

**Sports Medicine
Sport & Exercise
Physicians**

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Dr. David Bolzonello
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Dr. Tanusha Cardoso
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**Sport & Exercise
Medicine Registrars**

Dr. Samantha May
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Dr. Michael Giummarra
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Dr. Hussain Khan
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Dr. Carlee Van Dyk
Provider No. 434206GL
Dr. Jacob Jewson
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Orthopaedic Surgery
Mr. Simon Holland
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Physiotherapy
Dr. Gaylene McKay
Dr. Kay Copeland
Jessica Thornton
Nino La Scala
Madeleine Thompson
Dr. Sonya Moore
Simone Muscat
Daniel Abrams
Sam Pietsch
Laura Yammouni
Sarah Wolff
Bradley Smith
Simon Lumb
Sean Towers
Katharine Camobreco
Fiona Jacobs
Jacob Monk
Brandon Lowe
Nick Leman
Jennifer Lohmus

Massage
Donna Calella
Nicole Young
Cecilia Jensen
Brooke Skaf

Podiatry
Mark Whiteside
Emma Poynton
Zoe Giacobbe

**Occupational
Hand Therapy**
Sarah Armanios
Melita Ryan

Dietetics
Kristen Djermanovic
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16 February 2023

A/Prof Martin Richardson
Level 7, Suite 7.5
32 Erin St
Richmond VIC 3121
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Dear A/Prof Richardson,

RE: **Jennifer Burgess**
DOB: 29/05/1956
45 Miles St
IVANHOE VIC 3079
M: 0412 317 700

Many thanks for seeing Jennifer, a 66 year old fit and well, right hand dominant Sustainability Australia employee with severe left sternoclavicular joint arthritis.

Jennifer has had significant pain and swelling of the left SC joint since early July last year. This started about 6 weeks after a COVID infection that was followed by shingles. She then noticed left SCJ pain which she thinks was associated with more heavy lifting at work. There was no obvious acute injury and she doesn't recall one in the past.

I saw Jennifer in early October this year where she had bloods and an MRI. Her blood tests were all unremarkable but her SC joint was quite degenerative at this stage. She saw another colleague for follow up and was referred for a corticosteroid injection into the joint which relieved her symptoms for about 6 weeks. Unfortunately, Jennifer's pain and swelling at the site returned, and she's also had intermittent neck soft tissue swelling in the supraclavicular/anterior triangle region, but this is not always present.

On examination Jennifer is very tender and swollen at the left SCJ. She has no carotid bruits and no swelling of the left arm.

I organised a repeat MRI for Jennifer which shows quite marked increase in joint remodelling/degeneration but no effusion. There was some concern for abutment of the left brachiocephalic vein due to the osteophytes but she doesn't have any upper limb symptoms and neck ultrasound was negative. Repeat bloods were again unremarkable.

I would greatly appreciate your opinion on the best course of management for Jennifer going forward, particularly due to the rapid acceleration of the degeneration and proximity to her brachiocephalic vein. If you have any questions please do not hesitate to contact me.

Yours sincerely,



Dr Jacob Jewson
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Alphington Sports Medicine Clinic
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