

ZERVOS, EVELYN
243 ALFRED ST, CROMER. 2099
Phone: 0401169510
Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
Your Reference: Lab Reference: 837757227-C-C924
Laboratory: dhm
Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
Copy to:
DR PENELOPE WILLCOCKS

Name of Test: Glucose
Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
12:28

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

GLUCOSE

Date	21/07/22	05/04/23	05/04/23	12/12/23		
Time F-Fast	0810 F	0750 F	0750 F	0755 F		
Lab ID	881213091	886408539	886408541	837757227	Units	Reference
F Gluc Plasma	5.0	4.5	4.5	5.1	mmol/L	(3.6-6.0)

NATA Accreditation No 2178

Tests Completed: Glu(p), FBC(e)
Tests Pending : Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s),
Alb(s), C(s), UCreat(s), E(s), Phos(s), Iron(s),
Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Testosterone(s),
Insulin(s), Active B12(s), SHBG/FAI(s),
Androstendione(s), 17OHP(s), HbA1c Mon(e),
Free Testosterone(s), BGrp(e)

Sample Pending :

ZERVOS, EVELYN 2099
 243 ALFRED ST, CROMER.
 Phone: 0401169510
 Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
 Your Reference: Lab Reference: 837757227-H-H902
 Laboratory: dhm
 Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
 Copy to: DR PENELOPE WILLCOCKS

Name of Test: Haematology
 Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
 12:28

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

HAEMATOLOGY

Date	26/02/20	24/02/22	05/04/23	12/12/23		
Time F-Fast	0803 F	0929	0750 F	0755 F		
Lab ID	843551898	868925797	886408541	837757227	Units	Reference
Haemoglobin	128	131	134	133	g/L	(119-160)
RCC	5.2	5.4	5.2	5.4	x10 ¹² /L	(3.8-5.8)
Haematocrit (0.35-0.48)	0.41	0.42	0.41	0.41		
MCV	L 78	L 77	L 79	L 77	fL	(80-100)
MCH	L 24.7	L 24.1	L 25.7	L 24.9	pg	
(27.0-32.0)						
MCHC	315	312	324	322	g/L	(310-360)
RDW	14.9	H 15.9	15.0	H 15.1		
(10.0-15.0)						
WCC	6.6	5.7	7.7	6.7	x10 ⁹ /L	(4.0-11.0)
Neutrophils	3.13	3.53	4.56	3.43	x10 ⁹ /L	(2.0-7.5)
Lymphocytes	2.72	1.49	2.36	2.59	x10 ⁹ /L	(1.0-4.0)
Monocytes	0.60	0.55	0.65	0.61	x10 ⁹ /L	(0.0-1.0)
Eosinophils	0.12	0.11	0.08	0.05	x10 ⁹ /L	(0.0-0.5)
Basophils	0.02	0.01	0.03	0.02	x10 ⁹ /L	(0.0-0.3)
NRBC	<1.0	<1.0	<1.0	<1.0	/100 WBC	(<1)
Platelets	280	300	299	303	x10 ⁹ /L	(150-450)
ESR	7				mm/h	(1-17)

Comments on Collection 12/12/23 0755 F:
 Borderline / low red cell indices.
 Possible causes include iron deficiency and thalassaemia trait /
 haemoglobinopathy.

NATA Accreditation No 2178

Tests Completed: Glu(p), FBC(e)

Tests Pending : Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s),
 Alb(s), C(s), UCreat(s), E(s), Phos(s), Iron(s),
 Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Testosterone(s),
 Insulin(s), Active B12(s), SHBG/FAI(s),
 Androstendione(s), 17OHP(s), HbA1c Mon(e),
 Free Testosterone(s), BGrp(e)

Sample Pending :

ZERVOS, EVELYN
243 ALFRED ST, CROMER. 2099
Phone: 0401169510
Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
Your Reference: Lab Reference: 837757227-E-B007
Laboratory: dhm
Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
Copy to: DR PENELOPE WILLCOCKS

