



Dr Conroy Howson MBBCH, FCS(SA), FRACS

Provider Number: 268161XY

Suite 4, The McCullough Centre
259 McCullough St, Sunnybank 4109
T: (07) 3219 5133
F: (07) 3041 0487
cityentspecialist@gmail.com
www.specialistent.com.au

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Dr Martin Hines
Mayfair Medical Centre Pty Ltd
Mayfair Village On Manly
1 Burnett Street
Manly West QLD 4179

Dear Martin,

RE: Mr Noel Peck
DOB: 05/06/68

Diagnosis: Cervical spondylosis, bilateral mild to moderate sensorineural hearing loss

Management: Reassurance, remedial neck massage, neck stretching, review as is required.

Thank you for asking me to see Noel, who is a 54 year old gentleman, who is known to my practice. He was last seen in 2018 for an unrelated problem. He reports that he has bilateral tinnitus, worse on the left side. He was experiencing a full feeling in the left ear previously but this has since settled quite nicely. He was sent for an audiogram which showed a bilateral mild to moderate symmetric sensorineural hearing loss with normal middle ear compliance. He suffers from a stiff neck which gives him problems from time to time, he is known to grind his teeth.

Examination today shows some wax bilaterally, his tympanic membranes are intact. His nose shows a deflection of the nasal septum with a posterior spur to the right. The middle meati and post nasal space are clear. His middle ear compliance is normal. I can see that they tried to test his eustachian tube function, but he could not valsalva or clear the middle ear, but I do not feel that this is an issue as physiologically, he is able equalise as is demonstrated by his normal middle ear compliance. As far as his nose is concerned, it looks quite healthy and no further action is required.

His neck is very stiff and tight, I have directed him to Wendy Cheah who is a remedial therapist who can help him, he works out in Richlands so this maybe convenient, or otherwise he may be able to see her here as she will be starting in the McCullough Centre. Otherwise I can see him on a when necessary basis.

Kind regards
Dr Conroy Howson

(Validated by Dr Howson)

cc: Ms Wendy Cheah, Remedial Massage & Myotherapist (email: hello.wendycheahyourmst@gmail.com)