

**08/12/2021**

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**Re: Muris Boric DOB: 11/11/1985**  
5 Welsh Crescent,  
PARA HILLS, SA- 5096  
Medicare number: 5128441614-1

**We prefer secure messaging**  
**Argus:** windsorheart@argus.net.au  
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Dear Dr Kaur

Thank you for referring 36 year old Muris, who is usually fit and active. He came in today along with his mother for a cardiac evaluation. Both of them work in the IT department for SA Health.

Muris, had the first dose of Moderna Covid mRNA vaccine on 1<sup>st</sup> November 2021. Soon after he experienced left sided chest pain, shortness of breath and palpitations which persisted for a week and since then has not been feeling well. This pain he reports has been exacerbated by movement of the chest wall and on taking deep breaths. He has also been experiencing exertional fatigue since then.

He also seem to have had palpitations which seem to have settled well. ECG's as you have described did not show any significant ischemia or arrhythmias. Thank you for sending in his blood results, which show that the CK and troponins were normal, again confirming that there is no evidence of heart muscle damage. ECG done today showed sinus rhythm with no significant ST-T changes suspicious of pericarditis.

Overall from a clinical point of view his chest pain episodes sound very much like pericarditis which has slowly been improving. I understand he has been on multiple anti-inflammatory natural supplements which also have helped him in his recovery.

He is extremely worried and often going into panic mode thinking of all of this. Today I have reassured him regarding all this. Especially with no evidence of myocardial involvement, he has a good prognosis. However, to avoid recurrence of such events I have today initiated him on Colchicine 500 mcg twice daily which he could continue for a period of 12 weeks and then cease. Hopefully over a period of another 6 to 8 weeks this symptoms should eventually disappear.

Given this response to the mRNA vaccine, I have advised him to defer the second dose to 12 weeks from the first dose and preferably take a non-mRNA Covid vaccine.

I am happy to review him in 8 weeks' time with a prior echocardiogram and a cardiac MRI, which I hope to organise from the Lyell McEwin Hospital.

Thank you for your care.

Yours sincerely,

*\*Electronically reviewed*

**Dr Sujith Chacko**

**CC:**

**Patient Name: Boric, Muris. DoB: 11/11/1985**