

**Patient Name:** REYNOLDS, NERISSA A  
**Patient Address:** 162 HULLS RD, CRABBES CREEK 2483  
**D.O.B:** 5/04/1980  
**Medicare No.:** 2506918632  
**Lab. Reference:** 667932368-C-C847  
**Addressee:** DR CAMILLA WHITE

**Gender:** F  
**IHI No.:**  
**Provider:** SNP  
**Referred by:** Dr Camilla White

**Date Requested:** 24/10/2022  
**Date Collected:** 18/11/2022

**Date Performed:** 18/11/2022  
**Complete:** Final

**Specimen:**  
**Subject(Test Name):** S- LIPID PROFILE  
**Clinical Information:**

Clinical Notes : 42yo F - previous thyroid issues ?  
hypothyroidism, weight issues, ?  
perimenopause

#### Lipid Profile

| Date               | Latest Results |           |           |                  | Reference | Units  |
|--------------------|----------------|-----------|-----------|------------------|-----------|--------|
|                    | 21-Mar-17      | 13-Nov-17 | 13-Feb-18 | 18-Nov-22        |           |        |
| <b>Time F-Fast</b> | 0911           | 1151      | 1135      | <b>0707 F</b>    |           |        |
| <b>Lab Id.</b>     | 634466435      | 639547413 | 640959818 | <b>667932368</b> |           |        |
| Cholesterol        | 3.8 L          | 4.0       | 3.5 L     | 4.5              | (<5.6)    | mmol/L |
| Triglyceride       |                | 0.7       |           | 1.0              | (<2.1)    | mmol/L |
| HDL                |                | 1.55      |           | 1.34             | (>1.09)   | mmol/L |
| LDL                |                | 2.1       |           | 2.7              | (<4.1)    | mmol/L |
| Chol/HDL Ratio     |                | 2.6       |           | 3.4              | (<4.6)    |        |
| Non HDLC           |                |           |           | 3.16             | (<3.81)   | mmol/L |

Comments on Collection 18-Nov-22 0707 F:

HDL-Cholesterol

The National Vascular Disease Prevention Alliance (NVDPA) guidelines recommend a target level of less than 2.5 mmol/L for non-HDLC.

TARGET LEVELS:

The National Vascular Disease Prevention Alliance (NVDPA) treatment target levels for high risk people (known coronary heart and other arterial disease, diabetes, chronic renal failure, Aboriginal and Torres Strait Islander peoples and familial hyperlipidaemic conditions) are:

Total Cholesterol <4.0 mmol/L  
HDL-Cholesterol >=1.00 mmol/L  
Fasting Triglycerides <2.0 mmol/L  
Non-HDL Cholesterol <2.5 mmol/L

Increased non-HDL Cholesterol is the most significant marker for subclinical atherosclerosis (ref: Cardiology Today 2013; 3(2) : pp25-27).

CA

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Tests Completed: HDL-Cholesterol, CRP, E/LFT, FBE

Tests Pending : Ferritin, Zinc, TSH, Vitamin B12, Folate (Serum), LH, FSH, Oestradiol, Progesterone, Vitamin D, HbA1c, Cortisol AM

Sample Pending :