96 General Food Panel: IgG
Complete Report

Provider: KATHRYN MOLONEY
Patient: TAHLIA PARRISH
Accession #: 2023049947
Collected: 2023-08-07

Sex: F
Age: 37
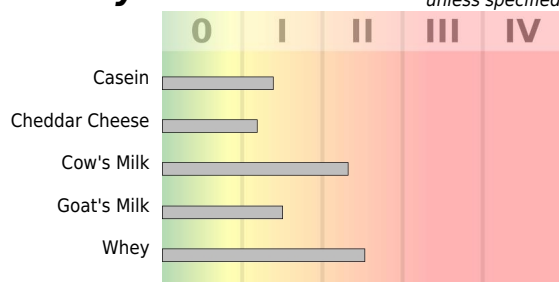**Received:** 2023-08-14

External ID: 3910667
Sample Type: DBS
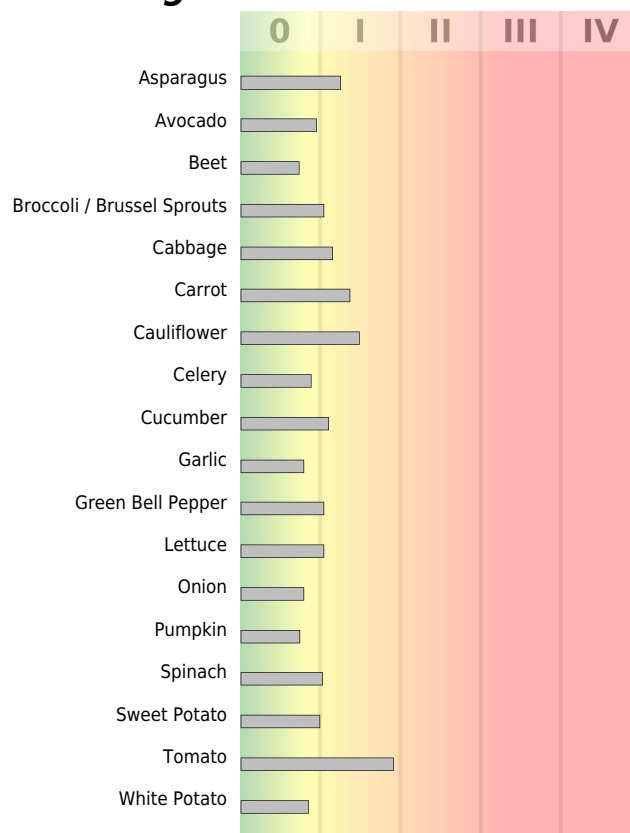**Date of Birth:** 1985-12-13
Completed: 2023-08-17

IgG

CLIA #: 50D0965661
CAP accredited

Dairy
Bovine-derived unless specified

Reaction class scale: 0 | I | II | III | IV

- Casein
- Cheddar Cheese
- Cow's Milk
- Goat's Milk
- Whey

Grains/Legumes/Nuts

- Almond
- Barley
- Buckwheat
- Chestnut
- Chickpea
- Coconut
- Corn
- Gliadin
- Gluten
- Green Bean
- Green Pea
- Hazelnut
- Kidney Bean
- Lentil
- Lima Bean
- Oat
- Peanut
- Pecan
- Pinto Bean
- Rye
- Soybean
- Spelt
- Walnut
- Wheat
- White Rice

Vegetables

- Asparagus
- Avocado
- Beet
- Broccoli / Brussel Sprouts
- Cabbage
- Carrot
- Cauliflower
- Celery
- Cucumber
- Garlic
- Green Bell Pepper
- Lettuce
- Onion
- Pumpkin
- Spinach
- Sweet Potato
- Tomato
- White Potato

Fish/Crustacea/Mollusk

- Clam
- Cod
- Crab
- Halibut
- Lobster
- Salmon
- Scallop
- Shrimp
- Sole
- Trout
- Tuna

Reaction Class

Director: Jillian Harrington, PhD, HCLD (ABB)

