



GP2U

GP2U Telehealth

Bridging the gaps

Level 2, 38 Montpelier Retreat

Battery Point, Tasmania 7004

Phone: 1300 472 866 (1300 GP2U NOW)

Fax: 1800 472 832 (1800 GP2U FAX)

Email: admin@gp2u.com.au

Dr Manmohan Kaur

Provider Number: 215716PK

Guardian Injury Law

To Whom It May Concern

Thursday July 13, 2023

RE: Mr Muris Boric

Date of Injury: 01/11/2021

Nature of Injury: Pericarditis post mRNA Covid 19 vaccine

I am providing this report at your request.

Please accept my sincere apology for the delay in providing this report. Due to confusion of reports being prepared for Muris, I mistakenly assumed that a report had been sent to your office

Muris is a long-term patient of mine.

He developed left sided chest pain, shortness of breath and palpitations 10 minutes after receiving the first injection of Moderna Spikevaxx on 01/11/2021.

A clinical diagnosis of pericarditis was made. His symptoms persisted for a week and he also experienced exertional fatigue. He saw a cardiologist who confirmed pericarditis secondary to the mRNA Covid 19 vaccine. He was treated with colchicine, aspirin and nutraceutical anti-inflammatories.

On 17/01/2022, he attended the Lyell McEwin emergency department for left sided chest pain, tachycardia and difficulty swallowing. An ECG at the hospital showed ongoing pericarditis.

In February 2022, Muris went onto WorkCover due to incapacitation. He was unable to work daily due to left sided chest pain.

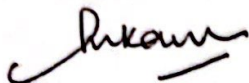
Muris continued to experience left sided chest described as a burning pain with minimal activity and walking short distances.

It is important to note that, prior to the vaccine, Muris was a fit and well man who could do a 20km bike ride most days.

It is without doubt that the vaccine injury has hugely impacted his physical, mental and social health.

In the following pages, I have provided notes of my consultations with Muris of the ongoing issues with left sided chest pain and reduced capacity.

Kind Regards



Dr Manmohan (Mona) Kaur
MBBS (Adelaide)

1/ Muris Boric first consulted me on 08/11/2021 with left sided chest pain and palpitations for which I prescribed nutraceutical anti inflammatories and muscle relaxants (curcumin, quercetin, magnesium and EPADHA).

He subsequently saw me on the following dates:

10/11/2021: persistent left sided chest pain and palpitations worse with mild exertion. He also had fatigue with mild exertion. A medical certificate was issued (08/11/2021 to 19/11/2021)

22/11/2021: Muris continues to experience left sided chest pain burning in nature and worse on exertion. A clinical diagnosis of pericarditis post Moderna Spikevax injection was made and a letter written to SA Health.

06/12/2021: Muris had left sided chest pain and left arm pain after wiping a kitchen bench top. The pain was tightening in nature and lasted a few hours. His dose of magnesium was increased. A referral letter to a cardiologist was completed and a medical certificate was issued (06/12/2021 to 13/12/21)

15/12/2021: Muris had seen Dr Sujith Chacko, Cardiologist who confirmed the clinical diagnosis of pericarditis post mRNA vaccine and prescribed colchicine 500mg bd for 12 weeks to help with the pain

14/01/2022: Muris had a flare-up of his pericarditis with left sided chest pain. He had done some minor cleaning the day before. Another work capacity certificate was completed.

21/01/2022: Muris had severe left sided chest pain and attended the emergency department. He had an ECG that showed changes consistent with ongoing pericarditis. He was treated with ibuprofen 500mg bd and continuation of colchicine and nutraceutical anti inflammatories.

An AIR medical exemption form (IM011), SA Health Chief Public Health Officer immunisation exemption form and a Covid 19 vaccine claims scheme medical report were completed.

31/01/2022: Muris had left sided chest pain overnight with difficulty sleeping. He was advised regarding pacing of his activities and to avoid activities such as cleaning. He informed me that he was granted a 3 month vaccination exemption by the SA Health Chief Medical Officer.

