

Progress notes - Anne Morgan, D.O.B. 11/11/1974

Thursday April 6 2023 10:57:00

Dr. Sonu Haikerwal

Visit type:

Surgery Consultation

Atomic Habits read and swimming three times a week
seeing Rebecca

relationships improved

Diet wholefoods

Management:

<https://www.buzzsprout.com/2116667> ✓

<https://drsonu.com.au/> ✓

<https://nutritionfacts.org/> ✓

<https://hubermanlab.com/what-alcohol-does-to-your-body-brain-health/Email>

Actions:

Biochemistry notified by Dr. Sonu Haikerwal - S-LIPID PROFILE 9/03/2023

Biochemistry notified by Dr. Sonu Haikerwal - ANAEMIA 9/03/2023

Biochemistry notified by Dr. Sonu Haikerwal - S-ROUTINE CHEMISTRY 9/03/2023

Biochemistry notified by Dr. Sonu Haikerwal - S-THYROID FUNCTION 9/03/2023

Biochemistry notified by Dr. Sonu Haikerwal - S-FERTILITY HORMONES 9/03/2023

Haematology notified by Dr. Sonu Haikerwal - HBA1C 9/03/2023

Haematology notified by Dr. Sonu Haikerwal - BLOOD COUNT 9/03/2023

Biochemistry notified by Dr. Sonu Haikerwal - MICROALBUMIN RANDOM 8/03/2023

Biochemistry notified by Dr. Sonu Haikerwal - S-C REACTIVE PROTEIN 8/03/2023

Laboratory notified by Dr. Sonu Haikerwal - HBA1C GRAPH 8/03/2023

nil period 18 Months

breast screening booked

<https://www.menopause.org.au/>

Nilets

Patient Name: MORGAN, ANNE

Patient Address: 4 VIEW CRT, PALM BEACH 4221

D.O.B: 11/11/1974

Medicare No.: 4105369881

Lab. Reference: 670868995-E-E199

Addressee: DR SONU HAIKERWAL

Gender: F

III No.:

Provider: SNP

Referred by: Dr Sonu Haikewal

Date Requested: 5/01/2023

Date Collected: 9/03/2023

Specimen:

Subject(Test Name): S- FERTILITY HORMONES

Date Performed: 9/03/2023

Complete: Final

Clinical Information:

Clinical Notes : high cholesterol tiredness

Reproductive Hormones

Date

Time F-Fast

Lab Id.

Latest Results

14-May-21 *08-Mar-23

1002 0600 F

658319129 670868995 Reference

Units

FSH

8

32

LH

22

Oestradiol

459

IU/L
IU/L
pmol/L

Reference

Limits

Follicular

Mid-Cycle

Luteal

Menopausal

OCp

FSH

IU/L

2 - 10

7 - 24

1 - 10

20 - 140

<5

LH

IU/L

2 - 7

9 - 74

1 - 9

10 - 65

<9

Oestradiol

pmol/L

110 - 180

550 - 1650

180 - 840

<200

<80

Comments on Collection *08-Mar-23 0600 F:

The combination of amenorrhoea in a woman who is not pregnant and has an intact uterus with hot flushes is indicative of the menopausal state. FSH levels greater than 20 IU/L on at least 3 occasions 4 weeks apart confirms the diagnosis. Elevated FSH levels due to mid-cycle peak can be distinguished by measuring LH and oestradiol levels in conjunction with the FSH.

Falsely elevated Abbott oestradiol levels may be seen in patients on fulvestrant (FASLODEX) or mifepristone (MIFEGYNE, MIFEPRE) therapies. This elevation can be observed in patients treated with mifepristone for up to two weeks post treatment.

- Please note FSH collection date: 09/03/2023 00:00
- Please note LH collection date: 09/03/2023 00:00
- Please note Oestradiol collection date: 09/03/2023 00:00

EA

Sullivan Nicolaides Pty Ltd. ABN 38 078 202 196. NATA/RCPA Accreditation No 1964

Tests Completed: HDL-Cholesterol, Iron Studies, CRP, R-U-Alb/Creat, E/LFT, TSH, Vitamin B12, LH, FSH, Oestradiol, HbA1c, FBE

Tests Pending :
Sample Pending :

Patient Name: MORGAN, ANNE

Patient Address: 4 VIEW CRT, PALM BEACH 4221

D.O.B: 11/11/1974

Medicare No.: 4105369881

Lab. Reference: 670868995-C-C847

Addressee: DR SONU HAIKERWAL

Gender: F

IHI No.:

Provider: SNP

Referred by: Dr Sonu Haikewal

Date Requested: 5/01/2023

Date Collected: 9/03/2023

Date Performed: 9/03/2023

Complete: Final

Specimen:

Subject(Test Name): S_LIPID PROFILE

Clinical Information:

Clinical Notes : high cholesterol tiredness

Lipid Profile

Latest Results

Date	14-May-21	*08-Mar-23	
Time F-Fast	1002	0600 F	
Lab Id.	658319129	670868995	Reference Units
Cholesterol	6.3 H	6.5 H	(<5.6) mmol/L
Triglyceride	2.3 H	1.4	(<2.1) mmol/L
HDL	1.27	1.31	(>1.09) mmol/L
LDL	4.0	4.5 H	(<4.1) mmol/L
Chol/HDL Ratio	5.0 H	5.0 H	(<4.6)
Non HDLC	5.03 H	5.19 H	(<3.81) mmol/L

Comments on Collection *08-Mar-23 0600 F:
HDL-Cholesterol

NVPPA treatment target levels for high risk people (known coronary heart and other arterial disease, diabetes, chronic renal failure, Aborigine and Torres Strait Islander peoples and familial hyperlipidaemic conditions) are:

Total Cholesterol <4.0 mmol/L
HDL-Cholesterol >=1.00 mmol/L
Fasting Triglycerides <2.0 mmol/L
non HDL Cholesterol <2.5 mmol/L

* Please note HDL-Cholesterol collection date: 09/03/2023 00:00

CA

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Tests Completed: HDL-Cholesterol, Iron Studies, CRP, R-U-Alb/Creat, E/LFT,
TSH, Vitamin B12, LH, FSH, Oestradiol, HbA1c, FBE

Tests Pending :

Sample Pending :