0	I	II	III	IV
Very Low	Low	Moderate	High	Very High

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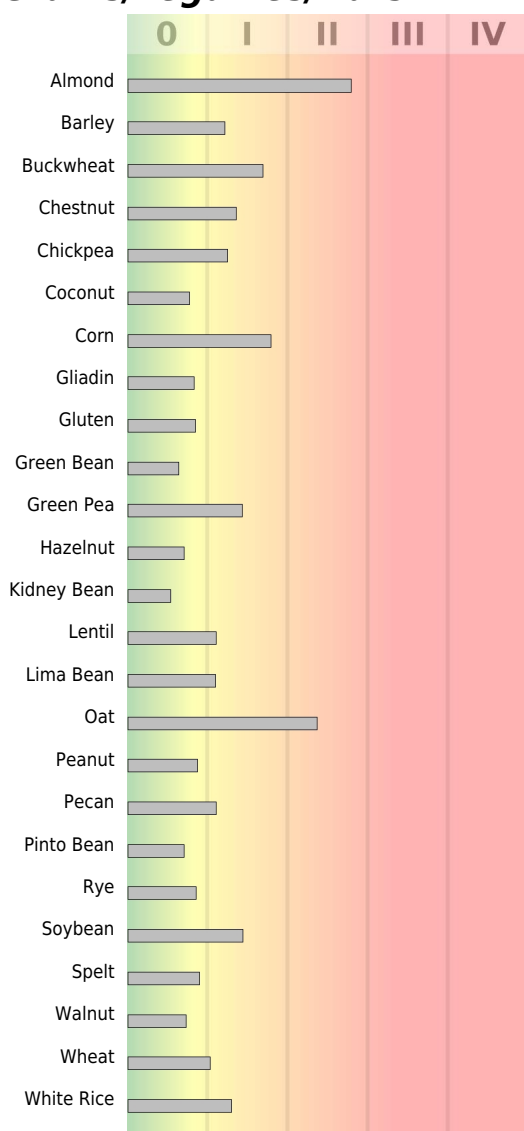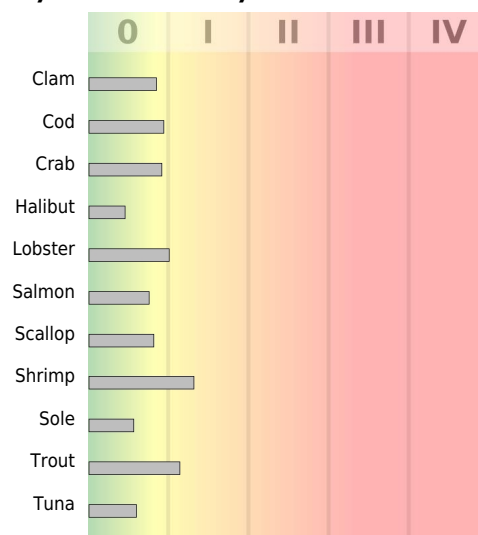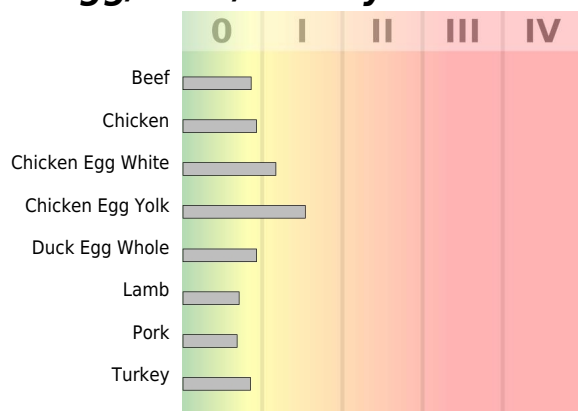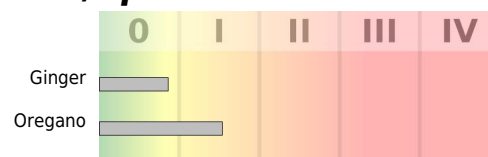**Completed:** 2023-08-17

