

We have detected that you are intolerant to the following Food Items

Aubergine Purple egg shaped fruit (Also known as an Eggplant). Often eaten as a vegetable.	●	88%
Bread, white bread Bread made with white wheat flour.	●	95%
Cabbage (cooked) Cabbage or headed cabbage is a leafy green or purple biennial plant, grown as an annual vegetable crop for its dense-leaved heads	●	96%
Chicken, capon A domestic cock fattened for eating.	●	92%
Cow's Milk Milk obtained from dairy cows.	●	89%
E 1410 Monostarch phosphate (modified starch) Thickening agent and stabiliser in many products	●	100%
E 154 Brown FK Brown food colouring. Restricted use - in some fish products.	●	86%
E 160 c Capsanthin, Capsorubin Used widely in poultry feed to deepen the colour of egg yolks it can also be found in cheese slices and chicken pies.	●	92%
E 309 Delta-tocopherol (Tocopherol) Found in most foods, it is abundant in, whole grain cereals, corn and cottonseed oils, egg yolks, meat and milk.	●	92%
E 415 Xanthan gum Thickening agent, stabiliser and emulsifier in many different products	●	89%
E 622 Monopotassium glutamate, Potassium glutamate Present in all proteins. Free glutamates are present in high concentrations in ripened cheese, breast milk, tomatoes and sardines.	●	99%
Ginger Hot, fragrant spice. Used as a flavouring mainly but can be found chopped, powdered, preserved or candied.	●	91%
Noodles Made from unleavened dough which is stretched, extruded, or rolled flat. This item is referring to ramen type noodles (found in ready to go noodles - Pot noodles, supernoodles)	●	87%
Okra A vegetable also known as ladies fingers. Part of the mallow family.	●	92%
Rice - Brown Small brown grains	●	93%
Swede Large, yellow fleshed root vegetable.	●	99%

We have detected that you are intolerant to the following Non Food Items**Guinea pigs**

Small mammal often kept as a pet.

Hyaluronidase

Used in medication

Rubber

A tough elastic polymeric substance made from the latex of a tropical plant or synthetically.

92%

90%

96%