## boric muris Visited on Thu 26 Oct 2023



Hi Muris,

I hope you are having a good week .

I spoke to one of the Reps yesterday and even she was unaware that the repairase formula had altered and it was one of her lines.

I would assume that you will get about 12 months out of the 7 repairase containers you have. If the compounding Visionary pharmacy can replicate the repairase I would get a container made soon so as you can road test it before your stock of 7 run out.

Your wet slides indicated the following

- 1. active immune system (? food? pathogen? the vaccine)
- 2. sluggish liver
- 3. candida presence
- 4. low b12 and or folate
- 5. mild leaky gut

## supplements

- 1. repairase to tolerance, aim for 1-2 tsp daily
- 2. thorne nac 1000mg
- 3. RN labs C- CRLA 1500mg \ 2 tsp
- 4. jarrow k2 90mcg daily
- 5. ORX nigella G tract 7 mls per day ( max dose
- 6. MH SJW\ Olive leaf 1ml\1.5ml daily in water
- 7. metagenics SPM 1 daily
- 8. RN labs mixed mag forte 2 scoops per day
- 9. Vitamin D3 (injection), in my experience you will also need to take it daily orally to maintain a consistently high level (many clients have been on IM D3 and oral D3 and achieved a decent result. I suspect your vitamin D receptor has mutations

## **Immunity**

1. ideally adding back back some of the anti viral herbs would be beneficial.

Read email re Robyn Cosford, I would agree, your immune system is dealing with a pathogen, this is indicated by the activity in your neutrophils.

If you can add back the herbs

- 1. olive leaf up to 5 mls
- 2. st johns wort, up to 2 mls
- 3. nigella 8 mls daily
- 4. andrographis ,add back slowly
- 5. astragalus add back slowly
- 6. echinacea add back slowly aim for up to 1 ml of each on a daily basis
- 7. augmented NAC no familiar with this form but will have a look.

Kind regards

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