Name of Test: Hormones
Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
13:28

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

Reproductive Hormones
(Abbott Method)

Oestradiol	122	pmol/L	
Progesterone	1.8	nmol/L	
DHEAS	6.2	umol/L	(2.4 - 13)

Comment on Lab ID 837757227

Oestradiol	Follicular phase	<320
	Preovulatory phase	450 - 2000
	Luteal phase	125 - 1300
	Post-menopausal	<170
Progesterone	Follicular phase	0.3 - 4.0
	Luteal phase	5.5 - 90.0
	Midluteal	8.5 - 110.0

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, LFT(s), Alb(s),
C(s), UCreat(s), E(s), Glu(p), Phos(s), Lipids HDL(s),
Ca(s), Mg(s), FBC(e), BGrp(e)
Tests Pending : Fol(s), Iron(s), Vit D(s), Testosterone(s), Insulin(s),
Active B12(s), .SHBG/FAI(s), Androstendione(s),
17OHP(s), HbA1c Mon(e), Free Testosterone(s)
Sample Pending :

ZERVOS, EVELYN
 243 ALFRED ST, CROMER. 2099
 Phone: 0401169510
 Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
 Your Reference: Lab Reference: 837757227-C-C141
 Laboratory: dhm
 Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
 Copy to:
 DR PENELOPE WILLCOCKS

Name of Test: Biochemistry
 Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
 13:28

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

BIOCHEMISTRY

Date	21/07/22	05/04/23	05/04/23	12/12/23		
Time F-Fast	0810 F	0750 F	0750 F	0755 F		
Lab ID	881213091	886408539	886408541	837757227	Units	Reference
Status	Fasting	Fasting	Fasting	Fasting		
Sodium			138	139	mmol/L	(135-145)
Potassium			4.5	4.6	mmol/L	(3.5-5.5)
Chloride			107	108	mmol/L	(95-110)
Bicarbonate			28	22	mmol/L	(20-32)
Urea			4.5	3.3	mmol/L	(2.5-6.5)
Creatinine			70	60	umol/L	(45-85)
eGFR			>90	>90	mL/min/1.73m2	(>59)
Calcium				2.39	mmol/L	
(2.15-2.55)						
Corr Calcium				2.37	mmol/L	
(2.15-2.55)						
Magnesium.				0.91	mmol/L	
(0.65-1.00)						
Phosphate.				1.05	mmol/L	(0.8-1.5)
Bili.Total			8	6	umol/L	(3-15)
ALP			82	83	U/L	(20-105)
GGT			26	30	U/L	(5-35)
LD			171	226	U/L	(120-250)
AST			12	16	U/L	(10-35)
ALT			21	30	U/L	(5-30)
Total Protein			71	70	g/L	(68-85)
Albumin	40	43	43	44	g/L	(37-48)
Globulin			28	26	g/L	(23-39)
Cholesterol	H 5.7	5.2	5.2	H 5.5	mmol/L	(<5.5)
Triglycerides	1.3	1.0	1.0	1.1	mmol/L	(<2.0)

Comments on Collection 12/12/23 0755 F:
 eGFR (mL/min/1.73m2) calculated by CKD-EPI formula - see www.kidney.org.au

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, LFT(s), Alb(s),
 C(s), UCreat(s), E(s), Glu(p), Phos(s), Lipids HDL(s),
 Ca(s), Mg(s), FBC(e), BGrp(e)
 Tests Pending : Fol(s), Iron(s), Vit D(s), Testosterone(s), Insulin(s),

Active B12(s), .SHBG/FAI(s), Androstendione(s),
17OHP(s), HbA1c Mon(e), Free Testosterone(s)

Sample Pending :

