BOWERMAN, KATHERINE PHYLLIS

72 LOCK STREET, MANJIMUP. 6258

Phone: 0408307811

Birthdate: 10/12/1993 Sex: F Medicare Number: 62174148951

Your Reference: Lab Reference: F120003178

Laboratory: PathWest

Addressee: DR PETER JOHN WUTCHAK Referred by: DR PETER JOHN WUTCHAK

Name of Test: Lipids

Requested: 14/07/2023 Collected: 20/07/2023 Reported: 20/07/2023

09:56

LIPIDS

Specimen: Plasma Collected: 20/07/2023 08:12 Received: 20/07/2023 08:12 Result Flag Ref-Range Units Fasting Status Fasting Total Cholesterol 4.9 <=5.5 mmol/L Triglyceride 0.7 <=2.0 mmol/L HDL cholesterol 1.3 >=1.2 mmol/L LDL cholesterol 3.3 <=3.0 mmol/L Non HDL cholesterol <=4.0 3.6 mmol/L Comment See below

Pharmacotherapy for lipid lowering should aim towards the following targets while balancing the risks/benefits.

Total cholesterol <4.0 mmol/L
Triglyceride <2.0 mmol/L
HDL cholesterol >=1.0 mmol/L <2.0 mmol/L <2.5 mmol/L LDL cholesterol Non HDL cholesterol

[National Vascular Disease Prevention Alliance. Guidelines for the management of absolute cardiovascular disease risk. 2012]

Absolute cardiovascular risk assessment should be performed on all adults aged between 45-75 years without existing $\overline{\text{CVD}}$ or not already known to be at increased risk of CVD.

(A CVD risk calculator is provided at www.cvdcheck.org.au/)

Key for Lab Flag Column: L - Low, H - High, AB - Abnormal Key for Micro - ** Result modified after Final Status

ROUTINE BIOCHEMISTRY

Specimen: Plasma Collected: 20/07/2023 08:12 Received: 20/07/2023 08:12 Specimen: Plasma Collected: 20/07/2023 08:12 Received: 20/07/2023 08:12

Test Name Result Flag Ref-Range Units

Electrolytes, Urea and Creatinine 135 - 145 3.5 - 5.2 Sodium mmol/L Potassium 4.0 mmol/L Bicarbonate 22 - 32 25 mmol/L 3.0 - 8.0 45 - 90 Urea 5.4 mmol/L Creatinine 57 umol/L eGFR >90 >60 mL/min/1.73m2eGFR Comment See below

Estimated GFR (eGFR) by CKD-EPI algorithm uses creatinine, sex and patient age ONLY. eGFR is only applicable to patients with stable medical conditions, may not always be appropriate for drug dosing and does not apply to pregnant females, children, advanced age, extremes of weight or patients on dialysis.

Glucose Fasting Status Glucose	Fasting 5.2	3.0 - 5.4	mmol/L
Liver Function Tests			
Total Protein Albumin Globulin Bilirubin ALT ALP GGT C Reactive Protein	75	60 - 80	g/L
	41	35 - 50	g/L
	34	25 - 42	g/L
	11	<20	umol/L
	16	<35	U/L
	30	30 - 110	U/L
	15	<40	U/L
	<1.0	<5.0	mg/L
Calcium Studies Calcium - Total Albumin Calcium - Corrected Phosphate	2.41	2.10 - 2.60	mmol/L
	41	35 - 50	g/L
	2.39	2.10 - 2.60	mmol/L
	1.22	0.75 - 1.50	mmol/L

FULL BLOOD PICTURE

Specimen: Blood Collected Test Name		eceived: 20/07 Ref-Range	/2023 08:12 Units
White cell count Haemoglobin Platelet count Red cell count Haematocrit Mean cell volume MCH MCHC RDW MPV	4.74 133 344 4.39 0.39 88 30.3 343 12.7	4.00 - 11.00 115 - 160 150 - 400 3.80 - 4.80 0.37 - 0.47 80 - 100 27.0 - 32.0 320 - 360 9.0 - 15.0 8 - 12	g/L 10*9/L 10*12/L L/L fL pg g/L
Absolute Cell Count Neutrophils Lymphocytes Monocytes Eosinophils Basophils	2.56 1.47 0.48 0.19 0.04	2.00 - 7.50 1.20 - 4.00 0.20 - 1.00 0.00 - 0.50 0.00 - 0.20	10*9/L
Differential Neutrophils Lymphocytes Monocytes Eosinophils Basophils	54.1 31.0 10.1 4.0 0.8		රුව රුව රුව රුව රුව
Erythrocyte Sedimentation : ESR	Rate 6	1 - 20	mm/h

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IMMUNOGLOBULINS

Specimen: Serum Collected: 20/07/2023 08:12 Received: 21/07/2023 11:21 Test Name Result Flag Ref-Range Units Immunoglobulin A 1.65 0.60 - 3.40 q/L Comment See below Coeliac serology to follow.

> Flag Column: L - Low, H - High, AB - Abnormal Key for Lab Key for Micro - ** Result modified after Final Status

DIABETES MELLITUS TESTING

Specimen: Blood Collected: 20/07/2023 08:12 Received: 21/07/2023 11:19 Test Name Result Flag Ref-Range HbAlc (NGSP) <6.0 HbAlc (IFCC) 33 < 42 mmol/mol Comment See below

Not consistent with diabetes mellitus.

Interpret HbAlc results with caution in the presence of haemoglobinopathy, anaemia, iron deficiency or renal failure. The diagnostic utility of HbAlc has not been established in children or pregnancy.

