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Clinical Notes 43M, persisting fatigue and GIT symptoms Refer to request for Clinical History.

Requested 02/08/2023

Collected 05/09/2023 10:01

Received 05/09/2023 10:02

Test Name	Result	Units	Reference Interval
HbA1c	5.1	%	4.0 - 6.0
HbA1c (IFCC)	32	mmol/mol	20 - 42

Comments

The current acceptable cut-off point for diagnosis of diabetes is an HbA1c level equal to or greater than 6.5% (47 mmol/mol) in patients with a normal red cell turnover. Repeat testing is required to confirm in asymptomatic patients. A diagnosis of diabetes based on a previous elevated fasting glucose(s) or GTT is still valid. Ref: Med J Aust 2012; 197 (4): 220-221

The Medicare item for HbA1C for diagnosis of Diabetes Mellitus is limited to one test per 12 months; for monitoring Diabetes testing remains unchanged - 4 tests per 12 months.

Patients with HbA1c levels of 5.7 - 6.4% (38 - 46 mmol/mol) may still have a slightly increased risk of microvascular complications according to the AusDiab study.

HbA1c performed on the Sebia Cap3 analyser by capillary electrophoresis.

CA

HOBART PATHOLOGY NATA ACCREDITATION NO. 2270

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