

**THE MADISON  
MEDICAL PRACTICE  
ST IVES**



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Healthlink EDI: MMSTIVES

25/07/2023

Dr Juman Farjo ([info@drfarjo.com.au](mailto:info@drfarjo.com.au))  
3 Westbourne Street  
North Shore Private Hospital Suite 9, Level 3  
St Leonards. 2065  
Phone: (02) 9251 6555

**RE: Ms Heather Catchpoole  
26 Kingsway  
Hazelbrook. 2779**

DOB: 15/06/1983

Dear Juman,

Thank you for seeing Heather Catchpoole for an opinion and management of heavy menstrual bleeding and endometrial hyperplasia.

B/G history of PCOS for many years , recent HMB and regular periods every 3 weeks

Pelvic u.s showed on day 10 showed

The endometrium is thickened with multiple thickened spaces suggesting endometrial hyperplasia. Gynaecological review suggested.

There are features of PCOS.

I would appreciate your review

Many thanks

Her current medications are:

Efexor XR 150mg Capsule, modified release  
Efexor XR 75mg Capsule, modified release  
Lamotrigine 100mg Dispersible tablet  
Maltofer 370mg Tablets

225mg daily Daily As directed.  
225 Capsules In the morning.  
1 Tablet In the evening 150mg.day.  
1 Tablet In the evening after meals.

Allergies:  
Nil known.

Past Medical History:

	PCOS	
26/06/2012	Insulin resistance syndrome	mildly raised fasting insulin 12
18/06/2013	Coeliac disease	
13/07/2013	Depression/Anxiety	
18/10/2022	PTSD	
24/02/2023	Major depression	
24/03/2023	Hypercholesterolaemia	
24/03/2023	Iron deficiency	
16/06/2023	Iron deficiency	

Yours faithfully,

Dr Lina Channo  
MBCHB FRACGP CSRH, APHRA - MED0001193807  
243563BF

CATCHPOOLE, HEATHER  
26 KINGSWAY, HAZELBROOK. 2779  
**Phone:** 0284673769  
**Birthdate:** 15/06/1983 **Sex:** F **Medicare Number:** 25453626971  
**Your Reference:** 00211866 **Lab Reference:** 23-80911604-HAE-0  
**Laboratory:** AUSTRALIAN CLINICAL LABS  
**Addressee:** DR LINA CHANNO **Referred by:** DR LINA CHANNO

**Name of Test:** HAEMATOLOGY GENERAL  
**Requested:** 13/06/2023 **Collected:** 13/06/2023 **Reported:** 13/06/2023 17:04

CLINICAL NOTES: pcos heavy menstrual bleeding

**HAEMATOLOGY**

**SPECIMEN: WHOLE BLOOD**

Date:	09/08/22	18/03/23	<b>13/06/23</b>	(#Refers to current
Coll. Time:	15:10	11:30	11:55	result only)
Lab Number:	67906619	76569937	#80911604	

<b>HAEMOGLOBIN</b>	146	144	134	(115 - 165) g/L
RBC	4.93	5.08	4.60	(3.80 - 5.50)x10 <sup>12</sup> /L
HCT	0.42	0.45	0.40	(0.35 - 0.47)
MCV	86	88	87	(80 - 99) fL
MCH	29.6	28.3	29.1	(27.0 - 34.0)pg
MCHC	348	320	335	(310 - 360) g/L
RDW	12.6	12.7	12.7	(11.0 - 15.0)%
<b>WCC</b>	5.8	4.7	5.2	(4.0 - 11.0) x10 <sup>9</sup> /L
Neutrophils	3.7	2.7	3.2	(2.0 - 8.0) x10 <sup>9</sup> /L
Lymphocytes	1.5	1.5	1.4	(1.0 - 4.0) x10 <sup>9</sup> /L
Monocytes	0.5	0.4	0.4	(< 1.1) x10 <sup>9</sup> /L
Eosinophils	< 0.1	< 0.1	0.1	(< 0.7) x10 <sup>9</sup> /L
Basophils	< 0.1	< 0.1	< 0.1	(< 0.3) x10 <sup>9</sup> /L
<b>PLATELETS</b>	428	389 *	<b>462</b>	(150 - 450) x10 <sup>9</sup> /L
MPV	9.2	9.3	9.4	fL

#80911604 : There is a mild thrombocytosis.