ZERVOS, EVELYN
 243 ALFRED ST, CROMER. 2099
 Phone: 0401169510
 Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
 Your Reference: Lab Reference: 837757227-C-C205
 Laboratory: dhm
 Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
 Copy to: DR PENELOPE WILLCOCKS

Name of Test: Lipids HDL(s)
 Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
 13:28

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

Date	21/07/22	05/04/23	05/04/23	12/12/23		
Time F-Fast	0810 F	0750 F	0750 F	0755 F		
Lab ID	881213091	886408539	886408541	837757227	Units	Reference
Status	Fasting	Fasting	Fasting	Fasting		
Cholesterol	H 5.7	5.2	5.2	H 5.5	mmol/L	(<5.5)
Triglycerides	1.3	1.0	1.0	1.1	mmol/L	(<2.0)
HDL Chol.	1.4	1.3	1.3	1.3	mmol/L	(>1.2)
LDL Chol.	H 3.7	H 3.4	H 3.4	H 3.7	mmol/L	(<3.0)
Non-HDL Chol.		3.9	3.9	H 4.2	mmol/L	(<4.0)

Comments on Collection 12/12/23 0755 F:
 Please note that the above reference limits are decision limits.
 A flag based on these limits is an indication to review the absolute
 cardiovascular risk for the patient. For assessment of absolute
 cardiovascular disease risk please see www.cvdcheck.org.au

The above decision limits are based on the European Atherosclerosis Society
 (EAS) and European Federation of Clinical Chemistry and Laboratory Medicine
 (EFLM) Consensus Statement 2016 and the Australasian Association of
 Clinical Biochemistry and Laboratory Medicine (AACB) Lipid Reporting
 Guideline 2018.

Lipid treatment targets for patients at high risk of cardiovascular
 disease:

Total cholesterol	<4.0 mmol/L
Triglyceride	<2.0 mmol/L
HDL cholesterol	>1.0 mmol/L
LDL cholesterol	<2.5 mmol/L (<1.8 mmol/L for very high risk)
Non-HDL cholesterol	<3.3 mmol/L (<2.5 mmol/L for very high risk)

High risk - Primary prevention Very high risk - Secondary prevention

Target values from the AACB Lipid Reporting Guideline 2018.

Please note that as there is a continuum of risk, benefits are obtained for
 any measured lipid components moving towards and beyond the various target
 levels.

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, LFT(s), Alb(s),
C(s), UCreat(s), E(s), Glu(p), Phos(s), Lipids HDL(s),
Ca(s), Mg(s), FBC(e), BGrp(e)

Tests Pending : Fol(s), Iron(s), Vit D(s), Testosterone(s), Insulin(s),
Active B12(s), .SHBG/FAI(s), Androstendione(s),
17OHP(s), HbA1c Mon(e), Free Testosterone(s)

Sample Pending :

ZERVOS, EVELYN
243 ALFRED ST, CROMER. 2099
Phone: 0401169510
Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
Your Reference: Lab Reference: 837757227-J-J002
Laboratory: dhm
Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
Copy to:
DR PENELOPE WILLCOCKS

Name of Test: Blood Bank
Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
13:28

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

Blood Bank Serology

Blood Group O Rh(D) Negative

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, LFT(s), Alb(s),
C(s), UCreat(s), E(s), Glu(p), Phos(s), Lipids HDL(s),
Ca(s), Mg(s), FBC(e), BGrp(e)
Tests Pending : Fol(s), Iron(s), Vit D(s), Testosterone(s), Insulin(s),
Active B12(s), .SHBG/FAI(s), Androstendione(s),
17OHP(s), HbA1c Mon(e), Free Testosterone(s)
Sample Pending :

ZERVOS, EVELYN
 243 ALFRED ST, CROMER. 2099
 Phone: 0401169510
 Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
 Your Reference: Lab Reference: 837757227-C-C151
 Laboratory: dhm
 Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
 Copy to:
 DR PENELOPE WILLCOCKS