IRON STUDIES

Specimen: Serum Colle	ected: 20/07/2023 0	08:12 Received: 21/0	07/2023 11:21		
Test Name	Result	Flag Ref-Range	Units		
Ferritin	128	30 - 300	ug/L		
Iron	22	9 - 30	umol/L		
Transferrin	28	23 - 46	umol/L		
Transferrin saturation	n 39	13 - 45	g 8		
Comment	See below				
Normal results.					

Key for Lab Flag Column: L - Low, H - High, AB - Abnormal
 Key for Micro - ** Result modified after Final Status

THYROID FUNCTION TESTS

Specimen: Serum Collected: 20/07/2023 08:12 Received: 21/07/2023 11:21 Test Name Result Flag Ref-Range Units

TSH 1.01 0.40 - 4.00 mU/L Free thyroxine 12 9 - 19 pmol/L

VITAMINS

Specimen: Serum Collected: 20/07/2023 08:12 Received: 21/07/2023 11:21 Test Name Result Flag Ref-Range Units

Vitamin B12 340 140 - 1000 pmol/L Comment See below

37.5

Folate

Vitamin B12 deficiency is unlikely. Holotranscobalamin (Active B12) is not indicated. This result should be interpreted with the clinical picture.

Key for Lab Flag Column: L - Low, H - High, AB - Abnormal Key for Micro - ** Result modified after Final Status

>7.0

CALCIUM AND BONE MARKERS

Specimen: Serum Collected: 20/07/2023 08:12 Received: 21/07/2023 11:21 Test Name Result Flag Ref-Range Units

Vitamin D 25 OH 99 >50 nmol/L

ENTERIC PCR

Specimen: Faeces Collected: 20/07/2023 07:30 Received: 21/07/2023 13:40

Test Name Result Flag Ref-Range Units

SPECIMEN

Consistency Loose

BACTERIAL PCR

Salmonella Not detected Shigella/Enteroinvasive Not detected E.coli

Campylobacter Not detected Shiga toxin 1 and/or 2 Not detected

genes

PARASITE PCR

Giardia intestinalis Not detected Cryptosporidium Not detected Not detected Entamoeba histolytica

ENTERIC PCR COMMENT

Comment See below

This test has not been fully validated to the current NPAAC requirements. Therefore, it is not NATA/RCPA endorsed and the results should be interpreted with other clinical and laboratory information. For further information please contact the laboratory.

> Key for Lab Flag Column: L - Low, H - High, AB - Abnormal Key for Micro - ** Result modified after Final Status

FAECAL BIOCHEMISTRY TESTS

Specimen: Faeces Collected: 20/07/2023 07:30 Received: 21/07/2023 15:14 Test Name Result Flag Ref-Range

Faecal Calprotectin

Calprotectin 6 <100 ug/g faeces

Test ID Calprotectin

Ref Range <100

Units ug/g faeces

Lab Order# Collected: Specimen:

F120003289 20/07/23 07:30 Faeces 6

> Key for Lab Flag Column: L - Low, H - High, AB - Abnormal Key for Micro - ** Result modified after Final Status

IMMUNOLOGY

Specimen: Serum

20/07/2023 08:12 Received: 21/07/2023 13:51

Coeliac Screen

23/11/2021 20/07/2023 Ref Range Unit

09:24 08:12 F120003178 C123004026

Immunoglobulin A 0.60 - 3.40 g/L1.65 1.69 Tissue 1

transglutaminase

IgA TTA result

interpretation

Comments for F120003178

Method TTGA:

Reference Ranges for IgA tTG

<7 U/mL: Normal

7-10 U/mL: Equivocal

>10 U/mL: Positive

IgA tissue TransGlutaminase (tTG) positivity has a high specificity for coeliac disease although small bowel biopsy is recommended to confirm the diagnosis. Serological tests may miss 5% of true coeliac patients and may be negative if the patient is on a gluten free diet. If there is a strong clinical suspicion, small bowel biopsy whilst on gluten-containing diet is diagnostic.

Legend: H=High L=Low

IMMUNOGLOBULINS

Specimen: Serum Collected: 20/07/2023 08:12 Received: 21/07/2023 11:21 Test Name Result Flag Ref-Range Units

Immunoglobulin A 1.65 0.60 - 3.40 g/L

Comment See below

Coeliac serology to follow.

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Laboratory: PathWest

Addressee: DR PETER JOHN WUTCHAK Referred by: DR PETER JOHN WUTCHAK

Name of Test: Enteric Investigations

Requested: 14/07/2023 Collected: 20/07/2023 Reported: 21/07/2023

18:59

ENTERIC INVESTIGATIONS

Specimen: Faeces Collected: 20/07/2023 07:30 Received: 20/07/2023 08:19

Ova, Cysts and Parasites FINAL

Seen: Blastocystis hominis (blahom)

The clinical significance of Blastocystis species is unclear, but if there is ongoing diarrhoea and no alternative pathogen is found, treatment with metronidazole or trimethoprim-sulfamethoxazole may be considered.

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Key for Micro - ** Result modified after Final Status

Comments

 $\hbox{\tt Human papillomavirus High-risk Screening PCR was cancelled; Swab sent to VCS.}$

Cervical Screening Test was cancelled; V

VCS CERVICAL SCREENING

Test Name Result Flag Ref-Range Units

Specimen: Collected: 20/07/2023 07:50 Received: 27/07/2023 09:29

Referred to

Victorian Cytology Services

Date Referred 27/07/2023 Cervical Screening See below

Testing has been completed by the external referral laboratory. A copy of the report is attached or alternatively a hardcopy report