUYEN, HOANG MINH (NANCY)
 17 DEAKIN PL, WEST PENNANT HILLS. 2125
 Phone: 0402204154
 Birthdate: 14/04/1963 Sex: F Medicare Number: 2101485521
 Your Reference: DA976D2E4C Lab Reference: 884857983-C-HDL
 Laboratory: dhm
 Addressee: DR DANIEL TEO Referred by: DR DANIEL TEO

Name of Test: Lipids HDL(s)
 Requested: 09/12/2022 Collected: 12/12/2022 Reported: 12/12/2022
 14:55

Clinical notes: hypothyroidism, Ca thyroid, adjusting oroxine, NIDDM ON
 CRESTOR 5MG AND OROXINE 50MCG

Clinical Notes : hypothyroidism, Ca thyroid, adjusting
 oroxine, NIDDM ON CRESTOR 5MG AND OROXINE
 50MCG

Date	12/12/22	25/08/22	14/04/22	09/12/21
Time	07:54	07:45	09:58	10:03
Lab ID	884857983	Units	Reference	881740500 869415773
865646034				

Status	Fasting			Fasting	Fasting	Fasting
Cholesterol	4.0	mmol/L	(<5.5)	3.8	3.9	4.3
Trigs	1.2	mmol/L	(<2.0)	1.2	1.1	1.1
HDL Chol.	1.9	mmol/L	(>1.2)	1.8	1.9	H 2.2
LDL Chol.	1.5	mmol/L	(<3.0)	1.4	L 1.5	L 1.6
Non-HDL Chol.	2.1	mmol/L	(<4.0)	2.0		

Comments on Collection 12/12/22 0754 F:
 Please note that the above reference limits are decision limits.
 A flag based on these limits is an indication to review the absolute
 cardiovascular risk for the patient. For assessment of absolute
 cardiovascular disease risk please see www.cvdcheck.org.au

The above decision limits are based on the European Atherosclerosis Society
 (EAS) and European Federation of Clinical Chemistry and Laboratory Medicine
 (EFLM) Consensus Statement 2016 and the Australasian Association of
 Clinical Biochemistry and Laboratory Medicine (AACB) Lipid Reporting
 Guideline 2018.

Lipid treatment targets for patients at high risk of cardiovascular
 disease:

Total cholesterol	<4.0 mmol/L
Triglyceride	<2.0 mmol/L
HDL cholesterol	>1.0 mmol/L
LDL cholesterol	<2.5 mmol/L (<1.8 mmol/L for very high risk)
Non-HDL cholesterol	<3.3 mmol/L (<2.5 mmol/L for very high risk)

High risk - Primary prevention Very high risk - Secondary prevention

Target values from the AACB Lipid Reporting Guideline 2018.

Please note that as there is a continuum of risk, benefits are obtained for
 any measured lipid components moving towards and beyond the various target
 levels.

Lipid reporting was updated on 25/08/2022 with new reference limits for
 patients >=10 years old, revised treatment targets and the addition of a

NGUYEN, HOANG MINH (NANCY)
 17 DEAKIN PL, WEST PENNANT HILLS. 2125
 Phone: 0402204154
 Birthdate: 14/04/1963 Sex: F Medicare Number: 2101485521
 Your Reference: DA976D2E4C Lab Reference: 884857983-C-GHB
 Laboratory: dhm
 Addressee: DR DANIEL TEO Referred by: DR DANIEL TEO

Name of Test: HbA1c
 Requested: 09/12/2022 Collected: 12/12/2022 Reported: 12/12/2022
 13:25

Clinical notes: hypothyroidism, Ca thyroid, adjusting oroxine, NIDDM ON
 CRESTOR 5MG AND OROXINE 50MCG

Clinical Notes : hypothyroidism, Ca thyroid, adjusting
 oroxine, NIDDM ON CRESTOR 5MG AND OROXINE
 50MCG

HbA1c				
Date	12/12/22		25/08/22	14/04/22 09/12/21
Time	07:54		07:45	09:58 10:03
Lab ID	884857983	Units	Reference	881740500 869415773
865646034				