Name of Test: Iron Studies
 Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
 14:58

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

IRON

Date	26/02/20	05/07/21	05/04/23	12/12/23		
Time F-Fast	0803 F	Unkn	0750 F	0755 F		
Lab ID	843551898	843513263	886408541	837757227	Units	Reference
Iron	8.5	10.7	10.5	8.2	umol/L	(5.0-30.0)
Transferrin	2.7	2.8	2.5	2.6	g/L	(2.0-3.6)
TIBC (Calc)	60	62	56	58	umol/L	(46-77)
Saturation	14	17	19	14	%	(10-45)
Ferritin	28	32	37	61	ug/L	(15-200)

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s),
 Alb(s), C(s), UCreat(s), E(s), Glu(p), Phos(s), Iron(s),
 Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Insulin(s),
 Active B12(s), FBC(e), BGrp(e)
 Tests Pending : Testosterone(s), .SHBG/FAI(s), Androstendione(s),
 17OHP(s), HbA1c Mon(e), Free Testosterone(s)
 Sample Pending :

ZERVOS, EVELYN
 243 ALFRED ST, CROMER. 2099
 Phone: 0401169510
 Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
 Your Reference: Lab Reference: 837757227-C-C151
 Laboratory: dhm
 Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
 Copy to:
 DR PENELOPE WILLCOCKS

Name of Test: Iron Studies
 Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
 14:58

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

IRON

Date	26/02/20	05/07/21	05/04/23	12/12/23		
Time F-Fast	0803 F	Unkn	0750 F	0755 F		
Lab ID	843551898	843513263	886408541	837757227	Units	Reference
Iron	8.5	10.7	10.5	8.2	umol/L	(5.0-30.0)
Transferrin	2.7	2.8	2.5	2.6	g/L	(2.0-3.6)
TIBC (Calc)	60	62	56	58	umol/L	(46-77)
Saturation	14	17	19	14	%	(10-45)
Ferritin	28	32	37	61	ug/L	(15-200)

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s), Alb(s), C(s), UCreat(s), E(s), Glu(p), Phos(s), Iron(s), Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Insulin(s), Active B12(s), FBC(e), BGrp(e)
 Tests Pending : Testosterone(s), SHBG/FAI(s), Androstendione(s), 17OHP(s), HbAlc Mon(e), Free Testosterone(s)
 Sample Pending :

ZERVOS, EVELYN
243 ALFRED ST, CROMER. 2099
Phone: 0401169510
Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
Your Reference: Lab Reference: 837757227-C-C513
Laboratory: dhm
Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
Copy to:
DR PENELOPE WILLCOCKS

Name of Test: Vit D(s)
Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
14:58

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

Date	26/02/20	12/12/23		
Time F-Fast	0803 F	0755 F		
Lab ID	843551898	837757227	Units	Reference
Vitamin D	55	69	nmol/L	(50-140)

Comments on Collection 12/12/23 0755 F:
According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):686-687, 2012, Vitamin D status is defined as:

Mild Deficiency	30	-	49 nmol/L
Moderate Deficiency	12.5	-	29 nmol/L
Severe Deficiency	<12.5		nmol/L

Vitamin D adequacy can be defined as a level >49 nmol/L at the end of winter - the level may need to be 10 - 20 nmol/L higher at the end of summer, to allow for seasonal decrease.
From 1st November 2014, Medicare rebates for vitamin D testing will apply to patients at risk of Vitamin D deficiency such as chronic lack of sun exposure.

