

**Patient Name:** REYNOLDS, NERISSA A  
**Patient Address:** 162 HULLS RD, CRABBES CREEK 2483  
**D.O.B:** 5/04/1980  
**Medicare No.:** 2506918632  
**Lab. Reference:** 667932368-H-E416  
**Addressee:** DR CAMILLA WHITE

**Gender:** F  
**IHI No.:**  
**Provider:** SNP  
**Referred by:** Dr Camilla White

**Date Requested:** 24/10/2022  
**Date Collected:** 18/11/2022  
**Specimen:**

**Date Performed:** 18/11/2022  
**Complete:** Final

**Subject(Test Name):** HBA1C  
**Clinical Information:**

Clinical Notes : 42yo F - previous thyroid issues ?  
hypothyroidism, weight issues, ?  
perimenopause

#### HbA1c

		Latest Results		
Date		13-Nov-17	18-Nov-22	
Time F-Fast		1151	0707 F	
Lab Id.		639547413	667932368	Reference Units
HbA1c (NGSP)	5.1	5.4	(<6.5)	%
HbA1c (IFCC)	32	36	(<48)	mmol/mol

Comments on Collection 18-Nov-22 0707 F:  
The currently accepted cut-point for diagnosis of Type 2 Diabetes is an HbA1c level equal to or greater than 6.5% (48 mmol/mol) in patients with normal red blood cell turnover.  
An abnormal screening HbA1c equal to or greater than 6.5% (48 mmol/mol) should be confirmed by a repeat HbA1c level as soon as possible, prior to any dietary adjustment or therapeutic intervention.  
If the follow up HbA1c is less than 6.5% (48mmol/mol) then the patient does not have diabetes and should be rescreened in 12 months time.  
(Ref: MJA 197/4:220-221 (2012))  
Patients with HbA1c levels of 5.7 - 6.4% (38 - 46 mmol/mol) may still have a slightly increased risk of microvascular complications according to the AusDiab study.  
The Medicare item for HbA1C for diagnosis of Diabetes Mellitus is limited to one test per 12 months; for monitoring Diabetes testing remains unchanged - 4 tests per 12 months.  
Further information may be found at MBS online  
<http://www9.health.gov.au/mbs/search.cfm>  
An alternative test to monitor diabetes such as serum fructosamine is advisable in the presence of altered red cell lifespan.  
HbA1c performed on the Sebia Cap3 analyser by capillary electrophoresis.

HA

#### PDF Image Enhanced Report

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<https://sdrviewer.apps.sonichealthcare.com/?GUID=9579C554-2F60-4D76-82DD-9A3F0A6FC5E4&hostCode=SNP&shareType=1>

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Tests Completed: HDL-Cholesterol, Ferritin, CRP, E/LFT, TSH, Vitamin B12,  
Folate (Serum), LH, FSH, Oestradiol, Progesterone,  
Active B12, Vitamin D, HbA1c, Cortisol AM, FBE

Tests Pending : Zinc  
Sample Pending :