IgG
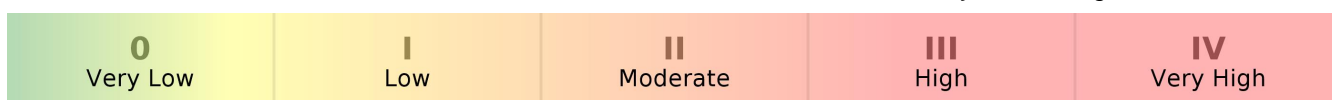
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Egg/Meat/Poultry

Reaction Class scale: 0, I, II, III, IV

Food	Class
Beef	0
Chicken	0
Chicken Egg White	I
Chicken Egg Yolk	I
Duck Egg Whole	0
Lamb	0
Pork	0
Turkey	0

Herbs/Spices

Food	Class
Ginger	0
Oregano	I

Miscellaneous

Food	Class
Baker's / Brewer's Yeast	I
Button Mushroom	0
Cane Sugar	II
Cocoa Bean (Chocolate)	0
Coffee Bean	II
Flaxseed	0
Honey	I
Sesame Seed	I
Sunflower Seed	II

Fruits

Food	Class
Apple	I
Apricot	0
Banana	II
Blueberry	I
Cranberry	II
Grape	0
Grapefruit	I
Lemon	I
Olive	I
Orange	I
Papaya	I
Peach	II
Pear	0
Pineapple	II
Plum	I
Raspberry	0
Strawberry	I

Candida Screen

Food	Class
Candida albicans	I

Reaction Class

Director: Jillian Harrington, PhD, HCLD (ABB)

0 Very Low	I Low	II Moderate	III High	IV Very High

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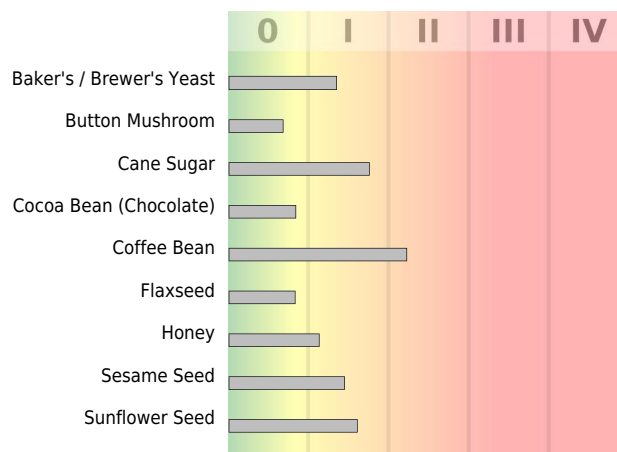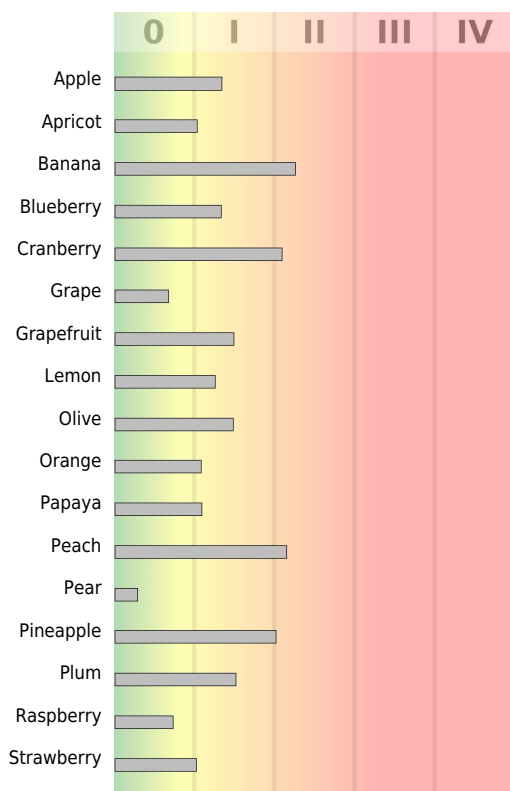**Completed:** 2023-08-17

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Candida Screen

Antigen Name	Analyte	Class	Value	Very Low Range
Candida albicans	IgG	Low	36.02 mg/L	<25 mg/L