TESTS COMPLETED: FBE, CRP, QUA,  
INCOMPLETE TESTS: FAI, ANF, B12, PRL, IS, GHB, TSH,

CATCHPOOLE, HEATHER  
26 KINGSWAY, HAZELBROOK. 2779  
**Phone:** 0284673769  
**Birthdate:** 15/06/1983 **Sex:** F **Medicare Number:** 25453626971  
**Your Reference:** 00211866 **Lab Reference:** 23-80911604-ISM-0  
**Laboratory:** AUSTRALIAN CLINICAL LABS  
**Addressee:** DR LINA CHANNO **Referred by:** DR LINA CHANNO

**Name of Test:** IRON MASTER  
**Requested:** 13/06/2023 **Collected:** 13/06/2023 **Reported:** 13/06/2023 17:07

CLINICAL NOTES: pcos heavy menstrual bleeding

#### BIOCHEMISTRY

##### IRON STUDIES

##### SPECIMEN: SERUM

Date: 09/08/22 18/03/23 **13/06/23**  
Lab Number: 67906619 76569937 80911604

Iron	14.4	20.7	21.1	(10.0 - 30.0)	umol/L
Transferrin	2.77	2.94	2.81	(2.10 - 3.80)	g/L
Saturation	21	28	30	(15 - 45)	%
Ferritin	36	36	35	(30 - 200)	ug/L

80911604 Iron studies are within normal limits.

TESTS COMPLETED: FBE, IS, CRP, TSH, QUA,  
INCOMPLETE TESTS: FAI, ANF, B12, PRL, GHB,

CATCHPOOLE, HEATHER  
26 KINGSWAY, HAZELBROOK. 2779  
**Phone:** 0414979788  
**Birthdate:** 15/06/1983 **Sex:** F **Medicare Number:** 25453626971  
**Your Reference:** 10177400 **Lab Reference:** 10177400  
**Laboratory:** PRP Diagnostic Imaging  
**Addressee:** DR LINA CHANNO **Referred by:** DR LINA CHANNO

**Name of Test:** US PELVIS  
**Requested:** 11/07/2023 **Collected:** 18/07/2023 **Reported:** 18/07/2023 13:07



**Patient Name:** CATCHPOOLE, HEATHER  
**Address:** 26 KINGSWAY HAZELBROOK NSW 2779  
**DOB:** 15/06/1983  
**Gender:** F  
**Phone:**  
**Medicare Number:**

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This report is for: Dr L. CHANNO  
Referred By:-  
Dr L. CHANNO

US PELVIS 18/07/2023 Reference: 10177400

ULTRASOUND PELVIS

HISTORY:

History of PCOS. Menorrhagia  
Day 10 of cycle.

COMPARISON:

None available.

TECHNIQUE:

Transabdominal and transvaginal scanning has been performed.

FINDINGS:

Uterus: The uterus is enlarged measuring, 100 x 48 x 43 mm; 108 ml.  
It is anteverted.

Myometrium: The myometrium is homogeneous. No uterine fibroids seen.

Cervix: No abnormality is seen. Nabothian cysts noted.

Endometrial thickness: 31 mm. The endometrium is thickened. There are multiple cystic spaces in the endometrium. Vascularity is demonstrated within the endometrium.

Right Ovary/Adnexa: 38 x 40 x 30 mm; 24 ml.  
It contains 32 small subcentimetre follicles.

Left Ovary/Adnexa: 41 x 36 x 28 mm; 21 ml.  
It contains 45 small subcentimetre follicles.

Pouch of Douglas: There is no free fluid in the pouch of Douglas.

COMMENT:

The endometrium is thickened with multiple thickened spaces suggesting endometrial hyperplasia. Gynaecological review suggested.

There are features of PCOS.

Dr Tushar Singh

Electronically verified by: Dr Tushar Singh - 18/07/2023 13:04

Cardiac CT services now available at PRP Gordon. New MRI and CT now available at PRP Gordon.

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