HbA1c (IFCC)	H 51	mmol/mol	(20-38)	H 52	H 47	H 46
HbA1c (NGSP)	H 6.8	%	(4.0-5.6)	H 6.9	H 6.4	H 6.4

Comments on Collection 12/12/22 0754 F:
 HbA1c TARGET LEVELS (mmol/mol) for adults with diabetes mellitus (DM)*
 <43 (<6.1%) recent type 2 DM either in pregnancy/planning pregnancy
 or requiring lifestyle modification +/- metformin
 <49 (<6.6%) recent type 2 DM requiring treatment other than
 metformin or insulin
 <54 (<7.1%) GENERAL TARGET for type 1 DM including pregnancy/planning
 pregnancy and type 2 DM of long duration or with clinical
 cardiovascular disease (any therapy) or requiring insulin
 <65 (<8.1%) type 1 or type 2 DM associated with recurrent
 severe hypoglycaemia or hypoglycaemia unawareness

* Position Statement of the Australian Diabetes Society
 MJA 2009;191(6):339-346.

Please note that on 19/08/2021, HbA1c measurement changed from the Biorad
 D-100 to the Sebia Capillarys 3 method.

NATA Accreditation No 2178

Tests Completed: HbA1c Mon(e)

Tests Pending : LFT(s), Lipids(s), C(s), UCreat(s), E(s), Glu(p), Phos(s),
 UA(s), Lipids HDL(s), Ca(s), RU-Malb, TFT(s),
 Thyroglobulin Ab(s), Thyroglobulin (s)

Sample Pending :

NGUYEN, HOANG MINH (NANCY)
 17 DEAKIN PL, WEST PENNANT HILLS. 2125
 Phone: 0402204154
 Birthdate: 14/04/1963 Sex: F Medicare Number: 2101485521
 Your Reference: DA976D2E4C Lab Reference: 884857983-E-Thyroid
 Function
 Laboratory: dhm
 Addressee: DR DANIEL TEO Referred by: DR DANIEL TEO

Name of Test: Thyroid Function
 Requested: 09/12/2022 Collected: 12/12/2022 Reported: 12/12/2022
 17:25

Clinical notes: hypothyroidism, Ca thyroid, adjusting oroxine, NIDDM ON
 CRESTOR 5MG AND OROXINE 50MCG

Clinical Notes : hypothyroidism, Ca thyroid, adjusting
 oroxine, NIDDM ON CRESTOR 5MG AND OROXINE
 50MCG

TFT
 Date 12/12/22
 Time 07:54
 Lab ID 884857983 Units Reference
 869415773 25/08/22 01/07/22 14/04/22
 07:45 11:59 09:58
 881740500 880978352
 TSH L 0.34 ✓ mIU/L (0.40-4.00) L 0.21 L 0.22 3.49
 Free T4 H 20.8 ↑ pmol/L (9.0-19.0) 16.8 H 19.5 16.6
 Free T3 4.1 pmol/L (2.6-6.0) 4.0 3.8

*** The above result is provisional. Finalised report to follow. ***

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), C(s), UCreat(s), E(s), Glu(p), Phos(s),
 UA(s), Lipids HDL(s), Ca(s), RU-Malb, TFT(s),
 HbA1c Mon(e), Thyroglobulin Ab(s), Thyroglobulin (s)

Tests Pending : :TFT(s)

Sample Pending :

NGUYEN, HOANG MINH (NANCY)
 17 DEAKIN PL, WEST PENNANT HILLS. 2125
 Phone: 0402204154
 Birthdate: 14/04/1963 Sex: F Medicare Number: 2101485521
 Your Reference: DA976D2E4C Lab Reference: 884857983-C-MALBUR
 Laboratory: dhm
 Addressee: DR DANIEL TEO Referred by: DR DANIEL TEO

Name of Test: RU-Malb
 Requested: 09/12/2022 Collected: 12/12/2022 Reported: 12/12/2022
 16:55

Clinical notes: hypothyroidism, Ca thyroid, adjusting oroxine, NIDDM ON
 CRESTOR 5MG AND OROXINE 50MCG

Clinical Notes : hypothyroidism, Ca thyroid, adjusting
 oroxine, NIDDM ON CRESTOR 5MG AND OROXINE
 50MCG