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s), Alb(s), C(s), UCreat(s), E(s), Glu(p), Phos(s), Iron(s), Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Insulin(s), Active B12(s), FBC(e), BGrp(e)
Tests Pending : Testosterone(s), SHBG/FAI(s), Androstendione(s), 17OHP(s), HbA1c Mon(e), Free Testosterone(s)
Sample Pending :

ZERVOS, EVELYN
243 ALFRED ST, CROMER. 2099
Phone: 0401169510
Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
Your Reference: Lab Reference: 837757227-C-E320
Laboratory: dhm
Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
Copy to:
DR PENELOPE WILLCOCKS

Name of Test: Insulin(s)
Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
14:58

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

Date	21/07/22	05/04/23	05/04/23	12/12/23	
Time F-Fast	0810 F	0750 F	0750 F	0755 F	
Lab ID	881213091	886408539	886408541	837757227	Units Reference
F Insulin	1	12	12	17	mU/L (0-20)

Comments on Collection 12/12/23 0755 F:
In a non-pregnant patient, serum insulin(s) >80 mU/L following a 75g oral glucose load and/or fasting insulin(s) >14 mU/L (in the absence of insulinoma) are consistent with insulin resistance. Post-load insulin(s) of 60 - 80 mU/L and/or fasting insulin(s) of 10 - 14 mU/L are suggestive of insulin resistance and follow-up may be indicated in the presence of risk factors such as obesity or a positive family history.

Consistent with insulin resistance. Follow-up is recommended.

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s), Alb(s), C(s), UCreat(s), E(s), Glu(p), Phos(s), Iron(s), Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Insulin(s), Active B12(s), FBC(e), BGrp(e)
Tests Pending : Testosterone(s), SHBG/FAI(s), Androstendione(s), 17OHP(s), HbA1c Mon(e), Free Testosterone(s)
Sample Pending :

ZERVOS, EVELYN
 243 ALFRED ST, CROMER. 2099
 Phone: 0401169510
 Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
 Your Reference: Lab Reference: 837757227-E-E515
 Laboratory: dhm
 Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
 Copy to:
 DR PENELOPE WILLCOCKS

Name of Test: Testo, SHBG, FAI
 Requested: 08/12/2023 Collected: 12/12/2023 Reported: 12/12/2023
 17:28

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

TESTOSTERONE, SHBG AND FAI

Date	21/07/22	05/04/23	05/04/23	12/12/23		
Time F-Fast	0810 F	0750 F	0750 F	0755 F		
Lab ID	881213091	886408539	886408541	837757227	Units	Reference
Testosterone	0.7	0.7	0.7	1.0	nmol/L	(0.2-1.8)
SHBG	L 21	L 23		L 18	nmol/L	(30-110)
FAI	3.3	3.0		H 5.6	%	(0.3-4.0)
Calc Free Testo	16	15		24	pmol/L	(1-34)

Comments on Collection 12/12/23 0755 F:
 Combined results suggestive of polycystic ovary syndrome.
 Free testosterone calculated using the Vermeulen equation.

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s),
 Alb(s), C(s), UCreat(s), E(s), Glu(p), Phos(s), Iron(s),
 Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Testosterone(s),
 Insulin(s), Active B12(s), .SHBG/FAI(s),
 Free Testosterone(s), FBC(e), BGrp(e)
 Tests Pending : Androstendione(s), 17OHP(s), HbA1c Mon(e)
 Sample Pending :

ZERVOS, EVELYN
243 ALFRED ST, CROMER. 2099
Phone: 0401169510
Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
Your Reference: Lab Reference: 837757227-C-E370
Laboratory: dhm
Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
Copy to: DR PENELOPE WILLCOCKS

Name of Test: Androstendione(s)
Requested: 08/12/2023 Collected: 12/12/2023 Reported: 13/12/2023
12:28

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

Androstenedione

Androstenedione 9.5 nmol/L (1.5 - 17.0)

Comment on Lab ID 837757227

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s),
Alb(s), C(s), UCreat(s), E(s), Glu(p), Phos(s), Iron(s),
Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Testosterone(s),
Insulin(s), Active B12(s), .SHBG/FAI(s),
Androstendione(s), Free Testosterone(s), FBC(e), BGrp(e)
Tests Pending : 17OHP(s), HbA1c Mon(e)
Sample Pending :