Dairy

Antigen Name	Analyte	Class	Value	Very Low Range
Casein	IgG	Low	3.77 mg/L	<3 mg/L
Cheddar Cheese	IgG	Low	3.37 mg/L	<3 mg/L
Cow's Milk	IgG	Moderate	5.31 mg/L	<2 mg/L
Goat's Milk	IgG	Low	3.01 mg/L	<2 mg/L
Whey	IgG	Moderate	6.14 mg/L	<2 mg/L

Egg/Meat/Poultry

Antigen Name	Analyte	Class	Value	Very Low Range
Beef	IgG	Very Low	2.55 mg/L	<3 mg/L
Chicken	IgG	Very Low	3.70 mg/L	<4 mg/L
Chicken Egg White	IgG	Low	4.09 mg/L	<3.5 mg/L
Chicken Egg Yolk	IgG	Low	4.08 mg/L	<3 mg/L
Duck Egg Whole	IgG	Very Low	2.59 mg/L	<2.8 mg/L
Lamb	IgG	Very Low	2.11 mg/L	<3 mg/L
Pork	IgG	Very Low	2.05 mg/L	<3 mg/L
Turkey	IgG	Very Low	2.54 mg/L	<3 mg/L

Fish/Crustacea/Mollusk

Antigen Name	Analyte	Class	Value	Very Low Range
Clam	IgG	Very Low	2.10 mg/L	<2.5 mg/L
Cod	IgG	Very Low	4.70 mg/L	<5 mg/L
Crab	IgG	Very Low	2.73 mg/L	<3 mg/L
Halibut	IgG	Very Low	0.91 mg/L	<2 mg/L
Lobster	IgG	Low	4.03 mg/L	<4 mg/L
Salmon	IgG	Very Low	2.25 mg/L	<3 mg/L
Scallop	IgG	Very Low	2.43 mg/L	<3 mg/L
Shrimp	IgG	Low	3.27 mg/L	<2.5 mg/L
Sole	IgG	Very Low	1.41 mg/L	<2.5 mg/L
Trout	IgG	Low	2.86 mg/L	<2.5 mg/L
Tuna	IgG	Very Low	2.95 mg/L	<5 mg/L

Fruits

Antigen Name	Analyte	Class	Value	Very Low Range
Apple	IgG	Low	6.03 mg/L	<5 mg/L
Apricot	IgG	Low	2.07 mg/L	<2 mg/L
Banana	IgG	Moderate	15.15 mg/L	<6 mg/L
Blueberry	IgG	Low	9.35 mg/L	<8 mg/L
Cranberry	IgG	Moderate	6.09 mg/L	<2.8 mg/L
Grape	IgG	Very Low	3.38 mg/L	<5 mg/L
Grapefruit	IgG	Low	4.00 mg/L	<3 mg/L
Lemon	IgG	Low	4.15 mg/L	<3.5 mg/L
Olive	IgG	Low	2.97 mg/L	<2 mg/L
Orange	IgG	Low	3.16 mg/L	<3 mg/L
Papaya	IgG	Low	4.39 mg/L	<4 mg/L
Peach	IgG	Moderate	7.58 mg/L	<3.5 mg/L
Pear	IgG	Very Low	1.18 mg/L	<4 mg/L
Pineapple	IgG	Moderate	16.17 mg/L	<8 mg/L
Plum	IgG	Low	4.68 mg/L	<3.2 mg/L
Raspberry	IgG	Very Low	2.93 mg/L	<4 mg/L
Strawberry	IgG	Low	3.10 mg/L	<3 mg/L

Grains/Legumes/Nuts

Antigen Name	Analyte	Class	Value	Very Low Range
Almond	IgG	Moderate	7.41 mg/L	<3 mg/L
Barley	IgG	Low	11.78 mg/L	<10 mg/L
Buckwheat	IgG	Low	4.38 mg/L	<3 mg/L

Grains/Legumes/Nuts (Continued)