Date	12/12/22		25/08/22	14/04/22	09/12/21
Time	07:54		07:45	09:58	10:03
Lab ID	884857983	Units	Reference	881740500	869415773

865646034

R U-Creatinine	5.0	mmol/L		3.4	4.4	4.8
R U-Albumin	3.7	mg/L		<3.0	4.6	5.7
R U-Alb/Creat	0.7	mg/mmol	(<3.5)	<0.9	1.0	1.2

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), C(s), UCreat(s), E(s), Glu(p), Phos(s),
 UA(s), Lipids HDL(s), Ca(s), RU-Malb, TFT(s),
 HbA1c Mon(e), Thyroglobulin Ab(s), Thyroglobulin (s)
 Tests Pending : :TFT(s)
 Sample Pending :

NGUYEN, HOANG MINH (NANCY)
 17 DEAKIN PL, WEST PENNANT HILLS. 2125
 Phone: 0402204154
 Birthdate: 14/04/1963 Sex: F Medicare Number: 2101485521
 Your Reference: DA976D2E4C Lab Reference: 884857983-C-Tg or Thy Ab
 Laboratory: dhm
 Addressee: DR DANIEL TEO Referred by: DR DANIEL TEO

Name of Test: Tg &/or Thy Ab (s)
 Requested: 09/12/2022 Collected: 12/12/2022 Reported: 12/12/2022
 15:25

Clinical notes: hypothyroidism, Ca thyroid, adjusting oroxine, NIDDM ON
 CRESTOR 5MG AND OROXINE 50MCG

Clinical Notes : hypothyroidism, Ca thyroid, adjusting
 oroxine, NIDDM ON CRESTOR 5MG AND OROXINE
 50MCG

Thyroglobulin and/or Thyroid Antibodies

Date	12/12/22	01/07/22	27/01/22	05/01/21
Time	07:54	11:59	10:58	11:30
Lab ID	884857983	880978352	866411523	
Units				
Reference				

	01/07/22	27/01/22	05/01/21
Tg (Immulate)			
Tg (Abbott)	0.2	<0.9	<0.9
Anti-Tg (Abbott)	1.6	2.2	2.1

Comments on Collection 12/12/22 0754 F:
 Although thyroglobulin autoantibodies are below the reference limit, the
 presence of any detectable autoantibody may cause interference in the
 estimation of thyroglobulin.
 Please note that from 27/01/2022, Thyroglobulin measurement changed from
 the Siemens Immulite to the Abbott Architect method.

Please also note that:
 - the upper reference limit has changed to <65 ug/L.
 - the new assay is more sensitive with a lower limit of reporting of <0.1
 ug/L (Abbott method) compared to <0.9 ug/L (Siemens method).
 - measured values with the Abbott method are approximately 70% of those
 using the Immulite method on the same serum specimen so that results
 obtained using the two methods are not directly comparable.

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), C(s), UCreat(s), E(s), Glu(p), Phos(s),
 UA(s), Lipids HDL(s), Ca(s), TFT(s), HbA1c Mon(e),
 Thyroglobulin Ab(s), Thyroglobulin (s)
 Tests Pending : RU-Malb, :TFT(s)
 Sample Pending :

NGUYEN, HOANG MINH (NANCY)
17 DEAKIN PL, WEST PENNANT HILLS. 2125
Phone: 0402204154
Birthdate: 14/04/1963 Sex: F Medicare Number: 2101485521
Your Reference: DA976D2E4C Lab Reference: 884857983-C- Glucose
Laboratory: dhm
Addressee: DR DANIEL TEO Referred by: DR DANIEL TEO

Name of Test: Glucose
Requested: 09/12/2022 Collected: 12/12/2022 Reported: 12/12/2022
15:25

Clinical notes: hypothyroidism, Ca thyroid, adjusting oroxine, NIDDM ON
CRESTOR 5MG AND OROXINE 50MCG

Clinical Notes : hypothyroidism, Ca thyroid, adjusting
oroxine, NIDDM ON CRESTOR 5MG AND OROXINE
50MCG

