



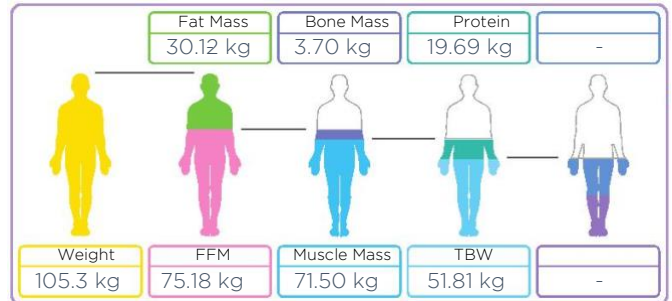
Body Composition Analyzer

Date 14/6/2022 02:16

ID	12548199				
Name	Nate			Height	183 cm
Age	29		Type	PT	

Details

	Result	Normal	Target
Weight	105.3 kg	62-84 kg	-
Fat	28.60 %	8-19%	-
Fat Mass	30.12 kg		-
Fat Free Mass	75.18 kg		-
Muscle Mass	71.50 kg		-
BMI	31.40	18.5-25	-
Metabolic Age	44.00		-

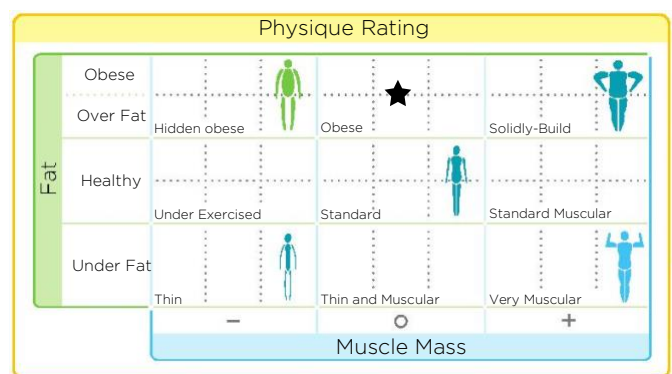


BMR - Visceral Fat Rating - TBW

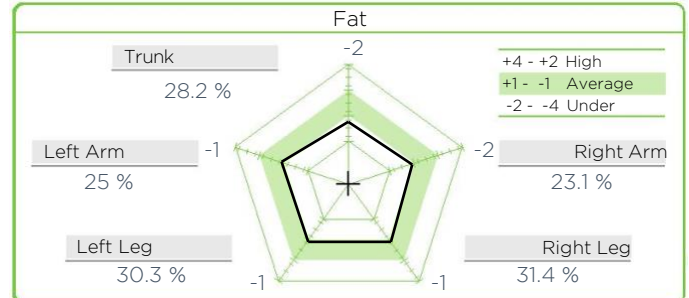
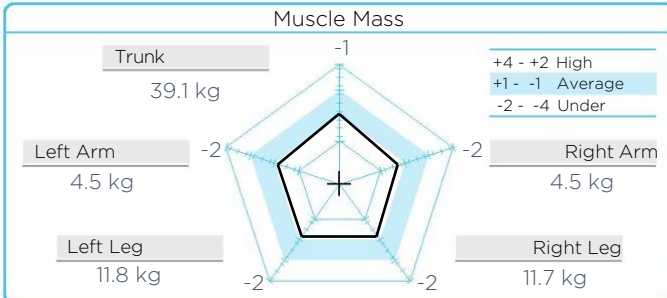
BMR	9493 kJ	
	2269 kcal	



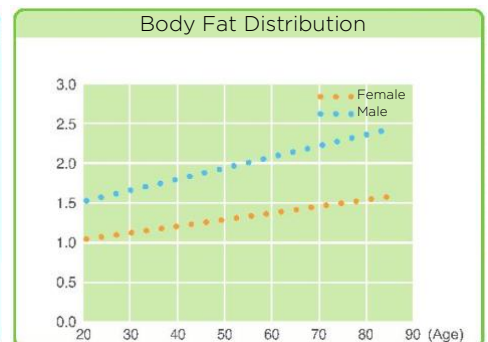
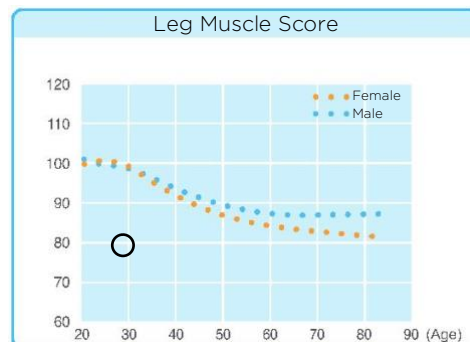
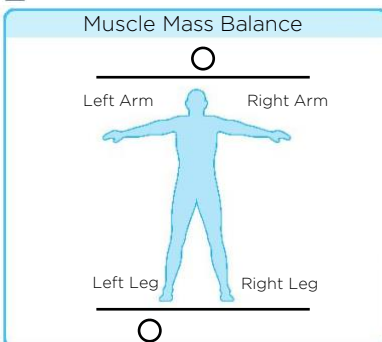
Total Body Water	49.20%	
	51.81 kg	



Segmental Analysis

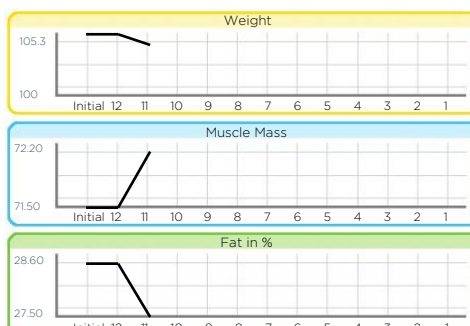


Balance



History

	Weight	Muscle Mass	Fat in %
19.07.2022	104.8	72.20	27.50
14.06.2022	105.3	71.50	28.60
Initial	105.3	71.50	28.60



Recommendations	