ZERVOS, EVELYN
 243 ALFRED ST, CROMER. 2099
 Phone: 0401169510
 Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
 Your Reference: Lab Reference: 837757227-C-E777
 Laboratory: dhm
 Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
 Copy to:
 DR PENELOPE WILLCOCKS

Name of Test: HbA1c
 Requested: 08/12/2023 Collected: 12/12/2023 Reported: 13/12/2023
 12:58

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

HbA1c

Date	21/07/22	05/04/23	05/04/23	12/12/23		
Time F-Fast	0810 F	0750 F	0750 F	0755 F		
Lab ID	881213091	886408539	886408541	837757227	Units	Reference
HbA1c (IFCC)		38	38		mmol/mol	(20-38)
HbA1c (NGSP)		5.6	5.6		%	(4.0-5.6)
HbA1c (IFCC)	H 39			H 43	mmol/mol	(20-38)
HbA1c (NGSP)	H 5.7			H 6.1	%	(4.0-5.6)

Comments on Collection 12/12/23 0755 F:

HbA1c TARGET LEVELS (mmol/mol) for adults with diabetes mellitus (DM)*
 <43 (<6.1%) recent type 2 DM either in pregnancy/planning pregnancy
 or requiring lifestyle modification +/- metformin
 <49 (<6.6%) recent type 2 DM requiring treatment other than
 metformin or insulin
 <54 (<7.1%) GENERAL TARGET for type 1 DM including pregnancy/planning
 pregnancy and type 2 DM of long duration or with clinical
 cardiovascular disease (any therapy) or requiring insulin
 <65 (<8.1%) type 1 or type 2 DM associated with recurrent
 severe hypoglycaemia or hypoglycaemia unawareness

* Position Statement of the Australian Diabetes Society
 MJA 2009;191(6):339-346.

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s),
 Alb(s), C(s), UCreat(s), E(s), Glu(p), Phos(s), Iron(s),
 Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Testosterone(s),
 Insulin(s), Active B12(s), SHBG/FAI(s),
 Androstendione(s), HbA1c Mon(e), Free Testosterone(s),
 FBC(e), BGrp(e)

Tests Pending : 17OHP(s)

Sample Pending :

ZERVOS, EVELYN
243 ALFRED ST, CROMER. 2099
Phone: 0401169510
Birthdate: 03/09/1996 Sex: F Medicare Number: 2771990162
Your Reference: Lab Reference: 837757227-C-E393
Laboratory: dhm
Addressee: DR PENELOPE WILLCOCKS Referred by: DR RAVIND PANDHER
Copy to:
DR PENELOPE WILLCOCKS

Name of Test: 17OHP(s)
Requested: 08/12/2023 Collected: 12/12/2023 Reported: 14/12/2023
06:59

Clinical notes: PCOS ? UPCOMING SURGERY, ON OCP

Clinical Notes : PCOS ? UPCOMING SURGERY, ON OCP

17-Hydroxy Progesterone

Basal 17OH-Progesterone 3.6 nmol/L

Comment on Lab ID 837757227

Please note that 17-Hydroxy Progesterone performed by DIASource RIA method.
Reference for Female:
Follicular phase 0.3 - 3.3
Luteal phase 2.9 - 15

NATA Accreditation No 2178

Tests Completed: Oest(s), Prog(s), DHEAS(s), Commenting, Fol(s), LFT(s),
Alb(s), C(s), UCreat(s), E(s), Glu(p), Phos(s), Iron(s),
Lipids HDL(s), Ca(s), Mg(s), Vit D(s), Testosterone(s),
Insulin(s), Active B12(s), SHBG/FAI(s),
Androstendione(s), 17OHP(s), HbA1c Mon(e),
Free Testosterone(s), FBC(e), BGrp(e)

Tests Pending :
Sample Pending :