Antigen Name	Analyte	Class	Value	Very Low Range
Chestnut	IgG	Low	2.73 mg/L	<2 mg/L
Chickpea	IgG	Low	3.50 mg/L	<3 mg/L
Coconut	IgG	Very Low	3.08 mg/L	<4 mg/L
Corn	IgG	Low	7.16 mg/L	<4 mg/L
Gliadin	IgG	Very Low	2.90 mg/L	<3.5 mg/L
Gluten	IgG	Very Low	3.00 mg/L	<3.5 mg/L
Green Bean	IgG	Very Low	5.15 mg/L	<8 mg/L
Green Pea	IgG	Low	3.87 mg/L	<3 mg/L
Hazelnut	IgG	Very Low	2.84 mg/L	<4 mg/L
Kidney Bean	IgG	Very Low	4.38 mg/L	<8 mg/L
Lentil	IgG	Low	4.44 mg/L	<4 mg/L
Lima Bean	IgG	Low	3.20 mg/L	<3 mg/L
Oat	IgG	Moderate	7.51 mg/L	<4 mg/L
Peanut	IgG	Very Low	3.48 mg/L	<4 mg/L
Pecan	IgG	Low	4.47 mg/L	<4 mg/L
Pinto Bean	IgG	Very Low	2.87 mg/L	<4 mg/L
Rye	IgG	Very Low	3.44 mg/L	<4 mg/L
Soybean	IgG	Low	3.90 mg/L	<3 mg/L
Spelt	IgG	Very Low	5.44 mg/L	<6 mg/L
Walnut	IgG	Very Low	3.67 mg/L	<5 mg/L
Wheat	IgG	Low	3.60 mg/L	<3.5 mg/L
White Rice	IgG	Low	4.25 mg/L	<3.5 mg/L

Herbs/Spices

Antigen Name	Analyte	Class	Value	Very Low Range
Ginger	IgG	Very Low	10.37 mg/L	<12 mg/L
Oregano	IgG	Low	10.15 mg/L	<8 mg/L

Miscellaneous

Antigen Name	Analyte	Class	Value	Very Low Range
Baker's / Brewer's Yeast	IgG	Low	4.38 mg/L	<3.5 mg/L
Button Mushroom	IgG	Very Low	5.44 mg/L	<8 mg/L
Cane Sugar	IgG	Low	18.12 mg/L	<12 mg/L
Cocoa Bean (Chocolate)	IgG	Very Low	8.44 mg/L	<10 mg/L
Coffee Bean	IgG	Moderate	12.94 mg/L	<8 mg/L
Flaxseed	IgG	Very Low	2.50 mg/L	<3 mg/L
Honey	IgG	Low	4.52 mg/L	<4 mg/L
Sesame Seed	IgG	Low	9.83 mg/L	<8 mg/L
Sunflower Seed	IgG	Low	5.04 mg/L	<3.5 mg/L

Vegetables

Antigen Name	Analyte	Class	Value	Very Low Range
Asparagus	IgG	Low	5.77 mg/L	<5 mg/L
Avocado	IgG	Very Low	1.90 mg/L	<2 mg/L
Beet	IgG	Very Low	4.42 mg/L	<6 mg/L
Broccoli / Brussel Sprouts	IgG	Low	7.86 mg/L	<7.5 mg/L
Cabbage	IgG	Low	4.20 mg/L	<3.5 mg/L
Carrot	IgG	Low	9.51 mg/L	<8 mg/L
Cauliflower	IgG	Low	3.97 mg/L	<3 mg/L
Celery	IgG	Very Low	3.54 mg/L	<4 mg/L
Cucumber	IgG	Low	3.20 mg/L	<3 mg/L
Garlic	IgG	Very Low	4.76 mg/L	<6 mg/L
Green Bell Pepper	IgG	Low	4.18 mg/L	<4 mg/L
Lettuce	IgG	Low	3.61 mg/L	<3.5 mg/L
Onion	IgG	Very Low	2.76 mg/L	<3.5 mg/L
Pumpkin	IgG	Very Low	2.24 mg/L	<3 mg/L
Spinach	IgG	Low	3.57 mg/L	<3.5 mg/L
Sweet Potato	IgG	Very Low	6.95 mg/L	<7 mg/L
Tomato	IgG	Low	4.83 mg/L	<2.8 mg/L
White Potato	IgG	Very Low	4.28 mg/L	<5 mg/L