GLUCOSE
Date 12/12/22 25/08/22 14/04/22 09/12/21
Time 07:54 07:45 09:58 10:03
Lab ID 884857983 Units Reference 881740500 869415773
865646034

F Gluc Plasma H 7.6 mmol/L (3.6-6.0) H 7.2 H 6.4 H 7.6

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), C(s), UCreat(s), E(s), Glu(p), Phos(s),
UA(s), Lipids HDL(s), Ca(s), TFT(s), HbA1c Mon(e),
Thyroglobulin Ab(s), Thyroglobulin (s)
Tests Pending : RU-Malb, :TFT(s)
Sample Pending :

NGUYEN, HOANG MINH (NANCY)
 17 DEAKIN PL, WEST PENNANT HILLS. 2125
 Phone: 0402204154
 Birthdate: 14/04/1963 Sex: F Medicare Number: 2101485521
 Your Reference: DA976D2E4C Lab Reference: 884857983-C-Biochemistry
 Laboratory: dhm
 Addressee: DR DANIEL TEO Referred by: DR DANIEL TEO

Name of Test: Biochemistry
 Requested: 09/12/2022 Collected: 12/12/2022 Reported: 12/12/2022
 14:55

Clinical notes: hypothyroidism, Ca thyroid, adjusting oroxine, NIDDM ON
 CRESTOR 5MG AND OROXINE 50MCG

Clinical Notes : hypothyroidism, Ca thyroid, adjusting
 oroxine, NIDDM ON CRESTOR 5MG AND OROXINE
 50MCG

BIOCHEMISTRY

Date	12/12/22	25/08/22	14/04/22	09/12/21
Time	07:54	07:45	09:58	10:03
Lab ID	884857983 Units	Reference	881740500	869415773

865646034

Status	Fasting		Fasting	Fasting	Fasting
Sodium	140	mmol/L (135-145)	137	140	141
Potassium	4.0	mmol/L (3.5-5.5)	4.2	4.5	4.4
Chloride	102	mmol/L (95-110)	100	103	104
Bicarbonate	26	mmol/L (20-32)	31	27	28
Urea	5.1	mmol/L (3.0-8.0)	4.8	4.4	3.5
Creatinine	65	umol/L (45-85)	65	70	65
eGFR	87	mL/min/1.73m2 (>59)	87	81	87
Urate	0.24	mmol/L (0.15-0.40)	0.29	0.28	0.26
Calcium	2.48	mmol/L (2.15-2.55)	2.28	2.30	2.50
Corr. Cal.	2.42	mmol/L (2.15-2.55)	2.26	2.24	2.36
Phosphate.	1.12	mmol/L (0.8-1.5)	1.20	1.20	1.25
Bili.Total	9	umol/L (3-15)	12	15	H 21
ALP	52	U/L (30-115)	57	58	57
GGT	12	U/L (5-35)	12	9	11
LDH	165	U/L (120-250)	159	153	183
AST	24	U/L (10-35)	24	26	34
ALT	22	U/L (5-30)	23	21	H 37
Protein	75	g/L (64-83)	73	75	80
Albumin	46	g/L (36-47)	44	46	H 50
Globulin	29	g/L (23-39)	29	29	30
Cholesterol	4.0	mmol/L (<5.5)	3.8	3.9	4.3
Trigs	1.2	mmol/L (<2.0)	1.2	1.1	1.1

Comments on Collection 12/12/22 0754 F:
 eGFR (mL/min/1.73m2) calculated by CKD-EPI formula - see www.kidney.org.au

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), C(s), UCreat(s), E(s), Phos(s), UA(s),
 Lipids HDL(s), Ca(s), HbA1c Mon(e)
 Tests Pending : Glu(p), RU-Malb, TFT(s), Thyroglobulin Ab(s), Thyroglobulin (s)
 Sample Pending :

non-HDL cholesterol result.

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), C(s), UCreat(s), E(s), Phos(s), UA(s),
Lipids HDL(s), Ca(s), HbA1c Mon(e)

Tests Pending : Glu(p), RU-Malb, TFT(s), Thyroglobulin Ab(s), Thyroglobulin (s)

Sample Pending :