14/02/2022: Muris had palpitations overnight with disturbed sleep. He had left sided chest pain while cooking 2 weeks prior which took 5 days to resolve. He reported that he is unable to lift anything over 1kg. Colchicine and nutraceutical anti inflammatories were helping but reported weakness and bradycardia after taking colchicine.

23/02/2022: He woke up with left sided chest pain after a nap and described feeling his best when resting and symptoms were exacerbated with mild exertion and lifting anything above 1kg. He informed me that he had a review appointment with his cardiologist and that the echocardiogram had come back normal.

28/02/2022: Muris drove for the first time since his injury and after walking for 15min on the beach, developed left sided chest pain. A work capacity certificate was completed.

07/03/2022: he reported that colchicine 0.5mg bd was causing weakness in his arms and legs 2 hours after taking the medication. The dose of colchicine was reduced to once daily and the dose of N-acetyl cysteine was increased to 500mg tds while continuing the other nutraceuticals.

18/03/2022: While walking around the house, he experienced a "tearing" sensation in the left side of his chest. He felt better when he sat down but recurred when he got up. The next morning he had a "heavy"

5/11/22, 1:24 AM

sensation in his heart. Curcumin, histaquel and colchicine helped but did not take the pain away completely. I prescribed aspirin 300mg for the pain

21/03/2022: Muris had a similar episode of "tearing" left sided chest pain on moving around. He was encouraged to take the aspirin as prescribed in addition to all the other medications as prescribed.

25/03/2022: colchicine and aspirin 150mg taken 7 hours apart worked well to alleviate the left sided chest pain. However aspirin caused a burning sensation in his stomach.

01/04/22: Muris continues to manage his left sided chest pain on exertion with nutraceutical anti inflammatories

Monday April 4, 2022 3:40 pm
vwr

Saturday-- took 1 colchicine, afternoon left sided chest pressure, took aspirin 150mg in the evening felt better but had left sided chest irritation (burning sensation,) , heart rate 85 - 90 bpm at rest better with mint tea

Sunday - felt well, okay with moving around took colchicine in the evening due to mild sx slept for 8 hrs

Monday am- left sided chest pressure on walking around had juice with ginger - better afternoon -felt left sided chest pain
p/take 1/2 aspirin with dinner

Monday June 20, 2022 2:37 pm
vwr

had stress echo on 8/6/22
1 hr later had left sided chest pain lasting 2-3 hrs
took PEA and Histaquel -better
went shopping a day later, afterwards left sided chest pain again resolved with natural anti inflammatories still needing to pace activities able to drive more

Thursday July 28, 2022 4:55 pm
vwr

annual leave in July

yesterday, after waking and walking around - squeezing pain in left side of chest in the past week or 2 - more walking -5000 steps, did vacuuming when lying down - more comfortable on right side discomfort in chest and muscle twitching if lying on left side or moving to left side lifting above 5kg and walking causes discomfort in left chest

Friday August 26, 2022 4:47 pm
3 way phone meeting with senior claims manager from Workcover, Rachel

has episodes of left sided chest pain with lifting and walking over 4000 steps managed with pacing of activities and rest and nutraceuticals since Nov 2022

Wednesday September 7, 2022 5:21 pm
vwr

>lead in infrastructure- on project - working harder vaccine mandate for booster

>claims have approved exercise physiology

>last 2 days - left sided chest pressure cooked organic chicken mince with vegetables after eating, had left sided chest pressure lasting 4 hrs, repeat episode next day

no h/o reflux disease

Monday September 19, 2022 4:52 pm
vwr

not feeling well in last 2 weeks
left sided chest pain increased after increasing activity - doing 3-4000 steps a day
left sided chest pressure and tightness on walking, showering and sleeping on left side
while walking increase in heart rate to 110-120bpm
Resting helps pain
No SOB
p/reduce walking, rest

communications engineer with SA Health
public Health order for mandatory Covid vaccination
ongoing chest pain from pericarditis post mRNA Covid vaccine
wishes to have a vaccine exemption
p/immunisation exemption application form completed

