

Lab ID 869183408

DOB 05/03/1982 (41 Yrs FEMALE)

Referrer Dr Jocelyn Jlang

Your ref.

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Clinical Notes NO HISTORY

Collected 17/08/2023 10:55

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## 25-OH Vitamin D

Test Name	Result	Units	Reference Interval
Vitamin D	122	nmol/L	50 - 140

### Comments

According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):686-687, 2012, Vitamin D status is defined as:

Mild Deficiency	30	-	49 nmol/L
Moderate Deficiency	12.5	-	29 nmol/L
Severe Deficiency	<12.5		nmol/L

Vitamin D adequacy can be defined as a level >49 nmol/L at the end of winter - the level may need to be 10 - 20 nmol/L higher at the end of summer, to allow for seasonal decrease.

From 1st November 2014, Medicare rebates for vitamin D testing will apply to patients at risk of Vitamin D deficiency such as chronic lack of sun exposure.

NATA ACCREDITATION NO 2178

Reported on 24-08-2023 16:30

## Mast Cell Tryptase

Tryptase	1.96	ug/L	<13.50
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### Comments

Levels may be elevated with systemic mastocytosis/urticaria pigmentosa as well as following mast cell degranulation (usually after insect sting or parenteral drug reactions). Follow up testing of elevated levels is recommended to exclude mastocytosis and monitor progression of this disorder. Few patients with anaphylaxis induced by food allergens or oral drugs will have elevated tryptase levels. All patients with insect sting allergy should have their Tryptase checked. (ImmunoCAP 250)

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