

Lab ID 942941447

DOB 08/07/1987 (35 Yrs FEMALE)

Referrer Dr Richard Rowe

Address GORDON FAMILY PRACTICE SHOP 2 GORDON SHOPS 114

LEWIS LUXTON AVENUE GORDON ACT 2906

Phone 0262940990

Clinical Notes on thyroid replacement

Your ref. 942941447

Address 1 CLISBY CLOSE

COOK ACT 2614

Phone 0423515505

Copy to Dr Jane Taylor (0262940990)

Requested 30/01/2023

Collected 09/02/2023 08:07

Received 09/02/2023 08:07

IRON STUDIES

Test Name	Result	Reference Interval	Units	
Iron	18.0	5.0 - 30.0	umol/L	
Transferrin	2.5	2.0 - 3.6	g/L	
Saturation	29	10 - 45	%	
Ferritin	22	15 - 200	ug/L	

Iron stores are borderline low.

CA

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Reported on 09-02-2023 11:28

THYROID FUNCTION TESTS

Test Name	Result	Reference Interval	Units	
Free T4	12.7	9.0 - 19.0	pmol/L	
• TSH	0.02 L	0.40 - 3.5	mIU/L	
Free T3	3.9	2.6 - 6.0	pmol/L	

CA

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16/02/2023 10:02:09 Accredited for compliance with NPAAC standards and ISO 15189



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THYROID ANTIBODIES

Test Name	Result	Reference Interval	Units	
Anti-thyroglobulin Ab	2	<5	IU/mL	
Anti-thyroid peroxidaseAb	16 H	<6	IU/mL	

Low levels of antibodies can occur in normal individuals (mainly elderly) and may also occur in non-thyroid autoimmune and chromosomal disorders.

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METALS IN WHOLE BLOOD, RED CELLS, PLASMA OR SERA

Selenium 3.4 H 0.7 - 1.4 umol/L

Toxic effects due to selenium have been reported at concentrations higher than 5 umol/L; however toxicity is dependent on the chemical form (species) of selenium present. Inorganic forms of selenium such as selenite and selenate are more toxic than organic forms such as selenomethionine or selenocysteine which can be found in meat and dairy products, cereals, seafood, and nuts. Sullivan Nicolaides Pathology does not currently offer selenium speciation. Diagnosis of selenium toxicity is based on clinical signs and symptoms, and is supported by laboratory results.

Early signs of acute toxicity include hypotension and tachycardia. Common symptoms include nausea, vomiting, diarrhoea, abdominal pain, tremor, muscle spasms, restlessness, confusion, delirium, and coma. Chronic selenium toxicity (selenosis) is often characterised by alopecia, peripheral neuropathy, and nail changes (namely brittleness, with white spots or longitudinal streaks on the surface). Nail breaks can also occur, which may grow back deformed. As selenosis progresses, decreased cognitive function, weakness, paralysis, and death can occur. A strong garlic-like odour is usually present in both acute and chronic toxicity; this is due to a volatile metabolite called dimethylselenide.

For further information please contact Dr. Lee Price (phone 07 33778672) or Dr. David Kanowski (phone 07 33778779).

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REVERSE T3

Reverse T3 474 140 - 540 pmol/L

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TRACE ELEMENTS IN BLOOD

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Zinc 14 10 - 18 umol/L

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