Wednesday September 21, 2022 3:38 pm
vwr

left sided chest pain on waking and moving around
took antiinflammatories - PEA, histaquel (quercetin and black cumin seed oil)
resting today
has to sit down during the shower

p/referral to cardiologist

Wednesday September 28, 2022 4:35 pm
VWR

L SIDED CHEST PRESSURE WITH MOVEMENT AND MINOR ACTIVITY
INCREASING OVER LAST WEEK
STARTED COLCHICINE ON OWN YESTERDAY
SLIGHTLY BETTER BUT CHEST PAIN RECURS ON MINOR ACTIVITY

O/E LOOKING FLAT AND FATIGUED

SAW EXERCISE PHYSIOLOGIST ON FRIDAY
10 SESSIONS OVER 6 MONTHS

P/TRIAL ASPIRIN TONIGHT

Thursday September 29, 2022 5:01 pm
vwr

aspirin helped chest pressure last night
aching left side of chest if sleeps on left side
chest pressure with walking around
p/take aspirin daily and colchicine and aspirin on sat and sunday for wedding

Pathology: FBC; Biochemistry; ESR; CRP; CK;

Monday October 10, 2022 3:08 pm
vwr

Sunday 2/10 -wedding day-- on aspirin and colchicine, also took medication day before
both days - left sided chest pain managed

since then - continued to have squeezing left side chest pain - managed on 1/2 aspirin every other day and colchicine daily
On Friday did not take medications and took PEA-- left sided chest pain

left sided chest pressure while showering
heart flutters in the evening last few days

Thursday October 20, 2022 4:47 pm
vwr

#left sided chest pain
has been on colchicine daily and aspirin alternate days
tried going off medication, but after 3 days , break through left sided aching pain
back on colchicine and aspirin
still has burning left sided chest pain on walking better with rest

next exercise physiology session on 4th nov

p/colchicine once daily
cease aspirin and replace with PEA and Nattoserra

#exemption application

Diagnosis: post mRNA vaccine pericarditis
Wednesday November 16, 2022 4:50 pm
vwr

Chest pains improving
SA Health has removed Covid vaccine mandates

Colchicine since October 1 daily
now alternating with PEA and Histaquel every 3-4 days with Colchicine
Colchicine causes brain fog

saw exercise physiologist
asked to do 2000 steps a day
on his birthday walked in shopping centre for 15-20 min then went to beach , mild left sided chest discomfort
reached 3000 steps , next day felt fatigued, weak, "bubble "in left side of chest - took colchicine - helped inflammation

Wednesday November 23, 2022 4:25 pm
vwr

left sided chest discomfort described as a tightness
colchicine 1 daily in October
in November so far , 10 doses
other times - PEA and Histaquel
p/add hisperidin for spike protein

colchicine causing tiredness and ?nausea

p/discussed strategies for pain management

Tuesday November 29, 2022 5:38 pm
vwr

saw Dr Jonathan Cherry , cardiologist
ruling out heart damage
chest pain due to spike protein
?repeat echo
?CT angiogram

p/discussion of further investigations

Wednesday December 7, 2022 4:47 pm
vwr

last few days , feels worse - chest pain with "bubble" left side of chest
sx descibed sound like a pericardial rub
Takes natural antiinflammatories 4 days then colchicine 1 day
feels fatigued with weakness in chest
feeling inflamed internally
when colchicine take to resolve the "bubble"
today noticed heart flutters during a work meeting

activity - 1500 steps a day

Tuesday December 13, 2022 4:41 pm
vwr

pressure discomfort in left chest only slightly better but has persisted
took colchicine next day - chest area felt better , muscles felt weak
decided to take aspirin - no complete resolution
p/trial curcumin tomorrow
SPM active

appointment with exercise physiologist

Monday December 19, 2022 4:17 pm
vwr

increased left sided chest pain described as a pressure over a week
tried curcumin 350mg bd but not strong enough
took colchicine on Saturday-- felt better for 24hrs
took another one on Sunday and today
today after colchicine 1 hr ago - heavy head and brain fog and weakness in body
pulse rate 130bpm on Apple watch
tingling in lips , muscle weakness
feeling anxious

o/e pulse rate 118bpm
pulse rate came down to 107bpm after 15 min

p/IPT
CBT - grounding
no further colchicine
trial neurofen or aspirin