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 Birthdate: 28/04/1982 Sex: F Medicare Number: 2526999957
 Your Reference: 9854F34ECC Lab Reference: 837201999-C-C205
 Laboratory: bsp
 Addressee: DR DOMINIC GOH Referred by: DR DOMINIC GOH

Name of Test: Lipids HDL(s)
 Requested: 02/11/2023 Collected: 06/11/2023 Reported: 06/11/2023
 17:53

Clinical notes: . Fasting.

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Date	07/03/11	09/01/14	12/04/19	06/11/23		
Time F-Fast	1230 F	1155 F	1043 F	1052 F		
Lab ID	208542724	258338842	293829768	837201999	Units	Reference
Status	Fasting	Fasting	Fasting	Fasting		
Cholesterol	4.0	4.2	4.0	H 6.7	mmol/L	(<5.5)
Triglycerides	1.2	0.7	0.8	H 3.0	mmol/L	(<2.0)
HDL Chol.	1.5	1.7	1.0	1.6	mmol/L	(>1.2)
LDL Chol.	1.9	2.2	2.6	H 3.7	mmol/L	(<3.0)
Non-HDL Chol.				H 5.1	mmol/L	(<4.0)

Comments on Collection 06/11/23 1052 F:
 Please note that the above reference limits are decision limits.
 A flag based on these limits is an indication to review the absolute
 cardiovascular risk for the patient. For assessment of absolute
 cardiovascular disease risk please see www.cvdcheck.org.au

The above decision limits are based on the European Atherosclerosis Society
 (EAS) and European Federation of Clinical Chemistry and Laboratory Medicine
 (EFLM) Consensus Statement 2016 and the Australasian Association of
 Clinical Biochemistry and Laboratory Medicine (AACB) Lipid Reporting
 Guideline 2018.

Lipid treatment targets for patients at high risk of cardiovascular
 disease:

Total cholesterol	<4.0 mmol/L
Triglyceride	<2.0 mmol/L
HDL cholesterol	>1.0 mmol/L
LDL cholesterol	<2.5 mmol/L (<1.8 mmol/L for very high risk)
Non-HDL cholesterol	<3.3 mmol/L (<2.5 mmol/L for very high risk)

High risk - Primary prevention Very high risk - Secondary prevention

Target values from the AACB Lipid Reporting Guideline 2018.

Please note that as there is a continuum of risk, benefits are obtained for
 any measured lipid components moving towards and beyond the various target
 levels.

NATA Accreditation No 2178

Tests Completed: LFT(s), C(s), UCreat(s), E(s), Glu(p), Phos(s),
 Lipids HDL(s), Ca(s), Mg(s), FBC(e)

Tests Pending : B12(s), Fol(s), Ferr(s), Vit D(s), TSH(s), HbA1c Diag(e)