

30/03/2022

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Dear Dr Kaur

We prefer secure messaging
Argus: windsorheart@argus.net.au
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Re: Muris Boric DOB: 11/11/1985
5 Welsh Crescent, PARA HILLS, SA5096
Phone no: 0422 349 123
Medicare number: 5128441614-1

Problem List:

1. Vaccine induced pericarditis.

Current Medication: Colchicine 500 mcg daily, multiple natural supplements.

It was good to catch up with Muris and his mother today in the clinic. He reports that he has been having mild left-sided chest discomfort in the infra-axillary area, more so with physical activities. He seems to be taking natural herbal anti-inflammatory medications and Colchicine, with which he reports significant improvement. Thus far, he has completed two-month therapy of Colchicine and continues to take it intermittently. However, he is concerned that his symptoms have not completely resolved.

Reviewing his results thus far, his MRI was absolutely normal, did not show any evidence of myo or pericarditis or any permanent damage to his heart muscles. His CTPA was negative and his initial echocardiogram showed no e/o significant pericardial effusion.

Thus, I have today reassured him and his mother regarding his cardiac status. I have advised him to look beyond these minor symptoms and gradually get back to exercises on a regular basis to try and improve his cardiorespiratory fitness.

On his insistence, I have today advised him to take Colchicine for maybe another month and then cease as there may not be any benefit of continuing this long term. He certainly does not need to continue Aspirin.

From a cardiac point of view, after having completed all the necessary evaluation, I think he is certainly fit to go back to graded physical exercises and work. Physiotherapy or supervised exercise sessions may help him. I have also advised him to consider psychiatric counselling to try and alleviate his anxiety around these symptoms.

Given that he is stable from a cardiac point of view, I have today discharged him to your care. Thank you for your care.

Yours sincerely,

**Electronically reviewed*

Dr Sujith Chacko

CC:

Patient Name: Boric, Muris. DoB: 11/11/1985