

**DAHLSTROM, Vera**

**QML Pathology**

For Surgery Use ☐ Urgent ☐ Ring Patient ☐ Make Appointment ☐ Note in Chart ☐ File ☐

Patient **BIMROSE, Rosemary**

**PO BOX 105, MILLAA MILLAA QLD**

Sex **F** Age **61 years.** DOB **02/09/1961**

**Requested** 12/06/2023

Report For **DAHLSTROM, Vera**

**Collected** 12/06/2023 08:40 AM

Ref. by/copy to

**Reported** 16/06/2023 03:38 PM

## CUMULATIVE SERUM HOMOCYSTEINE

Date 12/06/23  
Time 08:40  
Lab No 70092747

Homocysteine 9.4 umol/L (0.0-15.0)

70092747 High normal value.  
With this level, the heterozygous state for defects of transsulphuration (homocysteinaemia) is unlikely. However the risk of coronary artery disease may be mildly elevated over the baseline. This is independent of other risk factors.

## Homocysteine Related Risk

|                       |              |
|-----------------------|--------------|
| Plasma level (umol/L) | Risk Average |
| Below 9.0             | No increase  |
| 9.0 - 14.9            | x 2          |
| 15.0 - 19.9           | x 3          |
| 20.0 or greater       | x 4.5        |

Risks approximated from New Eng J Med 1997 (337:230-236)

## URINARY IODINE

|            |             |
|------------|-------------|
| Creatinine | 4.5 mmol/L  |
| Iodine     | 66 ug/L     |
| Iodine     | 0.52 umol/L |

## WHO 2008 guidelines:

Classification of iodine deficiency (Urine iodine ug/L):

|       |                            |
|-------|----------------------------|
| > 99  | Not iodine deficient       |
| 50-99 | Mild iodine deficiency     |
| 20-49 | Moderate iodine deficiency |
| < 20  | Severe iodine deficiency   |

Levels in excess of 149 ug/L are regarded as adequate in pregnancy.  
Levels exceeding 300 ug/L (or above 500 ug/L in pregnancy) may carry a "Risk of adverse health consequences".

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**Reported** 15/06/2023 12:02 PM

## TRACE ELEMENTS

**+ Serum Selenium 1.93 umol/L (0.80-1.90)**

Note - the above range refers to populations with "normal" low levels of environmental exposure to selenium.

In smokers and other patients naturally or occupationally exposed to unusual amounts of selenium, plasma levels of up to approximately 4.0 umol/L have been observed and are not associated with any signs of toxicity.

(Disposition of Toxic Drugs and Chemicals in Man IX, ed. Baselt, 2011)

Pathology Report