



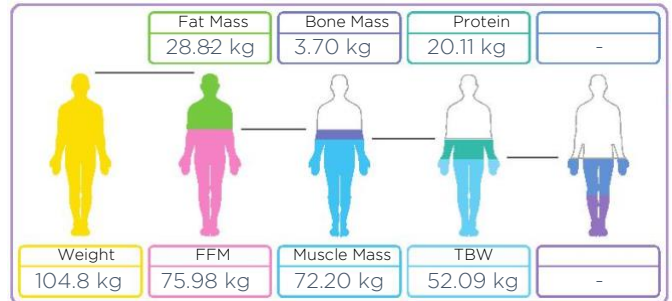
Body Composition Analyzer

Date 19/7/2022 02:44

ID	13032538		
Name	Nate		Height 183 cm
Age	29	Type	PT

Details

	Result	Normal	Target
Weight	104.8 kg	62-84 kg	-
Fat	27.50 %	8-19%	-
Fat Mass	28.82 kg		-
Fat Free Mass	75.98 kg		-
Muscle Mass	72.20 kg		-
BMI	31.30	18.5-25	-
Metabolic Age	44.00		-

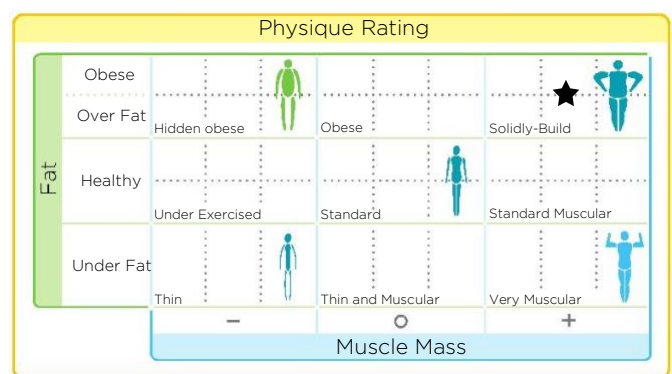


BMR - Visceral Fat Rating - TBW

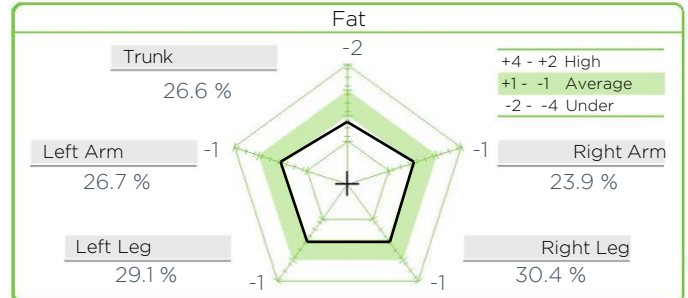
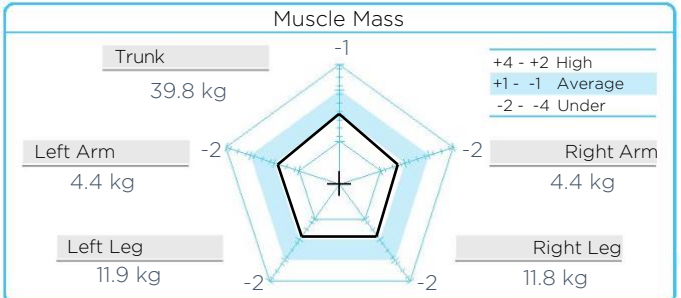
BMR	9569 kJ	
	2287 kcal	



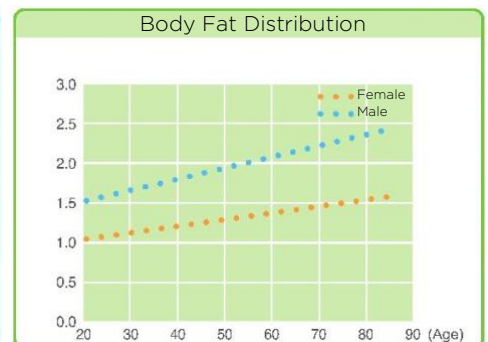
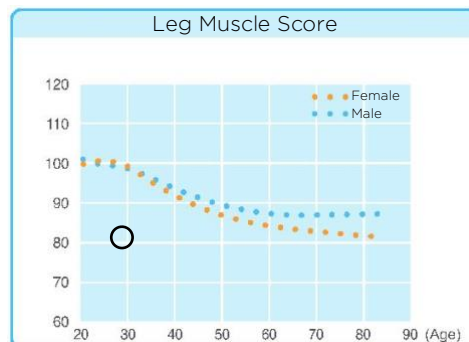
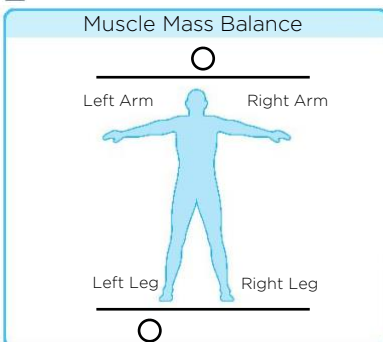
Total Body Water	49.70%	
	52.09 kg	



Segmental Analysis

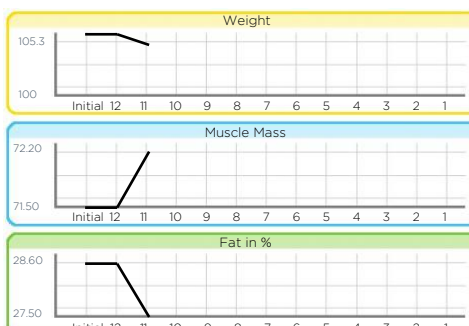


Balance



History

	Weight	Muscle Mass	Fat in %
19.07.2022	104.8	72.20	27.50
14.06.2022	105.3	71.50	28.60
Initial	105.3	71.50	28.60



Recommendations